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Director's OFMET

I get asked on a regular basis about my thoughts on Brexit. The main point about Brexit is that it's a complete mess that shows no sign of being resolved any time soon. The longer I live in America, the less interested I am in news from across the pond and the less British I feel. I know I've still got a funny accent though.

But it got me thinking about what makes Americans feel American, apart from being born here/living here. What are our country's values and how are we perceived around the world? The 27th is Memorial Day, a day that we honor the men and women of our armed forces who lost their lives fighting for ours. That day makes me feel very proud to be American.

David

05/23

05/24 05/29

05/30



May 2019



Upcoming Events

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05/01	Barnes & Noble and Target trip
05/01	Resident Council W/ David & Kelley
05/02	Sandra Scarlett
05/02	Swim Club with Kelley
05/03	Chef Chat
05/06	Swim Club with Kelley
05/07	Guessing Jar
05/08	Trader Joe's & 99¢
05/09	Episcopal Church
05/13	"Mother Who?" with Kelley
05/15	Trip to Lake Casitas with Kelley
05/16	Mayor Johnny
05/17	Mary Kay
05/20	Mysteries Talk by David
05/22	TED Talks with Friends

Music by Lori Sunshine

Nature walk with Kelley

"CLUE" Solve the mystery with Kelley

Birthday Music with Keith Bush



May Birthdays Joan Samara

- 2
- 23 Ray Bouche
- Helen Crowner 24







Sunday	Monday	Tuesday
*May		Mother's Day
Cinco De Mayo 5	Cottages Fire Drill 6	Tortilla Soup 7
9:00 - 12:00 Church Drives 1:30 Movie Matinee: "Selena" Starring: Jennifer Lopez, Edward James Olmos, Jon Seda (120 Mins) (CH) 1:45 Board Games With Our Wonderful Resident Carol Martin (CH)	9:20 Get Fit While You Sit W/Pam Moore (L) 1:30 Fire Drill for Cottages Residents (Cottages) 2:30 Splish, Splash Swim Club. Come Out and Get Wet & Fit With Kelley (Pool)	8:30 Gables Walking Club (CH) 12:45 Guessing Jar "Full of Beans" (MDR) 1:30 Movie "Tortilla Soup" Starring: Hector Elizondo, Jacqueline Obradors, Tamara Mello (102 Mins) (CH)
Happy Mother's Day! 12 9:00-12:00 Church Drives We Look Forward to You Joining Your Loved Ones for Our Mother's Day Brunch! 11:00 1st Seating (MDR) 1:00 2nd Seating (MDR) 12:00 Gardens & Cottages	"Mother Who?" 9:20 Get Fit While You Sit W/Pam Moore (L) 1:30 "Mother Who?" Come Give Kelley Your Best Guess on Whose Mother Belongs to Which Staff Member (L) 2:30 Splish, Splash Swim Club. Come Out and Get Wet & Fit With Kelley (Pool)	Steel Magnolias 14 8:30 Gables Walking Club (CH) 12:45 Can You Unscramble This Word Scramble? (MDR) 1:30 Movie "Steel Magnolias" Starring: Shirley MacLaine, Olympia Dukakis, Sally Field (118 Mins) (CH)
	Greatest Mysteries 20	Top Ten 21
9:00 - 12:00 Church Drives 1:30 Movie Matinee: "Agatha Christie's Poirot" Starring: David Suchet, Hugh Fraser, Philip Jackson (100 Mins) (CH) 1:45 Board Games With Our Wonderful Resident Carol Martin (CH)	9:20 Get Fit While You Sit W/Pam Moore (L) 1:30 World's Greatest Mysteries Talk by David Scarlett 2:30 Splish, Splash Swim Club. Come Out and Get Wet & Fit With Kelley (Pool)	8:30 Gables Walking Club (CH) 12:45 "Top 10 Mystery /phenomenons in the Ocean" Put Them in the Right Order From 1-10 (MDR) 1:30 Movie "Agatha Christie Classic: Sparkling Cyanide" Starring: Pauline Collins, Oliver Ford Davies, Kenneth Cranham (96 Mins) (CH)
	Jerry Dunn 27	Memorial Day 28
9:00 - 12:00 Church Drives 1:30 New Movie Matinee: "The Dirty Dozen" Starring: Lee Marvin, Ernest Borgnine, Charles Bronson (150 Mins) (CH)	9:20 Get Fit While You Sit W/Pam Moore (L) 1:30 Now You See MeNow You Don't! Come Join Jerry Dunn an His Mystical, Magical, Magic Show (L)	8:30 Gables Walking Club (CH) 12:45 "Memorial Day" Quiz (MDR) 1:30 Movie "Memorial Day"
(ОП)		Starring: Jonathan Bennett

2:30 Splish, Splash Swim Club. Come Out and Get Wet

& Fit With Kelley (Pool)

1:45 Board Games With Our Wonderful Resident Carol

Martin (CH)

Starring: Jonathan Bennett,

James Cromwell, John

Cromwell (104 Mins) (CH)

Wednesday	Thursday	Friday	Saturday	
May Day 1	Swim Club 2	Happy Hour 3	The Mexican 4	
8:45 Seated Stretch W/Rob (L) 9:45 Time to Replenish With a	8:30 Gables Walking Club (CH) 1:30 Guess Who's Back in the	9:20 Reach With Rob (L) 10:00 Art: "Watercolor With	9:15 Morning Stretch With ? (L)	
Trip to Barnes & Nobles & Target With Kelley (SU)	United States; The Best Mum Ever. It's Sandra Scarlettoh	Patty Van Dyke" (L)	1:30 Movie Matinee: "The Mexican" Starring: Brad Pitt,	
1:30 Resident Council Meeting With David & Kelley:	Yes, David Scarlett's Mum (L) 3:30 Splish, Splash Swim	1:30 Chef Chat With Salvador & Kelley- Please Come and Share Your Views & Ideas on	Julia Roberts, James Gandolfini (120 Mins)(CH)	
Come Share Your Thoughts About Activities and the Latest Gables News (L)	Club. Come Out and Get Wet With Some Pool Exercise With Kelley (Pool)	Cuisine at the Gables (L) 5:00 Happy Hour Time With Music, Friends & Kelley (L)	1:45 Board Games With Our Wonderful Resident Carol Martin (CH)	
Trader Joe's & 99¢ 8	Swim Club 9	Happy Hour 10	The Mask of Zorro 11	
8:45 Seated Stretch W/Rob (L)	8:30 Gables Walking Club (CH)	9:20 Reach With Rob (L) 10:00 Art: "Watercolor With	9:15 Morning Stretch With ? (L) 1:30 Movie Matinee: "The	
9:45 Fantastic Trip Time With Kelley to Trader Joe's & 99¢	11:00 Episcopal Church Service (L)	Patty Van Dyke" (L) 1:30 It's Getting Hot in	Mask of Zorro" Starring: Antonio Banderas, Anthony Hopkins, Catherine	
Store in Ventura (SU)	3:30 Splish, Splash Swim	HereWith Salvador Our	Zeta-Jones (CH)	
1:30 TED Talks Time With a Great Group of Friends in Our	Club. Come Out and Get Wet With Some Pool Exercise	Chef. Come Taste His Tasty Creations (L)	1:45 Board Games With Our	
Fabulous Theater Room (CH)	With Kelley (Pool)	5:00 Happy Hour Time With Music, Friends & Kelley (L)	Wonderful Resident Carol Martin (CH)	
Lake Casitas Trip 15			Riding in Cars With Boys 18	
8:45 Seated Stretch W/Rob (L)	8:30 Gables Walking Club (CH)	9:20 Reach With Rob (L) 10:00 Art: "Watercolor With	9:15 Morning Stretch With (L)	
9:45 Take a Trip to Lake Casitas to Get Some Sun and	1:30 Come & Met Our Mayor Johnny Johnston and Find	Gayel Childress" (L)	1:30 Movie Matinee: "Riding	
See Some Beautiful Scenery With Kelley (SU)	Out the Latest News About	1:30 Come Have Some Well	in Cars With Boys" Starring: Drew Barrymore, Steve Zahn,	
With Reliey (50)	Ojai (L)	Deserved Pampering By Alicia Bankston From Mary	Adam Garcia (130 Mins)(CH)	
1:30 Hand to Hand & Foot to Foot. Time for Kelley to	3:30 Splish, Splash Swim	Kay (L)	1:45 Board Games With Our	
Pamper You All With a Mani	Club. Come Out and Get Wet With Some Pool Exercise	5:00 Happy Hour Time With	Wonderful Resident Carol	
and Pedi (CH)	With Kelley (Pool)	Music, Friends & Kelley (L)	Martin (CH)	
TED Talks 22			Agatha Christie:13 & Dinner 25 9:15 Morning Stretch With (L)	
	8:30 Gables Walking Club (CH)	9:20 Reach With Rob (L) 10:00 Art: "Watercolor With	, ,	
8:45 Seated Stretch W/Rob (L)	1:30 Let It Shine With Some	Gayel Childress" (L)	1:30 Movie Matinee: Agatha Christie's "Thirteen at Dinner"	
1:30 TED Talks Time With a	Fun Filled Music With the One and Only Lori Sunshine (L)	1:30 Here Is a "CLUE" Let's	Featuring Her Famous Belgian Detective, Hercule	
Great Group of Friends in Our	3:30 Splish, Splash Swim	Solve the Mystery Together & Find Out Who Did It (CH)	Poirot! (90 Mins) (CH)	
Fabulous Theater Room (CH)	Club. Come Out and Get Wet	` ,	1:45 Board Games With Our	
	With Some Pool Exercise With Kelley (Pool)	5:00 Happy Hour Time With Music, Friends & Kelley (L)	Wonderful Resident Carol Martin (CH)	
Nature Walk 29	Birthday Party 30 8:30 Gables Walking Club (CH)	Happy Hour 31		
8:45 Seated Stretch W/Rob (L)	12:30 Birthday Dinner	9:20 Reach With Rob (L)		
1:30 Spring Has Sprung and Our Gables Campus Is	1:30 Birthday Music by Keith Bush (L)	10:00 Art: "Watercolor With Gayel Childress" (L)	MEMORIAL DAY	
Covered in Nature, So Let's Find Out More About Our Bees & Trees With Kelley (RG)	3:30 Splish, Splash Swim Club. Come Out and Get Wet With Some Pool Exercise With Kelley	5:00 Happy Hour Time With Music, Friends & Kelley (L)	* * **	
	(Pool)			

May 2019





These lovely ladies enjoying their tea at our annual Blooming of the Roses party.

