

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>DAILY ACTIVITIES W/ CARE PARTNERS:</u> *Daily Chronicles at Breakfast *Aromatherapy Handwashing at Lunch *Dinner Discussions at Dinner *Nail Care *Activity Kits <u>MEALS & SNACKS:</u> *8am Breakfast, 10am Morning Snack, 12pm Lunch, 3pm Afternoon Snack, 5pm Dinner, 7pm Evening Snack *Activities may be subject to change to accommodate the needs of the residents. Please see daily activity schedule or the Life Enrichment team for details.	9:30 Singing & Brain Games (200) 1 10:00 Singing & Brain Games (400) 10:30 Exercise w/ Spin Sisters (Bistro) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Armchair Travel: Portugal (Bistro) 3:15 Activity Kits (400) 3:45 Inspirational Reading (100) 4:15 Inspirational Reading (300)	9:30 Sing-A-Long (200) 2 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Crafter's Corner (400) 2:45 Parachute Games (Bistro) 3:30 Creative Writing (100) 4:15 Creative Writing (300)	9:30 Exercise & Brain Games (200) 3 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Sing-A-Long (300) 11:30 Resident Outreach 1:1 1:15 Carnival Games (200) 2:00 Carnival Games (400) 2:45 Bingo (Bistro) 3:30 Reminisce Group (100) 4:15 Reminisce Group (300)	9:30 Sing-A-Long (200) 4 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Activity Kits (400) 2:45 Baking Class (Bistro) 3:30 Carnival Games (100) 4:15 Carnival Games (300)	9:30 Exercise & Brain Games (200) 5 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Catholic Commun. (Fireside) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Music:Steel Guitar w/ Dom (Bistro) 3:15 Crafter's Corner (400) 3:45 Inspirational Reading (100) 4:15 Inspirational Reading (300)	9:30 Sing-A-Long (200) 6 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Carnival Games (200) 2:00 Carnival Games (400) 2:30 Music: Piano w/ Isaiah (Bistro) 3:30 Reminisce Group (100) 4:15 Reminisce Group (300)
9:30 Hymns & Prayers (200) 7 10:00 Hymns & Prayers (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Walking Group (100/200) 2:00 Walking Group (300/400) 2:45 Bingo (Bistro) 3:30 Carnival Games (100) 4:15 Carnival Games (300)	9:30 Exercise & Brain Games (200) 8 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Sing-A-Long (300) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Armchair Travel: Roma: Italy (Bistro) 3:15 Activity Kits (400) 3:45 Inspirational Reading (100) 4:15 Inspirational Reading (300)	9:30 Sing-A-Long (200) 9 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Crafter's Corner (400) 2:45 Parachute Games (Bistro) 3:30 Creative Writing (100) 4:15 Creative Writing (300)	9:30 Exercise & Brain Games (200) 10 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Sing-A-Long (300) 11:30 Resident Outreach 1:1 1:15 Carnival Games (200) 2:00 Carnival Games (400) 2:45 Bingo (Bistro) 3:30 Reminisce Group (100) 4:15 Reminisce Group (300)	9:30 Exercise & Brain Games (200) 11 10:00 Sing-A-Long (400) 10:30 Village Church Choir (Bistro) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Activity Kits (400) 2:45 Baking Class (Bistro) 3:30 Carnival Games (100) 4:15 Carnival Games (300)	9:30 Exercise & Brain Games (200) 12 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Catholic Commun. (Fireside) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Crafter's Corner (400) 2:30 Inspirational Reading (100) 3:15 Music: Accordion w/ Joe (Bistro) 4:20 Inspirational Reading (300)	9:30 Sing-A-Long (200) 13 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Carnival Games (200) 2:00 Carnival Games (400) 2:30 Music: Piano w/ Isaiah (Bistro) 3:30 Reminisce Group (100) 4:15 Reminisce Group (300)
9:30 Hymns & Prayers (200) 14 10:00 Hymns & Prayers (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Walking Group (100/200) 2:00 Walking Group (300/400) 2:45 Bingo (Bistro) 3:30 Carnival Games (100) 4:15 Carnival Games (300)	9:30 Singing & Brain Games (200) 15 10:00 Singing & Brain Games (400) 10:30 Exercise w/ Spin Sisters (Bistro) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Armchair Travel: Cyprus (Bistro) 3:15 Activity Kits (400) 3:45 Inspirational Reading (100) 4:15 Inspirational Reading (300)	9:30 Sing-A-Long (200) 16 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Crafter's Corner (400) 2:45 Parachute Games (Bistro) 3:30 Creative Writing (100) 4:15 Creative Writing (300)	9:30 Exercise & Brain Games (200) 17 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Sing-A-Long (300) 11:30 Resident Outreach 1:1 1:15 Carnival Games (200) 2:00 Carnival Games (400) 2:45 Bingo (Bistro) 3:30 Reminisce Group (100) 4:15 Reminisce Group (300)	9:30 Sing-A-Long (200) 18 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Activity Kits (400) 2:45 Baking Class (Bistro) 3:30 Carnival Games (100) 4:15 Carnival Games (300)	9:30 Exercise & Brain Games (200) 19 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Catholic Commun. (Fireside) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Music: Piano w/ Stan (Bistro) 3:15 Crafter's Corner (400) 3:45 Inspirational Reading (100) 4:15 Inspirational Reading (300)	9:30 Sing-A-Long (200) 20 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Carnival Games (200) 2:00 Carnival Games (400) 2:30 Music: Piano w/ Isaiah (Bistro) 3:30 Reminisce Group (100) 4:15 Reminisce Group (300)
Palm Sunday					Good Friday	
9:30 Hymns & Prayers (200) 21 10:00 Hymns & Prayers (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Easter Craft (200) 2:15 Family-friendly Easter Egg Hunt 3:45 Easter Craft (400)	9:30 Exercise & Brain Games (200) 22 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Sing-A-Long (300) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Armchair Travel: Madrid (Bistro) 3:15 Activity Kits (400) 3:45 Inspirational Reading (100) 4:15 Inspirational Reading (300)	9:30 Sing-A-Long (200) 23 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Crafter's Corner (400) 2:45 Parachute Games (Bistro) 3:30 Creative Writing (100) 4:15 Creative Writing (300)	9:30 Exercise & Brain Games (200) 24 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Sing-A-Long (300) 11:30 Resident Outreach 1:1 1:15 Carnival Games (200) 2:00 Carnival Games (400) 2:45 Bingo (Bistro) 3:30 Reminisce Group (100) 4:15 Reminisce Group (300)	9:30 Sing-A-Long (200) 25 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Activity Kits (400) 2:45 Baking Class (Bistro) 3:30 Carnival Games (100) 4:15 Carnival Games (300)	9:30 Exercise & Brain Games (200) 26 10:00 Exercise & Brain Games (400) 10:30 Sing-A-Long (100) 11:00 Catholic Commun. (Fireside) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Music Duo: Dan & Suzee (Bistro) 3:15 Crafter's Corner (400) 3:45 Inspirational Reading (100) 4:15 Inspirational Reading (300)	9:30 Sing-A-Long (200) 27 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Carnival Games (200) 2:00 Carnival Games (400) 2:30 Music: Piano w/ Isaiah (Bistro) 3:30 Reminisce Group (100) 4:15 Reminisce Group (300)
Easter Sunday	Earth Day				Arbor Day	
9:30 Hymns & Prayers (200) 28 10:00 Hymns & Prayers (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Walking Group (100/200) 2:00 Walking Group (300/400) 2:45 Bingo (Bistro) 3:30 Carnival Games (100) 4:15 Carnival Games (300)	9:30 Singing & Brain Games (200) 29 10:00 Singing & Brain Games (400) 10:30 Exercise w/ Spin Sisters (Bistro) 11:30 Resident Outreach 1:1 1:15 Activity Kits (200) 2:00 Armchair Travel: Lanzarote (Bistro) 3:15 Activity Kits (400) 3:45 Inspirational Reading (100) 4:15 Inspirational Reading (300)	9:30 Sing-A-Long (200) 30 10:00 Sing-A-Long (400) 10:30 Exercise & Brain Games (100) 11:00 Exercise & Brain Games (300) 11:30 Resident Outreach 1:1 1:15 Crafter's Corner (200) 2:00 Crafter's Corner (400) 2:45 Parachute Games (Bistro) 3:30 Creative Writing (100) 4:15 Creative Writing (300)	 April 2019 Waterhouse Ridge Life Enrichment Calendar			