April 2019

TEQUESTA ERRACE PREMIER ASSISTED LIVING & MEMORY CARE Sonata Memory Care

Activity Calendar

	SUNDAY		MONDAY		TUESDAY	V	VEDNESDAY	T	HURSDAY		FRIDAY	S	SATURDAY
	1 A A	1		2		3		4		5	New Moon	6	
		9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment
			Word of the Day	9:30	Communion Service	10:00	Scenic Ride		Word of the Day	10:00	Scenic Bus Ride		Word of the Day
		10:00	Wake Up Exercises	10:00	Fun & Fit Exercise Class	10:00	Get Fit Exercise	10:00	Exercise with Debra	10:00	Morning Exercise	10:00	Songs with Debra
2		10:45	Get fit for the week Trivia with Jennifer	10:45	Healthy Brain Games Join us in the TV Room	10:45 1:00	How many words can you find? Relaxing Music Time	10:30	Join us in the TV Room Music by Russ	10:45	Songs on the IN2L Lets have fun!!!!	10:45 1:00	Trivia & Games Relaxing Music Time
1		1:00	Relaxing Music Time	1:00	Relaxing Music Time	1:00	Bible Study & Guitar With Brent	1:00	Realxing Music Time	1:00	Relaxing Music Time	1:00	Chuck Plays Our Favorites
pe-		2:30	Special Performance by	1:30	Entertainment by:	2:30	Drinks & Snacks	1:30	Walking Time with Lynda Genesis	1:30	Entertainment by Mr. Ron	1.30	Join us in the TV Room
	A CONTRACTOR	2.00	The Morning Glories	1.00	Gregg	3:00	Join us	2:30	Drinks & Snacks	2:30	Drinks & Snacks	2:30	Afternoon Snacks
1	And the second		Spring Show	2:30	Drinks & Snacks		Annie on the Piano	3:00	Bright and Fun Coloring	3:00	Fun Games with	3:00	Saturday Afternoon Mattinee
3	A President and a second s		Sing A Long	3:00	Baking with Jeannine & Jennifer		Join us in the TV Room		Join us in the Art Room		Diana		Join us in the TV Room
7	Glady's Birthday 🏻 🛷	8		9		10		11		12		13	
9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment
	Word of the Day		Word of the Day	9:30	Communion Service	10:00	Scenic Ride		Word of the Day	10:00	Scenic Bus Ride	10:00	Fun & Fit Exercise &
10:00	Wake Up Exercise	10:00	Wake Up Exercises	10:00	Fun & Fit Exercise Class	10:00	Get Fit Exercise	10:00	Exercise with Jennifer	10:00	Morning Exercise	10.15	Beach Ball Therapy
10:45	with Diana Sunday Sing A Long	10:45	Get fit for the week Trivia with Debra	10:45	Healthy Brain Games Join us in the TV Room	10:45 1:00	How many words can you find? Relaxing Music Time	10:30	Join us in the TV Room Music by Russ	10:45	Songs on the IN2L Lets have fun!!!!	10:45 1:00	Trivia & Games Relaxing Music Time
1:00	Relaxing Music Therapy	1:00	Relaxing Music Time	1:00	Relaxing Music Time	1:45	Bible Study & Guitar With Brent	1:00	Realxing Music Time	1:00	Relaxing Music Time	1:30	Gino Sings for us
1:30	Music by Russ	1:30	Crafting with Laura	1:30	Entertainment by:	2:30	Drinks & Snacks	1:30	Walking Time with Lynda Genesis	1:30	Sing A Long	1.30	Join us in the TV Room
2:30	Afternoon Snacks	1.50	Join us in the Art Room	1.50	Ed	2.50	Join us	2:30	Drinks & Snacks	2:30	Drinks & Snacks	2:30	Afternoon Snacks
3:00	Sunday Movie	2:30	Drink & Snacks	2:30	Drinks & Snacks	3:00	Annie on the Piano	3:00	Bright and Fun Coloring	3:00	Fun Games with	3:00	Saturday Afternoon Mattinee
	in the TV Room	3:00	Hodgepodge with Jeannine	3:00	Art Class with the J's		Join us in the TV Room		Join us in the Art Room		Diana		Join us in the TV Room
14	Palm Sunday	15		16		17		18		19	Passover/Good Friday	20	
):30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment
	Word of the Day		Word of the Day	9:30	Communion Service	10:00	Scenic Ride		Word of the Day	10:00	Scenic Bus Ride	10:00	Exercise with Jennifer
10:00	Exercise with Debra	10:00	Wake Up Exercises	10:00 10:45	Fun & Fit Exercise Class	10:00	Get Fit Exercise	10:00	Songs with Debra	10:00 10:45	Morning Exercise	10.15	Join us to get fit
10:45	in TV Room Sunday Sing A Long	10:45	Get fit for the week Trivia with Jennifer	10:45	Healthy Brain Games Join us in the TV Room	10:45 1:00	How many words can you find? Relaxing Music Time	10:45	Join us in the TV Room Memories from the Heart	10:45	Songs on the IN2L Lets have fun!!!!	10:45 1:00	Easter Trivia & Games Relaxing Music Time
10:45	Relaxing Music Time	1:00	Relaxing Music Time	1:00	Relaxing Music Time	1:00	Bible Study & Guitar With Brent	10:45	Realxing Music Time	1:00	Relaxing Music Time	1:00	Relaxing Music Time Chuck Plays Our Favorites Join us in the TV Room
:30	Music by Russ	1:30	Remember When???	1:30	Entertainment by:	2:30	Drinks & Snacks	1:30	Walking Time with Lynda Genisis	1:30	Sing A Long	1:30	Join us in the TV Room
2:30	Afternoon Snacks	2:30	Drinks & Snacks	1.00	Julie	3:00	Join us	2:30	Drinks & Snacks	2:30	Drinks & Snacks	2:30	Afternoon Snacks
3:00	Sunday Movie	3:00	Inspriational Talk Time with	2:30	Drinks & Snacks		Annie on the Piano	3:00	Bright and Fun Coloring	3:00	Drinks & Snacks Fun Games with	3:00	Special Easter Movie Presentation
	in the TV Room		Diana	3:00	Baking with Jeannine & Jennifer		Join us in the TV Room		Join us in the Art Room		Diana		Easter Parade with Judy Garland
21		22	Earth Day	23		24		25	Donna's Birthday	26		27	
9:30								-					
		9:30	Morning Refreshment	9:30	Morning Refreshment	9:30	Morning Refreshment	9:30		9:30	Morning Refreshment	9:30	Morning Refreshment
10:00	Word of the Day		Word of the Day	9:30 9:30	Communion Service	9:30 10:00	Scenic Ride	9:30	Word of the Day	10:00	Morning Exercise		Fun & Fit Exercise &
	Easter Exercise with Diana	9:30 10:00	Word of the Day Wake Up Exercises	9:30 9:30 10:00	Communion Service Fun & Fit Exercise Class	9:30 10:00 10:00	Scenic Ride Get Fit Exercise	-	Word of the Day Songs with Debra	10:00 10:45	Morning Exercise Songs on the IN2L	9:30 10:00	Fun & Fit Exercise & Beach Ball Therapy
10:45	Easter Exercise with Diana Sunday Sing A Long	10:00	Word of the Day Wake Up Exercises Special Presentation	9:30 9:30	Communion Service Fun & Fit Exercise Class Healthy Brain Games	9:30 10:00 10:00 10:45	Scenic Ride Get Fit Exercise How many words can you find?	9:30 10:00	Word of the Day Songs with Debra Join us in the TV Room	10:00 10:45 1:00	Morning Exercise Songs on the IN2L Relaxing Music Time	9:30 10:00 10:45	Fun & Fit Exercise & Beach Ball Therapy Triva and Games
10:45	Easter Exercise with Diana Sunday Sing A Long Talk about Easter	10:00	Word of the Day Wake Up Exercises Special Presentation Planet Earth Part One	9:30 9:30 10:00 10:45	Communion Service Fun & Fit Exercise Class Healthy Brain Games Join us in the TV Room	9:30 10:00 10:00 10:45 1:00	Scenic Ride Get Fit Exercise How many words can you find? Relaxing Music Time	9:30 10:00 10:45	Word of the Day Songs with Debra Join us in the TV Room Memories from the Heart	10:00 10:45 1:00 1:30	Morning Exercise Songs on the IN2L Relaxing Music Time Sing A Long	9:30 10:00 10:45 1:00	Fun & Fit Exercise & Beach Ball Therapy Triva and Games Relaxing Music Time
	Easter Exercise with Diana Sunday Sing A Long	10:00	Word of the Day Wake Up Exercises Special Presentation	9:30 9:30 10:00	Communion Service Fun & Fit Exercise Class Healthy Brain Games	9:30 10:00 10:00 10:45	Scenic Ride Get Fit Exercise How many words can you find?	9:30 10:00	Word of the Day Songs with Debra Join us in the TV Room	10:00 10:45 1:00	Morning Exercise Songs on the IN2L Relaxing Music Time	9:30 10:00 10:45	Fun & Fit Exercise & Beach Ball Therapy Triva and Games
10:45 1:00 1:30 2:30	Easter Exercise with Diana Sunday Sing A Long Talk about Easter Relaxing Music Therapy Entertainment by Ed Easter ice Cream Sundays	10:00 10:45 1:00 1:30	Word of the Day Wake Up Exercises Special Presentation Planet Earth Part One Relaxing Music Time	9:30 9:30 10:00 10:45 1:00 1:30	Communion Service Fun & Fit Exercise Class Healthy Brain Games Join us in the TV Room Relaxing Music Time	9:30 10:00 10:00 10:45 1:00 1:30	Scenic Ride Get Fit Exercise How many words can you find? Relaxing Music Time Bible Study & Guitar With Brent	9:30 10:00 10:45 1:00 1:30 2:30	Word of the Day Songs with Debra Join us in the TV Room Memories from the Heart Relaxing Music Time	10:00 10:45 1:00 1:30 2:30	Morning Exercise Songs on the IN2L Relaxing Music Time Sing A Long Drinks & Snacks Trivia and Games with Jeannine	9:30 10:00 10:45 1:00	Fun & Fit Exercise & Beach Ball Therapy Triva and Games Relaxing Music Time Gino Sings for us
10:45 1:00 1:30	Easter Exercise with Diana Sunday Sing A Long Talk about Easter Relaxing Music Therapy Entertainment by Ed Easter Ice Cream Sundays Special Movie with Jennifer	10:00 10:45 1:00 1:30 2:30	Word of the Day Wake Up Exercises Special Presentation Planet Earth Part One Crafting with Laura Join us in the Art Room Drinks & Snacks	9:30 9:30 10:00 10:45 1:00 1:30 2:30	Communion Service Fun & Fit Exercise Class Healthy Brain Games Join us in the TV Room Relaxing Music Time Entertainment by: Matt Drinks & Snacks	9:30 10:00 10:00 10:45 1:00 1:30 2:30	Scenic Ride Get Fit Exercise How many words can you find? Relaxing Music Time Bible Study & Guitar With Brent Drinks & Snacks Annie on the Plano Join us in the Family Room	9:30 10:00 10:45 1:00 1:30	Word of the Day Songs with Debra Join us in the TV Room Memories from the Heart Relaxing Music Time Walking Time with Lynda Genesis Drinks & Snedks Special Movie Time	10:00 10:45 1:00 1:30 2:30	Morning Exercise Songs on the IN2L Relaxing Music Time Sing A Long Drinks & Snacks Trivia and Games with	9:30 10:00 10:45 1:00 1:30	Fun & Fit Exercise & Beach Ball Therapy Triva and Games Relaxing Music Time Gino Sings for us Join us in the TV Room Afternoon Snacks Saturday Afternoon Matinee
10:45 1:00 1:30 2:30 3:00	Easter Exercise with Diana Sunday Sing A Long Talk about Easter Relaxing Music Therapy Entertainment by Ed Easter ice Cream Sundays	10:00 10:45 1:00 1:30 2:30 3:00	Word of the Day Wake Up Exercises Special Presentation Planet Earth Part One Relaxing Music Time Crafting with Laura Join us in the Art Room	9:30 9:30 10:00 10:45 1:00 1:30 2:30 3:00	Communion Service Fun & Fit Exercise Class Healthy Brain Games Join us in the TV Room Relaxing Music Time Entertainment by: Matt	9:30 10:00 10:00 10:45 1:00 1:30 2:30	Scenic Ride Get Fit Exercise How many words can you find? Relaxing Music Time Bible Study & Guitar With Brent Drinks & Snacks Antie on the Piano	9:30 10:00 10:45 1:00 1:30 2:30	Word of the Day Songs with Debra Join us in the TV Room Memories from the Heart Relaxing Music Time Walking Time with Lynda Genesis Drinks & Snacks	10:00 10:45 1:00 1:30 2:30	Morning Exercise Songs on the IN2L Relaxing Music Time Sing A Long Drinks & Snacks Trivia and Games with Jeannine	9:30 10:00 10:45 1:00 1:30 2:30	Fun & Fit Exercise & Beach Ball Therapy Triva and Games Relaxing Music Time Gino Sings for us Join us in the TV Room Afternoon Snacks
10:45 1:00 1:30 2:30 3:00 28	Easter Exercise with Diana Sunday Sing A Long Talk about Easter Relaxing Music Therapy Entertainment by Ed Easter Ice Cream Sundays Special Movie with Jennifer The Sound of Music	10:00 10:45 1:00 1:30 2:30 3:00 29	Word of the Day Wake Up Exercises Special Presentation Planet Earth Part One Relaxing Music Time Crafting with Laura Join us in the Art Room Drinks & Snacks Plant Earth Part 2	9:30 9:30 10:00 10:45 1:00 1:30 2:30 3:00 30	Communion Service Fun & Fit Exercise Class Healthy Brain Games Join us in the TV Room Relaxing Music Time Entertainment by: Matt Drinks & Snacks Art Class with the J's	9:30 10:00 10:00 10:45 1:00 1:30 2:30	Scenic Ride Get Fit Exercise How many words can you find? Relaxing Music Time Bible Study & Guitar With Brent Drinks & Snacks Annie on the Plano Join us in the Family Room	9:30 10:00 10:45 1:00 1:30 2:30	Word of the Day Songs with Debra Join us in the TV Room Memories from the Heart Relaxing Music Time Walking Time with Lynda Genesis Drinks & Snacks Special Movie Time Shirley Temple Festival	10:00 10:45 1:00 1:30 2:30 3:00	Moming Exercise Songs on the IN2L Relaxing Music Time Sing A Long Drinks & Snacks Trivia and Games with Jeannine Join us in the TV Room	9:30 10:00 10:45 1:00 1:30 2:30	Fun & Fit Exercise & Beach Ball Therapy Triva and Games Relaxing Music Time Gino Sings for us Join us in the TV Room Afternoon Snacks Saturday Afternoon Mattinee
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10:45 1:00 1:30 2:30 3:00 28	Easter Exercise with Diana Sunday Sing A Long Talk about Easter Relaxing Music Therapy Entertainment by Ed Easter Ice Cream Sundays Special Movie with Jennifer The Sound of Music Moming Refreshment Word of the Day Chair Aerobics Baeach Ball	10:00 10:45 1:00 1:30 2:30 3:00 29 9:30	Word of the Day Wake Up Exercises Special Presentation Planet Earth Part One Crafting with Laura Drinks & Snacks Plant Earth Part 2 Morning Refreshment Word of the Day Get fif for the week	9:30 9:30 10:00 10:45 1:00 1:30 2:30 30 9:30 9:30 9:30 10:00	Communion Service Fun & Fit Exercise Class Healthy Brain Games Join us in the TV Room Relaxing Music Time Entertainment by: Matt Drinks & Snacks Art Class with the J's Morning Refreshment Communion Service Fun & Fit Exercise Class	9:30 10:00 10:00 10:45 1:00 1:30 2:30	Scenic Ride Get Fit Exercise How many words can you find? Relaxing Music Time Bible Study & Guitar With Brent Drinks & Snacks Annie on the Plano Join us in the Family Room	9:30 10:00 10:45 1:00 1:30 2:30	Word of the Day Songs with Debra Join us in the TV Room Memories from the Heart Relaxing Music Time Walking Time with Lynda Genesis Drinks & Snacks Special Movie Time Shirley Temple Festival	10:00 10:45 1:00 1:30 2:30 3:00	Moming Exercise Songs on the IN2L Relaxing Music Time Sing A Long Drinks & Snacks Trivia and Games with Jeannine Join us in the TV Room	9:30 10:00 10:45 1:00 1:30 2:30	Fun & Fit Exercise & Beach Ball Therapy Triva and Games Relaxing Music Time Gino Sings for us Join us in the TV Room Afternoon Snacks Saturday Afternoon Matinee
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10:45 1:00 1:30 2:30 3:00 28 9:30 10:00 10:45 1:00 1:30	Easter Exercise with Diana Sunday Sing A Long Talk about Easter Relaxing Music Therapy Entertainment by Ed Easter Lee Cream Sundays Special Movie with Jennifer The Sound of Music Moming Refreshment Word of the Day Chair Aerobics Beach Ball Therapy in TV Room Sunday Sing A Long Diana Relaxing Music Time Hodgepodge Sunday	10:00 10:45 1:00 1:30 2:30 3:00 29 9:30 10:00 10:45 1:00 1:30	Word of the Day Wake Up Exercises Special Presentation Planet Earth Part One Crafting with Laura Join us in the Art Room Drinks & Snacks Plant Earth Part 2 Morning Refreshment Word of the Day Get fit for the weak Wake Up Exercises Trivia with Debra Relaxing Music Time Word Travel with Debra	9:30 9:30 10:00 10:45 1:00 1:30 2:30 30 9:30 9:30 9:30 10:00	Communion Service Fun & Fit Exercise Class Healthy Brain Games Join us in the TV Room Relaxing Music Time Entertainment by: Matt Drinks & Snacks Art Class with the J's Morning Refreshment Communion Service Fun & Fit Exercise Class Healthy Brain Games	9:30 10:00 10:00 10:45 1:00 1:30 2:30	Scenic Ride Get Fit Exercise How many words can you find? Relaxing Music Time Bible Study & Guitar With Brent Drinks & Snacks Annie on the Plano Join us in the Family Room	9:30 10:00 10:45 1:00 1:30 2:30	Word of the Day Songs with Debra Join us in the TV Room Memories from the Heart Relaxing Music Time Walking Time with Lynda Genesis Drinks & Snacks Special Movie Time Shirley Temple Festival	10:00 10:45 1:00 1:30 2:30 3:00	Moming Exercise Songs on the IN2L Relaxing Music Time Sing A Long Drinks & Snacks Trivia and Games with Jeannine Join us in the TV Room	9:30 10:00 10:45 1:00 1:30 2:30	Fun & Fit Exercise & Beach Ball Therapy Triva and Games Relaxing Music Time Gino Sings for us Join us in the TV Room Afternoon Snacks Saturday Afternoon Mattinee
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