

Weekly Menu

The Terraces of Roseville



	Sun 04-14-2019	Mon 04-15-2019	Tue 04-16-2019	Wed 04-17-2019	Thu 04-18-2019	Fri 04-19-2019	Sat 04-20-2019
B R K	Sausage Potato Bake Sausage Link Fresh Fruit 100% Juice	Waffles Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Brunch Burritos Cottage Cheese Fresh Fruit 100% Juice	French Toast Bacon Fresh Fruit 100% Juice	Cold Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Scrambled Egg/Bacon Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Belgian Waffle Breakfast Ham Fresh Fruit 100% Juice
L U N	Caesar Salad Baked Ham/Peach Sauce <i>or</i> Orange Teriyaki Beef Baked Sweet Potato Chef's Steamed Vegetable Baked Roll Fresh Blueberry Pie	Lime Jello With Pears Chicken Cordon Bleu Open Face <i>or</i> Caribbean Shrimp Red Potatoes Capri Blend Baked Roll Banana Sheet Cake	Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta Seasoned Cauliflower Baked Roll Mississippi Mud Cake	Spinach Tomato Salad Roast Pork/Ginger Glaze <i>or</i> Leg of Lamb Roasted Potato Medley Sautéed Yellow Squash Baked Roll Fruit Crisp	Melon Layered Fruit Hamburger Steak/Onions <i>or</i> Grilled Chicken/Cucumber Melon Sauce Ranch Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding/Vanilla Sauce	Coleslaw Cod Fillet <i>or</i> Roasted Pork Parsley Rice Steamed Broccoli Baked Roll Frozen Sherbet Dessert	Green Salad Lemon Oregano Turkey <i>or</i> Texas BBQ Steak Homemade Stuffing Roasted Brussels Sprouts Baked Roll Mandarin Orange Cake
D I N	Creamy Vegetable Soup Turkey A La King <i>or</i> Pineapple Pulled Pork Slider Buttery Carrots Rice Rootbeer Floats	Basil Tomato Soup Baked Macaroni Cheese <i>or</i> Tavern Sandwich Radish Relish Plate <i>or</i> Pickled Beets Apple Brownies	French Onion Soup Stuffed Tomato Chicken Salad <i>or</i> Ham Sandwich Pickled Beets Savory Cheese Toast Peanut Butter Cookie	Classic Minestrone Soup Spaghetti/Marinara Meat Sauce <i>or</i> Crab Salad/Rolls Green Beans Italian Creamy Cake Bar	Garden Vegetable Soup Santa Fe Turkey Sandwich <i>or</i> Baked Potato Sausage Link Casserole Carrot Coin Salad Almond Sugar Cookie	Lentil Soup Biscuit Beef Cups <i>or</i> Cream Cheese Deli Sub Sandwich Chef's Steamed Vegetable Nut Bread	Red Pepper Soup Sour Cream Chicken Enchilada <i>or</i> English Cucumber Sandwiches Seasoned Zucchini Creamy Lime Squares
	Week 1						

Dietitian's Signature: *Diane Jager* RDN # 610128
2-1-2019