



April 2019

VALLEY TERRACE

PREMIER ASSISTED LIVING & MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 New Moon	6
	10:00 Yoga AR 2:30 Catholic Mass AR 3:00 Walkers meet at front desk 4:00 Happy Hour P 	10:00 Quiddler Word Game CK 3:15 Corey Gottfried Music LR 5:30 Crafts with Rita AR	Hair Salon Open 10:00 Yoga AR 1:00 Holy Communion SR 2:30 Music/Art Presentation AR 4:00 Happy Hour P 6:30 Movie AR	10:00 News & Opinions P 2:00 Wisdom Tales Circle P 3:30 Walkers meet at front desk AR 3:45 Music P	10:00 Flower Arranging C1 11:00 Rosary SR 2:00 Improve Reading Circle LR 4:00 Happy Hour P 6:30 Movie AR 	10:00 Walkers meet at front desk AR 1:30 Movie AR 2:00 Mike Parker "Soul Fix" 50's music Saxophone 
7	8	9	10	11	12	13
10:30 Bible Group P 1:30 Documentary Movie AR 2:00 Piano Recital w/Jennifer and students 	10:00 Yoga AR 2:00 Bingo Social AR 3:00 Walkers meet at front desk 4:00 Happy Hour P	10:00 Quiddler Word Game CK 2:00 Hartford Library DR 2:30 Science/Travel w/Pippa AR	Hair Salon Open 10:00 Yoga AR 1:00 Holy Communion SR 2:00 Music/Art Presentation AR 4:00 Happy Hour P 6:30 Movie AR	10:00 News & Opinions P 2:00 to 4:00 Foot Massages in Salon AR 3:45 Music P	10:00 Flower Arranging C1 11:00 Rosary SR 2:00 Van Ride P 4:00 Happy Hour AR 6:30 Movie	10:00 Walkers meet at front desk CK 10:00 News & Coffee AR 1:30 Movie AR 2:30 Puzzle SR 
14	15	16	17	18	19 Full Moon	20
10:30 Bible Group P 1:30 Documentary Movie AR 2:30 UNO cards CK 	10:00 Yoga AR 2:00 St. Paul's Episcopal Church SR 3:00 Walkers meet at front desk 4:00 Happy Hour P	10:00 Quiddler Word Game CK 2:00 Science/Travel w/Pippa AR 5:30 Crafts with Rita AR	Hair Salon Open 10:00 Yoga AR 1:00 Holy Communion SR 2:30 Music/Art Presentation AR 4:00 Happy Hour P 6:30 Movie AR 	10:00 News & Opinions P 2:00 "Cooie" Singing LR 3:45 Music P	10:00 Flower Arranging and Grandchildren C1 11:00 Rosary SR 2:00 Poetry P 4:00 Happy Hour P 6:30 Movie AR 	10:00 Walkers meet at front desk CK 10:00 News & Coffee AR 1:30 Movie AR 3:00 Valley Café C1 
21	22	23	24	25	26	27
Easter Dinner 1:30 Documentary Movie AR 2:00 Hymn Sing & Easter stories LR 	10:00 Yoga AR 2:00 Roger Tatro - Guitar Sing Along LR 3:00 Walkers meet at front desk 4:00 Happy Hour P 	10:00 Quiddler Word Game CK 2:00 Hartford Library DR 2:30 Science/Travel w/Pippa AR	Hair Salon Open 10:00 Yoga AR 1:00 Holy Communion SR 2:00 Music/Art Presentation AR 4:00 Happy Hour P 6:30 Movie AR 	10:00 News & Opinions P 1:30 Van Ride AR 2:00 Wisdom Tales Circle P 3:45 Music P	10:00 Flower Arranging and Grandchildren C1 11:00 Rosary SR 2:00 Norwich School Children LR 4:00 Happy Hour P 6:30 Movie AR	10:00 Walkers meet at front desk CK 10:00 News & Coffee LR 2:00 Taconic Players Concert 
28	29	30			KEY	
10:30 Bible Group P 1:30 Documentary Movie AR 2:30 Adult Coloring CK 	10:00 Yoga AR 2:00 Martha Mitchell Guitar Sing Along LR 3:00 Walkers meet at front desk 4:00 Happy Hour P	10:00 Quiddler Word Game CK 1:15 Resident Mtg & Food Mtg DR 2:30 Science/Travel w/Pippa AR		Family & Friends invited to attend activities. Please call Bobbi or Michele to confirm time and locations. 802-280-1910	Activity Room AR Country Kitchen CK Dining Room DR Living Room LR Pub P Sun Room SR Exercise Room EX Clover First Floor C1	