

The First Easter Sunday

Early on Sunday morning, Mary Magdalene and Mary went out to visit the tomb where Jesus was laid.

Suddenly there was a great earthquake and an angel rolled aside the stone, and sat on it. His face shone like lightning, and his clothing was as white as snow. The guards were afraid and fainted.

Then the angel told the women not to be afraid. With that, he showed them where Jesus was laid after he was crucified. He isn't here! He is risen from the dead. Go and tell his disciples that he has risen. You will see him in Galilee.

The women ran, filled with joy to tell the disciples what they had seen and heard. To their surprise, Jesus met them on the road. They ran to him, grasped his feet, and worshiped him. Then went on to tell the disciples about the resurrection.



George "Red" Russell	4/13/1924
Bessie "Betty" Laiacona	4/14/1931
John Carvette	4/17/1926
Ruth Keil	4/25/1932
Audrey Amaral	4/30/1941

Arbor Day Word Find

R	U	R	P	S	C	E	N	K	T	S	S	S	P	I	N	N	E	M	T	H	E
W	I	L	L	A	C	M	A	D	E	C	Y	C	P	R	I	H	I	A	U	T	K
A	H	S	R	H	T	E	R	W	N	E	E	C	E	M	C	A	I	P	N	C	P
S	L	P	S	C	H	E	R	Y	C	C	L	C	A	E	I	O	M	L	S	B	T
P	W	A	R	E	M	A	P	L	K	U	U	I	E	M	L	S	L	E	E	E	U
E	O	O	I	C	E	D	A	R	L	R	F	B	C	L	O	K	A	U	H	E	E
N	O	H	F	C	R	I	S	A	S	P	I	D	I	O	M	R	P	W	C	H	
S	L	T	I	R	I	D	U	C	C	S	L	W	U	N	A	E	E	A	C	W	H
H	L	E	L	P	E	M	K	H	C	R	I	B	W	K	T	K	H	K	N	O	P
U	I	C	I	L	R	C	Y	H	E	M	H	I	C	K	O	R	Y	R	E	O	O
O	W	E	N	B	O	R	B	H	E	C	C	W	A	L	C	W	I	L	L	O	W
E	N	I	P	L	R	H	C	N	T	L	H	I	C	K	O	R	H	K	M	C	M
H	A	R	M	E	C	E	T	R	E	C	M	A	C	H	E	S	T	N	U	T	H
S	C	E	H	I	B	S	R	W	A	L	N	U	T	E	W	I	L	L	O	C	R
A	H	C	B	O	L	F	I	O	R	I	S	D	Y	K	E	U	I	I	R	E	

- ASH
- ASPEN
- BEECH
- BIRCH
- CEDAR
- CHERRY
- CHESTNUT
- ELM
- FIR
- HEMLOCK
- HICKORY
- MAPLE
- OAK
- PALM
- PINE
- SPRUCE
- SYCAMORE
- WALNUT
- WILLOW

ARBOR OAKS

News

April 2019

3400 JOG ROAD · GREENACRES, FL 33467

April Fun Stuff

- 7 5:00, during dinner, Richard will entertain with songs from yesteryear and some remember and swoon to the tunes.
- 14 9:30 - 1:00, Magnolia Vine Jewelry will display in the lobby.
- 14 5:00, dinner with Dave at the piano.
- 21 12:00, Easter Sunday with Alfonso accommodating you, your family, and friends.
- 28 5:00, A double treat this month with Richard regaling you with song during dinner.

April Holidays and Events

- 1..... April Fool's Day
 - 1..... International Fun at Work Day
 - 2..... National Peanut Butter and Jelly Day
 - 7..... Caramel Popcorn Day
 - 7..... National Beer Day
 - 10..... National Siblings Day
 - 11..... National Pet Day
 - 12..... Grilled Cheese Sandwich Day
 - 13 National Peach Cobbler Day
 - 14..... National Pecan Day
 - 14..... Palm Sunday
 - 15..... Patriot's Day
 - 16..... Mushroom Day
 - 16 National Eggs Benedict Day
 - 17..... National Cheeseball Day
 - 19..... Good Friday
 - 19..... National Garlic Day
 - 19..... Passover begins at sundown - ends sundown 04/27/19
 - 21..... Easter Sunday
 - 22..... National Jelly Bean Day
 - 23..... National Zucchini Bread Day - they hold this at a time when you are not sick of all that zucchini.
 - 26..... National Pretzel Day
 - 27..... National Prime Rib Day
 - 27..... Passover ends at sundown
 - 27..... Tell a Story Day
 - 28..... Great Poetry Reading Day
 - 29..... National Shrimp Scampi Day
- Birthstone: Diamond | Flower: Sweet Pea | Zodiac: Aries & Taurus

OUR MANAGEMENT TEAM

Karen Gibbons
Executive Director

Fara Linton
Nursing Director

Brenna Gibbons
Activities Director/
Business Manager

Jimmy Perez
Maintenance Director

Thomas Williams
Food Service Director

Trevor Gibbons
Dining Room Supervisor

ARBOR OAKS
AT GREENACRES
An Assisted Living Residence
561-432-4700



BACKSEAT DRIVERS

There’s nothing like a family road trip. The whole crew piles into the family sedan, map in hand, eagerly anticipating whatever adventure, or misadventure, the open road brings. Prior to Rand McNally’s Road Atlas unveiling in 1924, the “Official Automobile Blue Book” served as a traveler’s main guide. Complete with much more than a range of routes and thoroughfares, it also outlined landmark, railroad track and cemetery locations, among others. These books were indeed memory-makers, enhancing knowledge with every page.

This is something to consider when National Read a Road Map Day rolls by on April 5. These days, many people navigate via device, relying on Wi-Fi, GPS or another form of technology to guide them. This observance reminds us to rely on our own senses rather than devices, and make new memories based on our surroundings. It’s the perfect opportunity to unearth the Road Atlas from underneath the car’s front seat and dust off the state map in the console. Let the print map be the guide. Better yet, let the print map be someone else’s guide. After all, you know how to read a map. Maybe it’s time to share a new experience with your younger family members, and make memories the old-fashioned way, device-free.

If there’s one thing years of collecting state maps as a kid during your formative years has taught you, it’s that map-folding is an acquired skill. Give your grandkids a tutorial first, and let the journey begin.



Embracing the Beauty Around You

It’s no wonder that April has been dubbed “Keep America Beautiful Month.” April never ceases to amaze. It’s a time of year that truly embodies new life, natural beauty, growth and awakening. So it’s no surprise that communities nationwide are inspired to enhance beautification efforts this time of year. The Keep America Beautiful nonprofit organization has been active since the 1950s, gradually expanding its network of affiliate communities to number more than 600. Its goal is to create simple, green, beautiful spaces that are natural and clean.

It’s easy to support the cause in this case. After all, who doesn’t want breathable air and streets free of trash and debris? That being said, here are a couple of ways to make an impact in April and help Keep America Beautiful.

- Volunteer for a day.
- Increase water conservation efforts at home by monitoring washing machine and dish washer usage, making sure toilets aren’t running and abstaining from lengthy showers.
- Help improve the area’s ecosystem and plant trees, flowers, fruits and vegetables native to the region.
- Educate yourself and your family. What is compost? Why is it important to the earth? How is it used? Take this opportunity to learn together. Incorporate some hands-on activities for an experience your children and grandchildren won’t forget.
- Implement recycling into your daily routine. Chances are, your neighborhood, retirement community or living complex recycles in some form or another. Join the effort.
- Invite your family and neighbors over for a community cleanup party. Comb the landscape of your living space for anything that doesn’t belong, and properly dispose of it.



Most of us are familiar with the Christian and spring time holiday of Easter which falls on April 1 this year. The original story of Easter Sunday revolves around Christians celebrating the resurrection of the Lord, Jesus Christ. Some of us may not be familiar with the background of other rituals or ideas associated with spring and Easter, though. Hundreds of years ago, during Pagan times, there was a celebration that also occurred during spring, in which the rebirth of nature, the birth of baby animals, and the countryside’s fertile nature were celebrated. This celebration provided the origins for Easter eggs, which are symbolic of rebirth, animals and fertility. We can take this a step further, and discuss where the Easter bunny comes into play, as well. The legend of the Easter bunny also evolves from Pagan times, when Esotra was the goddess of spring and fertility. This goddess was worshipped by many, and feasts were held for her during the vernal equinox. Can you guess what her symbol was? You are correct...the rabbit. A rabbit has an extremely high reproduction rate, making it an optimal symbol for fertility and rebirth. So if you include bunnies and eggs in your Easter celebration, consider the origins of these rituals, in addition to the resurrection of Jesus. It is a time to revel in life and rebirth.



A Little about Passover

Passover is a Jewish holiday rooted in freedom. It’s about serving God together, free from oppression. Three primary elements are associated with the observance of Passover, which begins after sunset on April 19 this year. It ends the evening of April 27. Observances vary year to year since they are determined according to the Hebrew calendar.

- During the eight days of Passover, it’s required that all leavened bread, aka “chametz,” is removed from homes. Anything made from rye, oats, wheat, spelt and barley is forbidden. Rabbis often refer to chametz as symbolic of one’s ego, too, encouraging both a physical cleanse of chametz as well as a spiritual one.
- Having a seder is the heart of the Passover experience. Jewish families are required to tell the story of how God saved the Jewish people from slavery in Egypt during Biblical times. A book called the “Haggadah” is used during a seder, and there are a number of rituals that must be put into practice, both before and after the meal.
- Eating matza, unleavened bread, is also a requirement. During the seder, matza is eaten and accompanied with a special prayer.

Many synagogues publish Passover guides to help families in their preparations for the holiday. There are many details to consider, especially if hosting a seder, and lots of activities for the family to do together. It’s definitely a holiday designed to unite.

