



### Everyone Deserves a Great Life!

At Meridian Senior Living, our team has one core belief: that everyone deserves a great life. We spend every minute of every day ensuring each person who walks through our communities truly can enjoy their experience. We hold ourselves and our communities to an incredibly high standard and measure our success by the smiles on our residents' faces.



# Wood Haven Senior Living

MEMORY CARE

Featuring Montessori Moments in Time™ Memory Care programming

Meridian Senior Living is one of the most well-respected and experienced care and life service providers in the nation. We give residents the high quality of life and lifestyle they are accustomed to by providing modern, homelike settings, exceptional amenities and a trusted support network. From the memories shared and stories celebrated to the lives enhanced and friendships made, Meridian strives to provide everyone with countless moments of joy.

Wood Haven Senior Living

MEMORY CARE

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## A Commitment to Making Every Day Special

Residents with memory care needs require exceptional attention and respect, which is why at Wood Haven Senior Living we follow a comprehensive approach to make every day special. Taking the time to create meaningful moments every day can make a world of difference to someone with Alzheimer's or another form of dementia. Our compassionate, skillfully trained caregivers are committed to improving the quality of life for those in our community.

### **SERVICES & ACCOMMODATIONS**

- Companion and private room accommodations
- Private baths in all residences
- Three meals a day served restaurant-style in a central dining area
- Housekeeping and linen services
- 24/7 care by highly trained staff
- Individualized activities for each resident as well as group activities that encourage social engagement
- Secure access courtyard and gardens

### **MEMORY CARE**

Our Montessori Moments in Time<sup>™</sup> program is the cornerstone of our memory care strategy and was developed through extensive research and first-hand experience with our residents throughout the years. The five directional paths that comprise our memory care program include:

**Family Connections Path:** Focuses on the wellbeing of our families through social gatherings, volunteer opportunities, support and education

**Health and Wellness Path:** Addresses the strengths and limitations of each resident as well as his or her personal preferences, and nutritional and exercise benchmarks and goals.

**Dining Experience Path:** Meals and snacks present daily opportunities to reminisce, create new memories, maximize independence and promote socialization, all in an inviting environment.

**Life Engagement Path:** Includes scheduled programs that allow residents to function at their highest potential, giving them a sense of purpose and well being

**Team Promise Path:** Centers on developing our care partners through ongoing education and training



## The WOW! Experience®

Wood Haven employs Meridian Senior Living's The WOW! Experience® into its daily interactions with residents. We infuse every moment with the kind of energy, compassion and joy that comes from a foundation of committed and passionate people. We strive to create extraordinary experiences for our residents, all the while recognizing their individual story, journey and passions.

Discover The WOW! Experience<sup>®</sup> for yourself by scheduling a personal tour at Wood Haven Senior Living!