



*Everyone Deserves a Great Life!*

At Meridian Senior Living, our team has one core belief: that everyone deserves a great life. We spend every minute of every day ensuring each person who walks through our communities truly can enjoy their experience. We hold ourselves and our communities to an incredibly high standard and measure our success by the smiles on our residents' faces.



Meridian Senior Living is one of the most well-respected and experienced care and life service providers in the nation. We give residents the high quality of life and lifestyle they are accustomed to by providing modern, home-like settings, exceptional amenities and a trusted support network. From the memories shared and stories celebrated to the lives enhanced and friendships made, Meridian strives to provide everyone with countless moments of joy.



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Featuring  
MONTESSORI MOMENTS IN TIME™ Memory Care  
*Exclusive to Cedar Crest Memory Care*



*Lafayette, Louisiana*



## Meaningful Care for Dementia Residents at Cedar Crest

Residents with Alzheimer's or other dementias require exceptional attention and respect, which is why at Cedar Crest, we strive to make every day special. The cornerstone of our memory care is Meridian Senior Living's Montessori Moments in Time™ program, employing hands-on interventions and rehabilitation principles to assist with recall, reduce agitation, and allow for socialization and engagement.

Taking the time to create meaningful moments every day can make a world of difference to someone with dementia. Our compassionate, skillfully trained caregivers are committed to improving the quality of life for those in our community.



## Our Approach

### FIVE DIRECTIONAL PATHS OF CARE

At the core of the MONTESSORI MOMENTS IN TIME™ Program are the five directional paths of support for residents and their families. Through these paths is a holistic approach that engages residents purposefully and thoughtfully.

**Family Connections Path:** Focuses on the wellbeing of our families through social gatherings, volunteer opportunities, support groups and education

**Health and Wellness Path:** Addresses the strengths and limitations of each resident as well as his or her personal preferences, and nutritional and exercise benchmarks and goals.

**Dining Experience Path:** Meals and snacks present daily opportunities to reminisce, create new memories, maximize independence and promote socialization, all in an inviting environment.

**Life Engagement Path:** Includes scheduled programs that allow residents to function at their highest potential, giving them a sense of purpose and well being

**Team Promise Path:** Centers on developing our care partners through ongoing education and training

## Services

- Safe and secure Memory Care neighborhood
- Personalized Care Plans
- Purposeful daily programming that encourages socialization
- Physical and occupational therapy on site
- Complete dining program consisting of three daily meals and snacks, with special dietary accommodations
- Housekeeping, laundry services and maintenance
- Assistance with daily living and medication management
- 24/7 on-site nursing and care services
- Scheduled transportation to appointments and outings

## Amenities

Companion and Private Residences  
Secure Courtyard with Gazebo  
Peaceful Walking Paths  
Creative Studio  
Spa with Menu of Services Designed For Memory Care Residents and Their Families  
Beauty Salon and Barber Shop  
Full Kitchen and Dining Room  
Gathering Rooms