

May

Alder Bay Assisted Living

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident Birthdays Chuck T. 5/02 David S. 5/18 Winn 5/31	Staff Birthday Greg H. 5/07 Joh-Nika I. 5/17 Kat B. 5/28		1 10:00 Fitness 10:30 Coffee & Tea 2:00 Color with me 3:00 Out for a Drive	2 10:00 Fitness 10:30 Nail Care 1:30 Target 3:00 Bingo	3 9:30 Coffee & Donuts 10:30 Fitness 10:30 Dog Visits 1:00 Cards 2:00 Happy Hour	4 10:00 Movie Time 10:30 Coffee & Tea 2:00 Bingo 3:00 Boards Games
5 Cinco De Mayo 10:00 Morning Movie 10:30 Coffee & Tea 1:00 Cards 3:00 Soda Float Social	6 10:00 Fitness 10:30 Hand Care 2:00 Cards with Cheryl 3:00 Mother's Day Craft	7 Medical Appt. 10:00 Fitness 10:30 Massages 2:00 Limerick write 3:00 Crafters Corner	8 10:00 Fitness 10:30 Coffee & Tea 2:00 Library 3:00 Resident Council 6:00 Accordionairs	9 10:00 Fitness 10:30 Nail Care 11:30 Tres Chiles Picosos 3:00 Cards w/ Cheryl	10 9:30 Coffee & Donuts 10:00 Fitness 1:00 Cards 1:30 Jazz Festival 3:00 Happy Hour	11 10:00 Movie Time 10:30 Coffee & Tea 2:00 Bingo 3:00 Board Games
12 Mothers' day 11-1 Mother's day Brunch 1:00 Cards 3:00 Ice Cream social	13 9:30 Fitness 10:00 Music Makers 2:00 Cards w/ Cheryl 3:00 Lemonade Making & drinking	14 Medical Appt. 10:00 Fitness 10:30 Nail Care 2:00 Bingo 3:00 Chinses Checkers	15 Crazy Sock Day 10:00 Fitness 10:30 Coffee & Tea 2:00 Gardening 3:00 our for a drive	16 Errand Day 10:00 Fitness 10:30 Nail Care 1:30 Afternoon Errands 3:00 Cards w/ Cheryl	17 9:30 Coffee & Donuts 10:00 Fitness 10:30 Dog Visits 1:00 Cards 3:00 Happy Hour	18 10:00 Fitness 10:30 Coffee & Tea 2:00 Bingo 3:00 Board Games
19 10:00 Morning Movie 10:30 Coffee & Tea 1:00 Cards 3:00 Soda Float	20 10:00 Fitness 10:30 Hand Care 2:00 Cards w/ Cheryl 3:00 Strawberry Short Cake	21 Medical Appt. 10:00 Fitness 10:30 Massages 2:00 Bingo 3:00 Checkers	22 10:00 Fitness 10:30 Coffee & Tea 2:00 Library 3:00 Paper Airplanes	23 10:00 Fitness 10:30 Nail Care 2:00 Gardening 3:00 Crafters Corner	24 9:30 Coffee & Donuts 10:00 Fitness 1:00 Cards 3:00 Happy Hour	25 10:00 Fitness 10:30 Coffee & Tea 2:00 Bingo 3:00 Board Games
26 10:00 Morning Movie 10:30 Coffee & Tea 1:00 Cards 3:00 Ice Cream Social	27 Memorial Day 10:00 Fitness 10:30 Hand Care 2:00 Remember the fallen 3:00 Cards w/ Cheryl	28 Medical Appt. 10:00 Fitness 10:30 Massages 2:00 June Centerpieces 3:00 Centerpieces	29 10:00 Fitness 10:30 Food Committee 2:00 Color with me 3:00 Out for a Drive	30 10:00 Fitness 10:30 Nail Care 11:30 Freshwater park/ BBQ 3:00 Bingo	31 9:30 Coffee & Donuts 10:00 Fitness 1:00 Cards 3:00 Happy Hour	Volunteers are welcomed and appreciated at Alder Bay. Please contact Cheryl @ 707-444-8000

