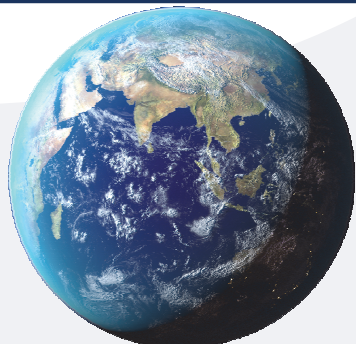


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Every Day</u> 9 AM Good Morning! 3 PM Refreshments & Snack Time	1 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Music Time 1:30 Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light & Lively Workout 6:00 Film-Comedy	2 9:30 Sit and Be Fit 10:00 Tennis Game 11:00 Toss Game 1:30 Laughing Yoga W/Martin- 2:30 Music Exploration W/Lior 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie	3 9:30 Chair Fitness 10:00 Trivia 11:00 Spelling Bee 1:30 Joy Ride/Booster Club 2:30 Sing-A-Long 3:00 Happy Hour 3:30 Outdoor Stroll 4:00 Let's Get Fit 6:00 Film-Musical	4 9:30 Morning Stretches 10:00 Bean Bag Game 10:30 Charades 11:00 YouTube Concert 1:30 Singing Session 2:30 What Would You Do? 3:30 A Look Into The Past 3:30 Outdoor Stroll 4:00 Sit and Be Fit 6:00 Film-Comedy	5 9:30 Chair Fitness 10:00 Ball Game 10:30 Bowling 11:00 Trivia 1:30 Math Game 2:00 Sing a Long 3:30 Linda Lenke - Sing A Long 4:00 Sit and Be Fit 6:00 Film-Musical	6 9:30 Sit & Be Fit 10:00 Ball Game 10:30 Table Talk 11:00 Bean Bag 1:30 Bingo 2:30 Arm Chair Travel 3:30 Trivia/Outdoor Stroll 4:00 Light 'N Lively Workout 6:00 Film-Musical
7 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	8 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Drumming 1:30 Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light & Lively Workout 6:00 Film-Comedy	9 9:30 Sit and Be Fit 10:00 Tennis Game 11:00 Toss Game 1:30 Laughing Yoga W/Martin- 2:30 Music Exploration W/Lior 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie	10 9:30 Chair Fitness 10:00 Trivia 11:00 Spelling Bee 1:30 Joy Ride/Booster Club 2:30 Sing-A-Long 3:00 Happy Hour 3:30 Outdoor Stroll 4:00 Let's Get Fit 6:00 Film-Musical	11 9:30 Morning Stretches 10:00 Bean Bag Game 10:30 Charades 11:00 YouTube Concert 1:30 Singing Session 2:30 What Would You Do? 3:30 A Look Into The Past 3:30 Outdoor Stroll 4:00 Sit and Be Fit	12 9:30 Chair Fitness 10:00 Ball Game 10:30 Bowling 11:00 Trivia 1:30 Math Game 2:00 Sing a Long 3:30 Linda Lenke - Sing A Long 4:00 Sit and Be Fit 6:00 Film-Musical	13 9:30 Sit & Be Fit 10:00 Ball Game 10:30 Table Talk 11:00 Bean Bag 1:30 Bingo 2:30 Arm Chair Travel 3:00 Sing a Long W/Kim 4:00 Light 'N Lively Workout 6:00 Film-Musical
14 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	15 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Music Time 1:30 Joy Ride/Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light & Lively Workout 6:00 Film-Comedy	16 9:30 Sit and Be Fit 10:00 Tennis Game 10:30 Reading Club 11:00 Toss Game 1:30 Laughing Yoga W/Martin 2:30 Music Exploration W/Lior 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie	17 9:30 Chair Fitness 10:00 Trivia 11:00 Spelling Bee 1:30 Booster Club 3:00 Happy Hour 3:30 Outdoor Stroll 4:00 Let's Get Fit 6:00 Film-Musical	18 9:30 Morning Stretches 10:00 Bean Bag Game 10:30 Charades 11:00 YouTube Concert 1:30 Singing Session 2:00 What Would You Do? 3:30 A Look Into The Past 4:00 Sit and Be Fit 6:00 Film-Comedy	19 9:30 Chair Fitness 10:00 Ball Game 10:30 Bowling 11:00 Drum Circle W/Kathy 1:30 Math Game 2:00 Sing a Long 3:30 Linda Lenke - Sing A Long 4:00 Sit and Be Fit 6:00 Film-Musical	20 9:30 Sit & Be Fit 10:00 Ball Game 10:30 Table Talk 11:00 Bean Bag 1:00 Barber for the Men 1:30 Piano W/ Kim 2:30 Arm Chair Travel 3:30 Trivia/Outdoor Stroll 4:00 Light 'N Lively Workout 6:00 Film-Musical
21 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	22 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Music Time 1:30 Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light & Lively Workout 6:00 Film-Comedy	23 9:30 Sit and Be Fit 10:00 Tennis 11:00 Toss Game 1:30 Laughing Yoga W/Martin 2:30 Music Exploration W/Lior 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie	24 9:30 Chair Fitness 10:00 Trivia 11:00 Spelling Bee 1:30 Joy Ride/ Booster Club 3:00 Happy Hour 3:30 Outdoor Stroll 4:00 Let's Get Fit 6:00 Film-Musical	25 9:30 Morning Stretches 10:00 Bean Bag Game 10:30 Charades 11:00 YouTube Concert 1:30 Singing Session 2:30 What Would You Do? 3:30 A Look Into The Past 3:30 Outdoor Stroll 4:00 Sit and Be Fit 6:00 Film-Comedy	26 9:30 Chair Fitness 10:00 Ball Game 10:30 Bowling 11:00 Trivia 1:30 Math Game 2:00 Sing a Long 3:30 Linda Lenke - Sing A Long 4:00 Sit and Be Fit 6:00 Film-Musical	27 9:30 Get Fit 10:00 Ball Game 10:30 Table Talk 11:00 Bean Bag 1:30 Bingo 2:30 Arm Chair Travel 3:30 Trivia/Outdoor Stroll 4:00 Light & Lively Workout 6:00 Film-Comedy
28 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	29 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Music Time 1:30 Joy Ride/Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light & Lively Workout 6:00 Film-Comedy	30 9:30 Sit and Be Fit 10:00 Art 10:30 Reading Club 11:00 Toss Game 1:30 Laughing Yoga W/Martin 2:30 Music Exploration W/Lior 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie		APRIL: BIRTHSTONE: DIAMOND FLOWER: SWEET PEA	<u>Special Days in April:</u> April 1 April Fool's Day April 14 Palm Sunday April 19 Passover Begins April 21 Easter April 22 Earth Day	<u>Legacies Daily 7</u> C: Cognitive, Visual, Language E: Exercise L: Life Enrichment M: Music O: Outdoors R: Reminiscent S: Social and Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Trivia-CL 11:00 News & Views-CL 1:00 Table Games-AS 1:00 Men's Group-T 2:00 Joy Ride W/Jason-Sign Up 2:00 American History-CL 3:30 Brain Games-CL 6:00 Movie	2 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Tai Chi 11:00 News & Views-CL 1:00 Music Exploration W/Loir-C 2:15 Snack and Chat 2:30 Resident Council 3:30 Book Club-L 6:00 Movie-T	3 9:00 Morning Music-T 9:30 Sit & Be Fit-CL 10:00 Trivia\Then and Now 11:00 News & Views-CL 11:15 Outing-Sign Up 1:30 Movie & Popcorn-T 3:30 Hangman-AS 3:30 Chapel Service-C 6:00 Bingo-AS	4 9:00 Morning Music-T 9:30 Sit & Be Fit-CL 10:00 Trivia-C 10:30 Music w Yael 1:00 Manicures-B 2:00 Scrap Happy 3:30 Crossword-CL 6:00 Movie-T	5 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Jewelry Class 11:00 News & Views-CL 1:00 –Checkers-AR 1:45 Hangman- AR 3:00 Happy Hour-B 6:00 Movie-T	6 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Brain Stumpers-CL 10:30 Bingo-AR 1:30 Laughter Yoga w Martin 2:30 Movie & Popcorn-T 3:30 Brain Games 6:00 Movie– T
7 9:00 Sit & Be Fit-C 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 News & Views-L 1:00 Bingo– AR 2:00 Walking Club 3:30 Crosswords-C 6:00 Movie-T	8 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Trivia-CL 11:00 News & Views-CL 1:00 Table Games-AS 2:00 Joy Ride W/Jason-Sign Up 2:00 American History-CL 3:30 Brain Games-CL 6:00 Movie	9 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Tai Chi 11:00 News & Views-CL 1:00 Music Exploration W/Loir-C 2:15 Snack and Chat 2:30 Resident Council 3:30 Book Club-L 6:00 Movie-T	10 9:00 Morning Music-T 9:30 Sit & Be Fit-CL 10:00 Trivia\Then and Now 11:00 News & Views-CL 11:15 Outing-Sign Up 1:30 Movie & Popcorn-T 3:30 Hangman-AS 3:30 Chapel Service-C 6:00 Bingo-AS	11 9:00 Morning Music-T 9:30 Sit & Be Fit-CL 10:00 Trivia-C 10:30 Music w Yael 1:00 Manicures-B 2:00 Scrap Happy 3:30 Crossword-CL 6:00 Movie-T	12 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Jewelry Class-AS 11:00 News & Views-CL 1:00 Checkers-AR 1:45 Manicures-AR 3:00 Birthday Bash-B 6:00 Movie-T	13 9:00 Morning Music-T 9:00 Sit & Be Fit-C 10:00 Brain Stumpers-CL 10:30 Bingo-AR 1:00 Movie & Popcorn-T 3:00 Kim Wu on Piano 3:30 Brain Games 6:00 Movie-T
14 9:00 Sit & Be Fit-C 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 News & Views-L 1:00 Bingo-AR 2:00 Walking Club 3:30 Crosswords-C 6:00 Movie-T	15 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Trivia-CL 11:00 News & Views-CL 1:00 Table Games-AS 1:00 Men's Group-T 2:00 Joy Ride W/Jason-Sign Up 2:00 American History-CL 3:30 Brain Games-C 6:00 Movie-T	16 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Tai Chi 11:00 News & Views-CL 1:00 Music Exploration W/Loir 2:15 Snack & Chat-B 2:30 Food Committee Mtg-C 3:30 Book Club-L 6:00 Movie 6:00 Movie-T	17 9:00 Morning Music-T 9:30 Sit & Be Fit-CL 10:00 Trivia\Then and Now 11:00 News & Views-CL 11:15 Outing-Sign Up 1:30 Movie & Popcorn-T 3:30 Hangman-AS 3:30 Chapel Service-C 6:00 Bingo-AS	18 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Trivia-C 10:30 Music w Yael-C 1:00 Manicures-B 2:00 Scrap Happy-AR 3:30 Crossword-CL 6:00 Movie-T	19 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Jewelry Class-AS 11:00 News & Views-CL 1:00 Kathy Quain on Piano 1:45 Manicures-AR 3:00 Happy Hour-B 6:00 Movie-T	20 9:00 Morning Music-T 9:00 Sit & Be Fit-C 10:00 Brain Stumpers-CL 10:30 Bingo-AR 1:30 Laughter Yoga w Martin 2:30 Movie and popcorn 3:30 Brain Games 6:00 Movie-T
21 9:00 Sit & Be Fit-C 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 News & Views-L 1:00 Bingo-AR 2:00 Walking Club 3:30 Crosswords-C 6:00 Movie-T	22 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Trivia-CL 10:30 Mary Fleming-C 1:00 Table Games-AS 2:00 Joy Ride W/Jason-Sign Up 2:00 American History-CL 3:30 Brain Games-C 6:00 Movie-T	23 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Tai Chi 11:00 News & Views-CL 1:00 Music Exploration W/Loir 2:15 Snack & Chat-B 3:30 Book Club-L 6:00 Movie-T	24 9:00 Morning Music-T 9:30 Sit & Be Fit-CL 10:00 Trivia\Then and Now 11:00 News & Views-CL 11:15 Outing-Sign Up 1:30 Movie & Popcorn-T 3:30 Hangman-AS 3:30 Chapel Service-C 6:00 Bingo-AS	25 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Trivia-C 10:00 Music W Yael-C 1:00 Manicures-B 2:00 Scrap Happy-AR 3:30 Crossword-CL 6:00 Movie-T	26 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Jewelry Class-AS 11:00 News & Views-CL 1:00 Checkers-AR 1:45 Manicures-AR 3:00 Happy Hour w Kristoph and Margaret-B 6:00 Movie-T	27 9:00 Morning Music-T 9:00 Sit & Be Fit-C 10:00 Brain Stumpers-CL 10:30 Bingo-AR 1:00 Movie & Popcorn-T 3:30 Brain Games 6:00 Movie
28 9:00 Sit & Be Fit-C 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 News & Views-L 1:00 Bingo-AR 2:00 Walking Club 3:30 Crosswords-C 6:00 Movie-T	29 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Trivia-CL 11:00 News & Views-CL 1:00 Table Games-AS 1:00 Men's Group-T 2:00 Joy Ride W/Jason-Sign Up 2:00 American History-CL 3:30 Brain Games-C 6:00 Movie-T	30 9:00 Morning Music-T 9:30 Sit & Be Fit-C 10:00 Tai Chi 11:00 News & Views-CL 1:00 Music Exploration W/Loir 2:15 Snack & Chat-B 3:30 Book Club-L 6:00 Movie-T		Medical Transportation: Tuesdays and Thursdays 9am to 3pm W/48 hours in advance reser- vation at the front desk.	Activities subject to change. Changes will be announced.	Activity Locations: AR= Activity Rm 2nd fl. AS= Art Studio 2nd fl. C=Chapel CL=Chapel Lounge B=Bistro L= Library T= Theatre