

April 2019



SUNDAY	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	SATUR	DAY
AR Activity Room 1st Floor L Library 1st Floor TVR Media Room 2nd Floor DR Dining Room Main Floor SR Sun Room Main Floor CK Country Kitchen Main Floor DR Dining Room O Outside P Patio	9:15 Exercise 9:45 Word Games 10:00 Manicures, Music & Magazines 1:00 Let's walk a lap! 2:00 Yoga with Dawn 10:00 Cocktail Hour 6:30 Cribbage Club	R 10:00 Travel to Greece with Ron 11:00 CPTE Exercise Program* 2:30 WHS Tri-M Musicians /R 4:00 Cocktail Hour	CK TVF TVF DR CK	9:15 Exercise 9:45 Word Games 10:00 Time of Inspiration 11:15 Communion Service 2:00 Poker with Paul 2:30 UNO Game 4:00 Cocktail Hour 6:30 "SPRINGO" Spring BINGO! National Walking Day, take a lap!	AR AR MI TVR CK S CK DR	11:00 CPTE Exercise Program * TVR 2:30 Left, Right, Center Game CK 4:00 Cocktail Hour CK 6:30 Cribbage Club CK		Word Games AR Trip to The Nesmith Library O Eric Baldwin on banjo and song DR	9:45 Word Games 2:30 Pokeno 4:00 Cocktail Hour	AR AR DR CK
7 9:00 St. Mathews	S	R 9:30 Tea and Trivia 10:00 Bakers workshop: making treats in honor of National Library week R 11:00 CPTE Exercise Program *	CK CK TVF O	9:15 Exercise 9:45 Word Games 10:00 Time of Inspiration 11:15 Communion service 1:00 Walking Group 2:00 Poker with Paul 2:00 Shopping Trip: Christmas Tree Shop 4:00 Cocktail Hour	AR AR MI TVR O CK O CK	9:30 Mind Stretches! AR 10:00 Wildlife Documentary TVR 11:00 CPTE Exercise program* TVR 2:30 Super legend Stan Jr. entertains DR 4:00 Cocktail Hour CK 6:30 Cribbage Club CK	9:15 9:45 10:00 2:30 4:00 6:30	Word Games AR Crafters Corner AR BINGO DR	9:45 Word Games 2:30 Pokeno 4:00 Cocktail Hour	AR AR DR CK
9:00 St. Mathews O 10:45 Coffee & Conversation CK 1:00 Walking Group 2:00 Sunday Matinee TVR 4:00 Cocktail Hour CK 21 9:00 St. Mathews O	9:15 Exercise Af 9:45 Word Games Af 9:45 Word Games Af 10:00 Boston Conservatory of dance performance in Pelham 2:30 Let's Take a group Marathon Walk O 2:45 Veterans Group C 4:00 Cocktall Hour, take your wild guess! C 6:30 Cribbage Club Boston Marathon Monday National "Take a wild Guess Day" 22 9:15 Exercise Af	R 9:30 Mind Stretchers1 10:00 Songs of Freedom 11:00 CPTE Exercise Program* 1:45 Walking Group 2:30 BINGO 4:00 Cocktail Hour	AR TVR TVR O DR CK	9:15 Exercise 9:45 Word Games 10:00 Time of Inspiration 11:15 Communion Service 2:00 Poker with Paul 2:00 Yoga with Dawn 4:00 Cocktail Hour	AR AR MI TVR CK TVR CK	4:00 Cocktail Hour CK 6:30 Cribbage Club CK	9:15 9:30 10:00 1:00 * 4:00 6:30	Word Games) America's History Documentary "Back to School Program" WHS Be on the lookout: Easter Bunny! * Cockall Hour with Toasted Almonds Cribbage Club National Amaretto Day! Exercise AR	9:45 Word Games 2:30 Pokeno 4:00 Cocktail Hour 277 9:15 Exercise	AR AR CK
11:00 Coffee & Conversation CK 1:00 Walking Group 2:00 Sunday Matinee TVR 4:00 Cocktail Hour CK 28 9:00 St. Mathews O 11:00 Coffee & Conversation CK	9:45 Word Games Af 10:00 Ten Minute Tales Book Club L 2:00 Zumba with Dawn T 2:30 Planet Earth Documentary T 6:30 Cribbage Club L Earth Day 29 9:15 Exercise Af 9:45 Word Games Af	/R 1:00 CPTE Exercise Program * 11:00 Weather permitting, walking outdoors 2:30 Scott Andrews on piano & voice 4:00 Cocktail Hour	TVF	9:45 Word Games 10:00 Time of Inspiration 11:15 Communion Service 1:30 Let's walk some laps! 2:00 Poker with Paul 2:15 Spring Ride & stop at Mann Orchard 4:00 Cocktail Hour	AR MI TVR CK O CK	9:30 Mind Joggers AR 10:00 Wil Bowling TVR 10:00 CPIE Exercise Program * 2:30 Left, Right, Center Game CK 4:00 Cocktail Hour CK 6:30 Cribbage Club CK SERVICE AVAILABLE MASSAGE THERAPIST	9:45 10:00 1:45 2:30 4:00	Martin & Lewis Comedy Hour TVI Walking Group, outside weather permtting Birthday Party Seth Connelly performs		AR DR CK
2:00 Windham Actors Guild presents	10:00 Manicures, Music & Magazines 1:30 Walk challenge 2 laps indoors 2:00 Yoga with Dawn TV 2:45 Resident Council Af 4:00 Cocktai Hour Ch 6:30 Cribbage Club L	R 10:00 Documentary Series 11:00 CPTE Exercise Program * /R 2:00 Scenic Ride R 4:00 Cocktail Hour	TVR TVR O CK DR			1.00 per minute One Week Notice Required CONTACT THE E.D. at EXT. 1002	Apr. 2 Apr. 2	1 Pauline J. 2 Nicolleta D. 2 Delores A. 6 Bill F. Happy Birthday from All of us at Windham Terrace!		
	What is WHS Tri-M? * Tri-M Musicians are a talented * group of Windham High School Honor Society music students	* National Library Week April 7th -13th	*	Join us April 30th for a Friends & Family Event featuring the smooth sounds of Crooner Mark Stanzler 6:30 PM Windham Terrace		What is CPTE? CPTE stands for the Center for Physical Therapy & Exercise, our in-house physical therapy service. Exercise is provided by trained professionals in a comfortable group enviornment				