



**MONTHLY FACT:**

“SMILING  
RELEASES  
ENDORPHINS  
AND MAKES YOU  
FEEL BETTER,  
EVEN IF IT’S  
FAKE.”

@psychology.posts

**MONTHLY JOKE:**



RESIDENT	BIRTHDAYS	EMPLOYEE	BIRTHDAYS
Ja Beth Munger	April 2 <sup>nd</sup>	Sheryl	April 8 <sup>th</sup>
Josene Dougherty	April 3 <sup>rd</sup>	Debbie	April 11 <sup>th</sup>
Grace Eaton	April 7 <sup>th</sup>	George	April 21 <sup>st</sup>
Phyllis Hutchinson	April 7 <sup>th</sup>	Patricia	April 23 <sup>rd</sup>
Shirley Smith	April 7 <sup>th</sup>	Holly	April 26 <sup>th</sup>
Judy Morrill	April 7 <sup>th</sup>		
Unni Robertson	April 10 <sup>th</sup>		
Annie Teran	April 16 <sup>th</sup>		
Hazel Barbano	April 19 <sup>th</sup>		

**Word Bank**

BUD	WINDY	MARCH	MAY	EASTER	PASSOVER
BUTTERFLY	RAIN	APRIL	BEE	TULIP	FLOWER

**We always value and appreciate your feedback!**  
**We welcome you to write a review on Facebook or Google!**

April 2019

# River Commons



River Commons  
301 Hartnell Ave.  
Redding, CA 96002  
(530) 221-2121

**Celebrating  
April**

**Global  
Astronomy  
Month**

**Jazz  
Appreciation  
Month**

**Golden Rule  
Week  
April 1–7**

**No Housework  
Day  
April 7**

**Barbershop  
Quartet Day  
April 11**

**Scrabble Day  
April 13**

**Easter  
April 21**

**Hug an  
Australian Day  
April 26**



**KOOL  
APRIL  
NIGHTS!**





Doyle & Shirley Martin  
By  
Alpha Tolbert



Alpha Tolbert

Doyle was born in 1932 in Apache, Oklahoma. His father was a dry land farmer on the Canadian River. Doyle was the only child in his family. In 1945, they came to California due to his mother’s health. They lived in Burbank, then Thousand Oaks. Doyle went to the seventh and eighth grade there. They moved to Rialto. He went to Valley College for two years, then to Berkeley, where he majored in mechanical engineering. His first job was at North American Aviation. He also worked on Apollo Moon Shot.



Doyle & Shirley Martin

Shirley was born in LA. She grew up in Inglewood. Her mom was a homesteader in Montana. She was the youngest of five. She went all the way through school in Inglewood. Her dad drove streetcars in LA. Shirley went to UCLA and got her Bachelor of Science in Physical Education. Then, she went to LA State and got her teaching credentials. Shirley taught school at Santa Monica High School, teaching both team and individualized physical education. Shirley taught for 5 years, then, she stopped to take care of her mother.

Doyle and Shirley met at the swimming pool at Beverly High School. They got acquainted at the Methodist Church. They have been married 58 years. They have two sons. One is an electrical engineer and the other son is a mechanical engineer. They have two grandchildren.

Doyle retired at 55. They traveled all over in their motor home and have been to 40 countries. They loved Switzerland with all the hiking trails and mountains. With a Swiss pass they could go from place to place and hike. They spent a lot of time volunteering for Habitat for Humanity and the United Methodist Church camp in Mount Shasta. They would go up to the camp early and get the camp ready. They lived in their motor home during this time doing repairs and getting wood. Doyle was a member at the Shasta Camp Committee and Shirley was his secretary. They were also members of the United Methodist Caravan and traveled with them.

Doyle and Shirley lived in Lake Head until moving to River Commons. They went to Shasta College and took stained glass classes. They have some beautiful pieces that they made. They enjoyed doing that.

They are enjoying living here at River Commons.

Thank you for sharing your story with us!

NEW RESIDENTS:



Cle Ellingboe



Steve Divittorio



Beverly Colby

MONTHLY  
QUOTE:

“Don’t count the days, make the days count.” -Author Unknown

