Dementia Awareness Month

MAY 2019

To help support and educate those living with dementia and their caregivers the Hopkins ACT on Alzheimer's Initiative is proudly sponsoring several dementia specific community events in May in celebration of "Senior Awareness Month," which is recognized across the nation. Throughout the month, residents in Hopkins and surrounding cities are invited to attend the following events, which are FREE and open to the public.

Forgetfulness, Is It Normal or a Warning Sign — **Thursday May 2nd, 10:00 am - 11:30 am**
Presented by Emerald Crest Memory Care — *Location: St. Gabriel's Church, 1310 Main St., Hopkins MN*

Memory Loss and Driving, What You Need to Know — **Tuesday May 7th, 1:00 pm - 2:30 pm**
Presented by HealthPartners Center for Memory and Aging — *Location: The Glenn Hopkins, 1011 Feltl Ct, Hopkins MN*

Hopkins ACT on Alzheimer's Initiative Overview — **Thursday May 9th, 1:00 pm - 2:00 pm**
Presented by Hopkins ACT Action Team — *Location: Hopkins Activity Ctr, 33 14th Ave N, Hopkins MN*

Memory Café — **Tuesday May 14th, 4:00 pm - 5:30 pm**
Facilitated by Peggy Gaard — *Location: Hopkins Library, 22 11th Ave N, Hopkins MN*

Hopkins Fire and Police Supporting ACT — **Thursday May 16th, 1:00 pm - 2:00 pm**
Presented by Hopkins Fire and Police Department — *Location: Hopkins Fire Station, 101 17th Ave S, Hopkins MN*

"Alzheimer's Gifts" Author: Rick Naymark — **Thursday May 23rd, 4:00 pm - 5:30 pm**
Presented by Rick Naymark — *Location: Hopkins Art Center, 1111 Main St., Hopkins MN*

Dementia Friends Session — **Tuesday May 28th, 4:00 pm - 5:00 pm**
Presented by Hopkins ACT Action Team — *Location: Hopkins Activity Ctr, 33 14th Ave N, Hopkins MN*

Caregiver Support Groups

Open Circle: *May 7th & 21st, 9:30 am to 11:00 am* — *Location: Hopkins Activity Ctr, 33 14th Ave N, Hopkins MN*
Emerald Crest*: May 23rd, 5:00 pm to 6:30 pm* — *Location: Emerald Crest, 13401 Lake St Ext, Mtka MN*
The Glenn: *May 28th, 3:00 pm to 4:30 pm* — *Location: The Glenn Hopkins, 1011 Feltl Ct, Hopkins MN*

For complete list of 2019 May events including descriptions, dates, times and locations go to www.augustanacare.org/dementiafriendly.

The ACT on Alzheimer's initiative is powered by the Hopkins ACT on Alzheimer's Action Team which includes members from: the Hopkins Library, City of Hopkins, Hopkins Fire and Police, Cassia Services and Communities, Chapel View Health Care Center, Emerald Crest of Minnetonka and Augustana Open Circle, VOA Elder Homestead, Gethsemane Lutheran Church, Hopkins Elks, The Glenn, and several dedicated Community Members. For more information and to RSVP please contact Laura Herman at 952-697-5373 or Laura.Herman@cassialife.org.