

# SOMERSET

## Assisted Living

8360 Cason Road • Gladstone, OR 97027 • Phone (503) 723-7868 • [www.seniorlivingstyle.com](http://www.seniorlivingstyle.com)

APRIL 2019

### SOMERSET STAFF

Administrator ..... NIARE FEASTER  
Assistant Administrator..... KORISSA ALLEMAND  
Director of Health Services..... KIM JAMISON  
Resident Services Coordinator..... RYANA VALDROW  
Executive Chef..... JEREMY CASNER  
Activity Coordinator ..... JENNIFER DENLAY  
Activity Assistant ..... PATSY DEAN  
Administrative Assistant ..... CINDY LAUDERBACK  
Bus Driver ..... PATSY DEAN

### TRANSPORTATION

**Tuesday & Thursday, 8:30 a.m.-4 p.m.:** Medical  
**Tuesday, 1:20 p.m.:** Walmart Shuttle  
**Wednesday, 9:30-11:30 a.m.:** Fred Meyer

### ALTERNATE TRANSPORT SERVICES

**Tri-Met Lift:** 503-802-8000  
**Med Transport:** 503-802-8700  
**Metro West:** 503-648-6656  
**TRP (Trans Reach People):** 503-655-8208

**HAWTHORN**  
SENIOR LIVING

## Somerset's Protect Your Nest

Please join us for our Protect Your Nest event from 2-6 p.m. on Sunday, April 14th. We will be having a bouncy house, live band, egg dye station, face painting and a cake walk. We hope to see you there!







## Resident of the Month

George and Patty were picked for Resident of the Month. George and his wife Patty are an amazing couple — they always have a smile on their faces and they help anyone in need. We can't thank George and Patty enough for having the Hawthorn Heart and for being an amazing couple of Somerset Assisted Living!



## Employee of the Month

Our Employee of the Month is Kimberly. Kimberly started at Somerset as a caregiver and has worked her way up to being a Med Aide. Kim was noticed by all Management for her hard work and for having teamwork and she is willing to help. All of us at Somerset Assisted Living would like to thank Kim for having the Hawthorn Heart.

## Easter Egg Fudge

Ready in  
15 minutes.

In a mixing bowl, combine confectioners' sugar, peanut butter, butter and milk (if needed for moisture) until blended.

Shape mixture into two half-pound eggs or make a bunch of smaller eggs. Freeze eggs for one hour.

While the eggs are freezing, cut semi-sweet chocolate into small pieces and place in top of double boiler with shortening. Melt over medium heat, stirring frequently until smooth. Stick a long-tined fork in top of each peanut butter egg, dip it in melted chocolate to cover, then drain on waxed paper. When the eggs are cooled and set, decorate the eggs to suit your fancy.





## — Deviled Eggs —

### Ingredients

- 6 eggs
- 1/4 cup mayonnaise
- 1 teaspoon white vinegar
- 1 teaspoon yellow mustard
- 1/8 teaspoon salt
- Freshly ground black pepper
- Smoked Spanish paprika, for garnish

### Directions

1. Place eggs in a single layer in a saucepan and cover with enough water that there's 1-1/2 inches of water above the eggs. Heat on high until water begins to boil, then cover, turn the heat to low, and cook for one minute. Remove from heat and leave covered for 14 minutes, then rinse under cold water continuously for one minute.
2. Crack eggshells and carefully peel under cool running water. Gently dry with paper towels. Slice the eggs in half lengthwise, removing yolks to a medium bowl and placing the whites on a serving platter. Mash the yolks into a fine crumble using a fork. Add mayonnaise, vinegar, mustard, salt, and pepper, and mix well.
3. Evenly disperse heaping teaspoons of the yolk mixture into the whites. Sprinkle with paprika and serve.

## Attention Veterans

**All Veterans:** We will be starting a monthly Veterans Social. Our first event will be held on April 7th, and will be held monthly on the second Tuesday of each month. Join us in the Activity Room, where we'll have a good time getting to know each other and sharing stories. I will be putting information out at the front desk as a reminder and to let you know what time the social will be held. If you have any ideas on snacks or meals you would like to see at our social, please come down to visit with Jennifer or Patsy. We hope to see you and are excited to get to know you a little bit more.



## Please Join Us for Easter Brunch

We will be having our Easter Brunch on April 21st, 11:30 a.m.-2 p.m. Meal tickets are \$5 and enjoy a tour of our beautiful facility. We hope to see you there.





APRIL 2019

Birthdays

Susan Johnston, 5th  
Violet Spencer, 18th  
Joyce Ingram, 19th  
Edna Christiansen, 30th

Meal Times

Breakfast at 8 a.m., Dinner at 12:30 p.m., and Supper at 5:30 p.m.

Beauty Salon

Thursday and Friday, call Jane at 503-826-2548 or sign up at Front Desk for an appointment.

Nail Services with Shelley

Third Monday, 2-4 p.m. Sign up at the Front Desk for an appointment.

“A sense of humor is a major defense against minor troubles.”  
—Mignon McLaughlin

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:30 Music History 11:30 Strength Training 2:00 Book Club	2 10:00 Yoga 10:30 Ted’s Mobility 2:00 Book Club 2:00 Game of Choice 3:15 BINGO 4:00 Bean Bag Baseball	3 9:30 Fred Meyer 9:30 Strength and Balance 11:30 Strength Training 2:00 Game of the Day 3:00 Beanbag Baseball 3:30 Nail Care	4 9:30 Strength and Balance 11:30 Strength Training 3:15 BINGO 4:00 Bean Bag Baseball 7:00 Pinochle	5 9:00 Today in History 9:30 Dollar Store 10:00 Today in History 10:00 Mall 2:00 Game of the Day 3:00 Arts & Crafts 4:30 Dinner Out 	6 9:00 Today in History 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 3:00 Arts & Crafts with Patsy 4:00 Movie & Popcorn
7 10:15 New Hope Church 2:00 Game of Choice 2:00 Book Club 2:00 Popcorn and Movie	8 9:00 Spirit Mountain Casino 11:30 Strength Training 2:00 Book Club 2:00 Game of the Day	9 10:00 Yoga 2:00 Book Club 2:00 Game of Choice 3:15 BINGO 4:00 Bean Bag Baseball	10 9:30 Fred Meyer 9:30 Strength and Balance 11:30 Strength Training 2:00 Game of the Day 3:00 Beanbag Baseball 3:30 Nail Care	11 9:30 Strength and Balance 11:30 Strength Training <b>11:30 Resident Meeting</b> 2:00 Game of the Day 4:00 Bean Bag Baseball 7:00 Pinochle	12 9:00 Today in History 9:30 Dollar Store 10:00 Today in History 2:00 Game of the Day 3:00 Arts & Crafts	13 9:00 Today in History 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 2:00 Scenic Drive 4:00 Word Challenge
<b>PALM SUNDAY</b> 14 10:15 New Hope Church 2:00 Game of Choice 2:00 Book Club 2:00 Popcorn and Movie	15 9:30 Walk & Roll 10:00 Movie & Popcorn 10:30 Bocce Ball 11:30 Strength Training 2:00 Book Club	16 10:00 Yoga 2:00 Book Club 2:00 Game of Choice 3:15 BINGO 4:00 Bean Bag Baseball	17 9:30 Fred Meyer 9:30 Strength and Balance 11:30 Strength Training 2:00 Game of the Day 3:00 Beanbag Baseball 3:30 Nail Care	18 9:30 Strength and Balance 11:30 Strength Training 2:00 Chef Education Series 2:30 Game of the Day 3:15 BINGO 4:00 Bean Bag Baseball 7:00 Pinochle 	<b>GOOD FRIDAY</b> <b>PASSOVER BEGINS AT SUNSET</b> 19 9:00 Today in History 9:30 Dollar Store 10:00 Today in History 2:00 Game of the Day 3:00 Arts & Crafts 	20 9:00 Today in History 10:15 Gladstone Park SDA Church 4:00 SDA Family Singers
<b>EASTER</b> 21 10:15 New Hope Church 2:00 Game of Choice 2:00 Book Club 2:00 Popcorn and Movie	<b>EARTH DAY</b> 22 9:30 Fireside Social 10:30 Bocce Ball 11:30 Strength Training 2:00 Book Club	23 10:00 Yoga 2:00 Book Club 2:00 Game of Choice 3:15 BINGO 4:00 Bean Bag Baseball	24 3:00 Beanbag Baseball 9:30 Fred Meyer 9:30 Strength and Balance 11:30 Strength Training 2:00 Game of the Day 3:30 Nail Care	25 9:30 Strength and Balance 11:30 Strength Training 2:00 Game of the Day 4:00 Bean Bag Baseball 7:00 Pinochle	26 9:00 Today in History 9:30 Dollar Store 10:00 Today in History 2:00 Game of the Day 3:00 Arts & Crafts	27 9:00 Today in History 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 2:00 Bocce Ball 3:15 Birthday Celebration! 4:00 Word Challenge
28 10:15 New Hope Church 2:00 Game of Choice 2:00 Book Club 2:00 Popcorn and Movie	29 9:30 Balloon Ball 10:30 Bocce Ball 11:30 Strength Training 2:00 Book Club	30 10:00 Yoga 11:00 Thumper Therapy 2:00 Book Club 2:00 Game of Choice 3:15 BINGO 4:00 Bean Bag Baseball 				





## Mardi Gras 2019

Somerset had our Mardi Gras Party! The residents had a blast making their masks and decorating for our get-together. We always say good food, good friends and no problems. We want to give a big shout-out and thank-you to my assistant Patsy for working so hard with the residents to get all of our decorations done for the party.



## Bowling and Pizza Night

Join us for Bowling and Pizza Night! If you would like to join us, the sign-up sheet will be at the front desk. April 17th. If you have any questions, you can ask Jennifer or Patsy for details.



## Somerset Spring Dance

Family and friends. We will be having our Spring Dance on April 19th, 6-8 p.m. If you would like to join us, it is \$5 for a dinner ticket. There will be dancing and we will be having a DJ. We hope to see you there with your dancing shoes on.







## Dinner and Lunch Out

**Dinner Out:** Vogies,  
April 5th, please meet in  
lobby at 4:30 p.m., sign-up  
sheets will be at front desk.



**Lunch Out:** Old Spaghetti  
Factory, April 10th, please  
meet down in lobby at  
4:30 p.m., sign-up sheets  
will be at front desk.

**Lunch Out:** April 24th,  
Round Table

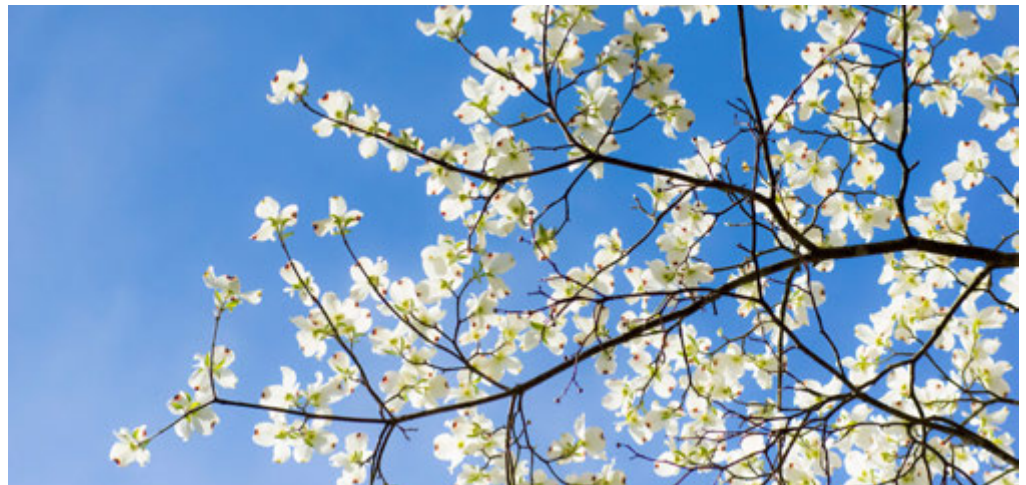
**Dinner Out:** April 26th,  
Ram Steakhouse



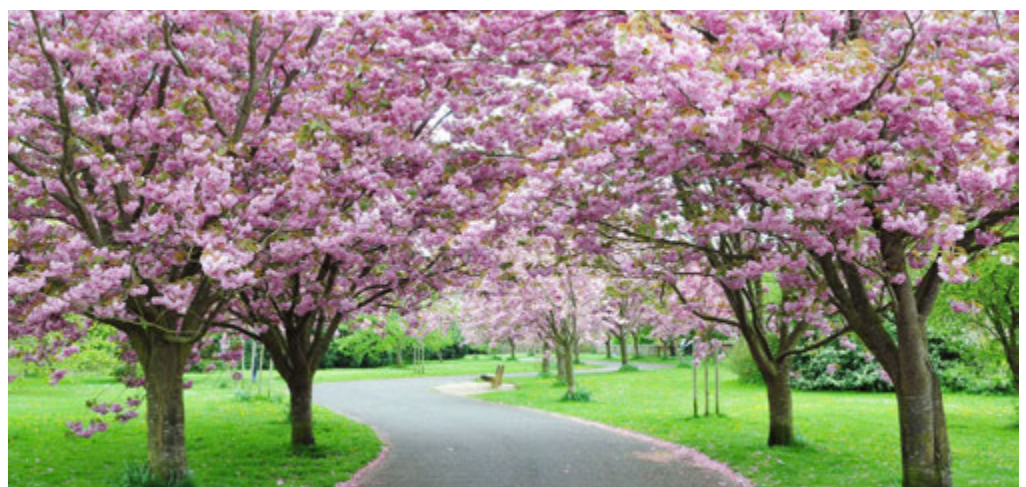
## Bursting With Blossoms

A sure sign of spring is the beautiful blossoming of many trees. Here are a few varieties that put on a seasonal show:

- **Dogwood** — Native to North America, the dogwood is famous for its stunning springtime display of white or pink blooms, making it a popular landscaping tree since America's earliest days. Both George Washington and Thomas Jefferson had dogwoods planted at their estates.
- **Japanese flowering cherry** — This tree is the star of the National Cherry Blossom Festival in Washington, D.C., as well as other spring celebrations around the world. Its branches display delicate pink-white flowers that bloom for just a short time early in the season.
- **Magnolia** — Prized for their large, fragrant flowers in shades of white, pink, red, purple and yellow, magnolias are often associated with the South, but varieties are grown in every region.
- **Eastern redbud** — Dainty clusters of magenta blooms attract butterflies and birds to the redbud, which grows primarily in the eastern half of the U.S.



*Dogwood*



*Cherry Blossoms*





8360 Cason Road  
Gladstone, OR 97027



## **SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES**

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.

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Assisted Living

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