

# Weekly Menu

Westmont of Morgan Hill



	Sun 04-21-2019	Mon 04-22-2019	Tue 04-23-2019	Wed 04-24-2019	Thu 04-25-2019	Fri 04-26-2019	Sat 04-27-2019
B R K	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice
L U N	Creamy Carrot Soup  Ham and Cornbread <i>or</i> Egg Salad Croissant  Grapes Clements Carrot Cake	Basil Chicken Soup  Roast Beef Sandwich <i>or</i> Hummus Vegetable Platter  Fruit Medley Fudge Bar	Turkey Noodle Soup  Garden Chicken Sandwich <i>or</i> Pepperoni Pizza  Baby Carrots Fruit Cocktail Pudding	Italian Wedding Soup  Nicoise Salad with Basil Lemon Vinaigrette <i>or</i> Grilled Cheese Sandwich w/Tomato  Fresh Cooked Zucchini Banana Splits	New England Clam Chowder  Mushroom Swiss Burger <i>or</i> Chicken Waldorf Salad  Green Salad Brownie Mallow Bars	Creamy Vegetable Soup  Bean and Cheese Burrito Tri Colored Cheese Tortellini  Roasted Tomato Half Whipped Yogurt Dessert	Garden Vegetable Soup  Coney Island Dogs <i>or</i> Chicken Wings  Mexicali Corn Butterscotch Pudding
D I N	Broccoli Salad  Sole Provencal <i>or</i> Adobo Chicken  Parsley Rice Roasted Carrots Baked Roll Lemon Meringue Pie	Rainbow Salad  Honey Roasted Chicken Thigh <i>or</i> Hearty Beef Stew  Rice Orzo Pilaf Garlic Green Beans Baked Roll Peach Crisp	Green Salad  Smothered Pork Chop <i>or</i> Breaded Catfish  Baked Sweet Potato Corn Baked Roll Rainbow Cake	<b>Candlelight Dinner</b> Arugula Salad Shrimp Scampi <i>or</i> Filet Mignon Tiramisu	Cranberry Spinach Salad  Chicken Marsala <i>or</i> Cranberry Glazed Roast Pork  Jasmine Rice Mixed Vegetables Baked Roll Berry Crumble	Spring Salad  Grilled Fish Fillet <i>or</i> Beef Stuffed Cabbage  Rice Pasta Pilaf Sauteed Spinach Baked Roll Apple Crumb Cake	Carrot Raisin Salad  Meatloaf/Gravy <i>or</i> Lemon Herb Turkey Cutlet with Gravy  Fresh Cooked Yams Normandy Blend Baked Roll Assorted Desserts
	Week 2						

Dietitian's Signature: *Diane Jager* RDN #610128  
2-1-2019