

Weekly Menu

Westmont of Morgan Hill



	Sun 04-28-2019	Mon 04-29-2019	Tue 04-30-2019	Wed 05-01-2019	Thu 05-02-2019	Fri 05-03-2019	Sat 05-04-2019
B R K	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice
L U N	Pumpkin Soup Turkey Ham Sub Sandwich <i>or</i> Chicken Strawberry Salad Vegetable Sticks Fudge Bar	Baked Potato Soup Soft Fish Taco <i>or</i> Cottage Cheese/Veggie Platter Guacamole German Chocolate Cake	Lentil Soup Mediterranean Chicken Salad <i>or</i> Hawaiian Pizza Peach Fruit Cup Tapioca Pudding	Minestrone Soup Sloppy Joes <i>or</i> Egg Salad Plate Coleslaw Assorted Cookies	Basil Tomato Soup Cream Cheese Deli Sub Sandwich <i>or</i> Stuffed Shells Cantaloupe Cookies and Cream Ice Cream	Corn Chowder Pork Rib Patty Sandwich <i>or</i> Classic Chicken Salad Broccoli Raisin Salad Clements Carrot Cake	Vegetable Macaroni Soup Italian Beef Hoagie <i>or</i> Greek Salad Chef's Steamed Vegetable Chocolate Pudding
D I N	Crunchy Vegetable Salad Hawaiian Chicken <i>or</i> Pork Chops/Cream Mushroom Sauce Brown Rice Whole Green Beans Baked Roll Fresh Peach Cobbler	Pineapple Salad Orange Herb Pork Roast <i>or</i> Glazed Ham Fresh Mashed Potatoes Crunchy Fried Okra Baked Roll Fudge Cake	Caesar Salad Beef Burgundy <i>or</i> Roasted Chicken Legs Rice Pilaf Collard Greens Baked Roll Pound Cake with Fresh Berries	Three Bean Salad Herb Roasted Turkey <i>or</i> Pan Seared Fish Homemade Stuffing Steamed Broccoli Baked Roll Berry Cobbler	Spring Salad Creole Baked Chicken <i>or</i> Penne Pasta in Sausage Marinara Sauce Herb Roasted Red Potatoes Lima Beans Baked Roll Classic Pineapple Upside Down Cake	Fruity Green Salad BBQ Glazed Meatballs <i>or</i> Cod/Tomato Cream Sauce Seasoned Rice Roasted Carrots Baked Roll Apple Pie	Green Salad Baked Rosemary Lemon Chicken <i>or</i> Beefy Baked Ravioli Steamed Red Potatoes Capri Blend Baked Roll Assorted Cookies
	Week 3						

Dietitian's Signature: *Diane Jager* RDN #610128
2-1-2019