



Heatherwood Retirement Community

31	Apr 1	2	3	4	5	6
Irish Lime Jello Beef Goulash <i>or</i> Flounder Florentine Noodles Zucchini Fritters <i>and</i> Chef's Steamed Vegetable Baked Roll Bread Pudding/Vanilla Sauce	Salad Bar Melt In Your Mouth Chicken <i>or</i> Sausage and Peppers Fresh Mashed Potatoes Green Bean Mushroom Salad <i>and</i> Chef's Sauteed Vegetable Baked Roll Homemade Strawberry Shortcake Biscuits	Cauliflower Salad Honey Curry Chicken Legs <i>or</i> Teriyaki Shrimp Coconut Rice Stir-Fried Broccoli <i>and</i> Chef's Sauteed Vegetable Baked Roll Peach Melba	Salad Bar Vegetable Lasagna <i>or</i> Buttermilk Fried Chicken German Potato Salad Marinated Salad <i>and</i> Chef's Steamed Vegetable Baked Roll Chocolate Vanilla Pudding Dessert	Coleslaw Apple Cider Pork Chops <i>or</i> Sour Cream Cheddar Sole Rice Pasta Pilaf Stewed Tomatoes <i>and</i> Chef's Steamed Vegetable Baked Roll Assorted Cookies	Salad Bar BBQ Saint Louis Pork Ribs <i>or</i> Turkey Scallopini Ranch Potato Bake Parmesan Creamed Corn <i>and</i> Chef's Steamed Vegetable Baked Roll Cream Cheese Brownies	
7	8	9	10	11	12	13
Salad Bar Zesty Meatloaf <i>or</i> Chicken Cordon Bleu Fresh Mashed Potatoes/Gravy Cream Peas <i>and</i> Chef's Steamed Vegetable Baked Roll Lemon Meringue Pie	Creamy Lime Pear Jello Salmon Patty <i>or</i> BBQ Pulled Pork/Bun Sweet Potato Fries Garlic Spinach <i>and</i> Baby Carrots Baked Roll Swirled Apple Sour Cream Cake	Antipasto Pasta Salad Jambalaya <i>or</i> Big Island Pork Chops Corn Cakes Stewed Collard Greens <i>and</i> Chef's Steamed Vegetable Baked Roll King Cake	Salad Bar Beef Medallions <i>or</i> Green Chili Chicken Enchilada Pinto Beans White Cheddar Baked Corn <i>and</i> Chef's Steamed Vegetable Baked Roll Mounds Bar	Salad Bar Liver and Onions <i>or</i> Rosemary Roasted Chicken Baked Macaroni Cheese Roasted Squash <i>and</i> Chef's Steamed Vegetable Baked Roll Pear Crisp	Ambrosia Pan Fried Trout <i>or</i> Baked Salisbury Steak Onion Roasted Potatoes Zucchini in Cream Sauce <i>and</i> Chef's Steamed Vegetable Baked Roll Texas Sheet Cake	Salad Bar Turkey A La King <i>or</i> Classic Stuffed Bell Pepper Fresh Mashed Potatoes/Gravy Mixed Vegetable Casserole <i>and</i> Chef's Steamed Vegetable Baked Roll Banana Chocolate Split Dessert
14	15	16	17	18	19	20
Caesar Salad Baked Ham/Peach Sauce <i>or</i> Orange Teriyaki Beef Baked Sweet Potato Chef's Steamed Vegetable Baked Roll Fresh Blueberry Pie	Lime Jello With Pears Chicken Cordon Bleu Open Face <i>or</i> Caribbean Shrimp Red Potatoes Capri Blend Baked Roll Banana Sheet Cake	Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta Seasoned Cauliflower Baked Roll Mississippi Mud Cake	Spinach Tomato Salad Roast Pork/Ginger Glaze <i>or</i> Leg of Lamb Roasted Potato Medley Sauteed Yellow Squash Baked Roll Fruit Crisp	Melon Layered Fruit Hamburger Steak/Onions <i>or</i> Grilled Chicken/Cucumber Melon Sauce Ranch Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding/Vanilla Sauce	Coleslaw Cod Fillet <i>or</i> Roasted Pork Parsley Rice Steamed Broccoli Baked Roll Frozen Sherbet Dessert	Green Salad Lemon Oregano Turkey <i>or</i> Texas BBQ Steak Homemade Stuffing Roasted Brussels Sprouts Baked Roll Mandarin Orange Cake
21	22	23	24	25	26	27
Pear Fruit Compote Beef Pot Roast <i>or</i> Grilled Salmon Herb Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Black Bean Pepper Salad Honey Roasted Chicken Thigh <i>or</i> Veal Scallopini/Lemon Sauce Oven Rice Garlic Green Beans Baked Roll Peach Crisp	Green Salad Pork Chop Dijon <i>or</i> Beef Cube Steaks Smashed Sweet Potatoes Harvard Beets Baked Roll Pineapple Upside Down Cake	Fresh Fruit Spring Mix Salisbury Steak/Gravy <i>or</i> Turkey Roast/Zesty Rub Baked Potato Peas/Mushrooms Marble Cake	Goat Cheese and Spinach Salad Grilled Chicken Breast <i>or</i> Marinated Pork Roast Creamy Pasta Alfredo Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Honeydew Salad Sour Cream Crusted Tilapia <i>or</i> Baked Ham/Mango Salsa Rice Pasta Pilaf Sauteed Spinach Baked Roll Lemonade Cake	Green Salad Pineapple Meatloaf <i>or</i> Lemon Herb Turkey Cutlet with Gravy Fresh Cooked Yams California Normandy Blend Baked Roll Cherry Hand Pie

28	29	30	May 1	2	3	4
Crunchy Vegetable Salad Hawaiian Chicken <i>or</i> Zesty Beef Roast Aloha Sweet Potatoes Green Beans Baked Roll Homemade Peach Pie	Pineapple Salad Orange Herb Pork Roast <i>or</i> Spinach Tomato Lasagna Glazed Sweet Potatoes Fresh Asparagus Baked Roll Oreo Delight	Green Salad Beef Tips Au Jus <i>or</i> Grilled Tuna Steak Best Noodles Peas and Pearl Onions Baked Roll Pound Cake				