	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12/2	Room Key (DR) - Dining Room (AR) - Activity Room (RR) - Resource Room (LB) - Lobby (TR) - Theater	April Fools Day Miss Match Day. Wear Crazy mis-matched clothes and join the fun and the contest 10:00 Good Morning Stretch (DR) 10:45 Daily News/ Trivia (DR) 1:00 Bridge (CR) 1:30 Movie (TR) 3:00 Bingo (RR) 5:45 Prayer Group (RR) All Fools' Day	Appointments Ed Davin 10:00 Exercise (DR) 10:45 Bible Study (RR) 1:30 Basket Making w/Jack (AR) 3:00 Bingo (RR) 5:30 Ed Davin (DR)	Shopping 3 10:00 Good Morning Stretch & Workout (DR) 11:00 Catholic Service (RR) 11:30 Safeway (LB) 2:00 Art Class w/ Juliee (AR) Anyone can paint (that's you) (AR) 3:00 Bingo (RR)	Appointments 4 10:00 Chair Yoga w/ Kiki (DR) 12:30 Pet Visit, Poppy & Taylor (LB) 1:00 Crochet Club Meets (AR) 1:30 Worship Service by Golden Hills Church (RR 2:00 Mexican Train (AR) 3:00 Bingo, Resident Led (RR)	Happy Hour! 5 10:00 Move It or Lose It (DR) 1:00 Guinness & Shiloh Pet Therapy Dogs (LB) 1:30 Stories of Inspiration (RR) 3:00 Happy Hour (DR) Jim Kennedy & Band	10:00 Move & Groove to Music w/ Helen (Exercise Class) (DR) 1:30 Arts & Crafts (AR) 1:30 Movie Matinee 3:00 Bingo (RR) Resident Led
	Church Schedule Available 8:30 Golden Hills Church (LB) 8:30 IHM Catholic Service (LB) 9:00 Pet Visits with Nan & Clan! 1:00 Victory Baptist (RR) 2:00 Scenic Drive (LB) 3:00 Bingo (RR)	10:00 Good Morning Stretch & Workout (DR) 10:45 Daily News/ Trivia (DR) 1:00 Bridge (CR) 1:30 Movie (TR) 3:00 Bingo (RR) 5:45 Prayer Group (RR	10:45 Bible Study (RR) 1:30 Food for Thought (DR)	Shopping 10 10:00 Good Morning Stretch & Workout (DR) 11:00 Catholic Service (RR) 11:30 Safeway (LB) 1:30 Basket Making w/Jack (AR) 1:00 Movie (TR) 3:00 Bingo (RR)	Appointments 11 10:00 Chair Yoga w/ Kiki (DR) 1:00 Crochet Club Meets (AR) 1:30 Worship Service by Golden Hills Church (RR) 2: Mexican Train (AR) 3:00 Bingo, Resident Led (RR)	Spring Fashion Show12 10:00 Martha Berry's 3 rd grade class KreySchool (DR) 1:00 Guinness & Shiloh 3:00 Fashion Show (DR) Don't miss our very own HS interns modeling their beautiful gowns. There will be some surprise models! Must See! Music w/JD & Friends	13 10:00 Move & Groove to Music w/ Helen (Exercise Class) (DR) 1:30 Arts & Crafts (AR) 1:30 Movie Matinee 3:00 Bingo (RR) Resident Led
	8:30 Golden Hills Church (LB) 8:30 IHM Catholic Service (LB) 9:00 Pet Visits with Nan & Clan! 1:00 Victory Baptist (RR) 2:00 Scenic Drive (LB) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4)	15 10:00 Good Morning Stretch & Workout (DR) 10:45 Daily News/ Trivia (DR) 1:00 Bridge (CR) 1:00 Movie (TR) 1:30 Ladies High Tea (AR) 3:00 Bingo (RR) 5:45 Prayer Group (RR	10:00 Exercise (DR)	Shopping 17 10:00 Good Morning Stretch & Workout (DR) 11:00 Catholic Service (RR) 11:30 Safeway (LB) 2:00 Art Class w/ Juliee (AR) Anyone can paint (that's you) (AR 3:00 Bingo (RR)	Appointments Ed Davin 10:00 Chair Yoga w/ Kiki (DR) 11:00 Michell's Vintage clothing(LB) 12:30 Pet Visit, Poppy & Taylor (LB) 1:00 Crochet Club Meets (AR) 1:30 Golden Hills Church (RR) 3:00 Ballroom Dancing (DR) Come and watch two great dancers.	10:00 Move It or Lose It (DR) 1:00 Guinness & Shiloh Pet Therapy Dogs (LB) 1:30 Stories of Inspiration (RR) 3:00 Happy Hour (DR) w/Muzeke	Easter Extravaganza 20 10:00 Move & Groove to Music w/ Helen (Exercise Class) (DR) 1:00 Movie Matinee 2:00-4:00 Easter Fun! Petting Zoo, Bounce House, Crafts & Huge Easter Egg Hunt
	Happy Easter 21 Church Schedule Available 8:30 Golden Hills Church (LB) 8:30 IHM Catholic Service (LB) 9:00 Pet Visits with Nan & Clan! 1:00 Victory Baptist (RR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4)	10:00 Good Morning Stretch & Workout (DR) 10:45 Daily News/ Trivia (DR) 1:00 Movie (TR) 1:00 Bridge (CR) 3:00 Bingo (RR) 5:45 Prayer Group (RR	Ice cream Social 10:00 Exercise (DR) 10:45 Bible Study (RR)	Shopping 24 10:00 Good Morning Stretch 10:30 Confession 11:00 Catholic Service (RR) 11:30 Safeway (LB) 1:30 Basket Making w/Jack (AR) 3:00 Bingo (RR) Resident Led 6:00 Dementia Support Group Get support and learn more about the disease of "Dementia" (RR)	Appointments 25 10:00 Chair Yoga w/ Kiki (DR) 1:00 Crochet Club Meets (AR) 1:30 Worship Service by Golden Hills Church (RR) 2:00 Mexican Train (AR) 3:00 Bingo, Resident Led (RR)	Happy Hour! 26 10:00 Move It or Lose It (DR) 1:00 Guinness & Shiloh Pet Therapy Dogs (LB) 1:30 Stories of Inspiration (RR) 3:00 Happy Hour (DR)	
	Easter Sunday Church Schedule Available 8:30 Golden Hills Church (LB) 9:00 Pet Visits with Nan & Clan! 1:00 Victory Baptist (RR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4)	10:00 Good Morning Stretch & Workout (DR) 10:45 Daily News/ Trivia (DR) 1:00 Movie (TR) 1:00 Bridge (CR) 3:00 Bingo (RR)	Appointments 30 10:00 Exercise (DR) 10:45 Bible Study (RR) 1:30 Basket Making w/Jack (AR) 3:00 Ballroom Dancing	April 2019 Westmont of Brentwood			
	Westment of Pr	5:45 Prayer Group (RR	be Muir Plant				
	Westmont of Brentwood 450 John Muir Pkwy, CA 94513 PH 925-516-8006 Fax -25-516-8506						