


April 2019
Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 April Gazette & IQ [TVL] 1 9:45 About April Fools' Day [TVL] 10:00 Fact or Foolery [TVL] 10:00 CC Vendor-Burrito Man [DR] 10:45 April Fools' Day Puzzles [TVL] 1:15 LL BINGO 3:30 CC One on One 6:00 LL Poker Night	9:30 PE Chair Yoga 2 10:30 Computer Learning [L] 12:30 LL Music by Lois [TVL] 1:15 LL Manicures *First Come, First Serve* 3:00 PE Bowling with Cody [TVL]	9:30 PE Get Fit with Optimal [TVL] 3 10:30 SS Laughter Therapy 11:00 Lets Create! [AR] 1:15 LL BINGO 2:30 SS Catholic Mass 3:00 CC One on One 5:00 LL Board Games [AR]	9:30 PE Tai Chi 4 10:00 CE Current Events 10:00 SS Nondenominational Services 10:30 CE Brain Teasers [TVL] 1:15 Sip'n Paint [AR] 6:00 Poker Night [AR]	9:30 PE Musical Exercise [TVL] 5 9:30 SS Rosary Recitation 10:00 CE Weekly Chronicles [TVL] 10:45 Puzzle Perfect [AR] 12:30 LL Music by Lois [TVL] 1:00 LL BINGO 2:30 LL HAPPY HOUR 5:00 Movie and Popcorn [TVL]	9:30 LL Morning Chat [TVL] 6 10:00 CE Saturday Trivia [TVL] 10:45 Mad Science [AR] 1:15 AE DIY Day *Hand Scrubs* [AR] 2:30 SS New Life Church 2:45 AE Jewelry Making	
	9:30 SS Morning Meditations [C] 7 10:00 CC TED Talks [TVL] 10:45 SS Catholic Gatherings [C] 11:00 CE Sharing Short Stories 1:15 PE Wii Bowling [TVL] 2:15 LL Sunday Dessert Time [TVL]	Grab'N'Go (Beltran's)!! 8 9:30 PE Chair Pilates [TVL] 10:00 CC Vendor-Burrito Man [DR] 10:45 Baking Bones [GR] 1:15 LL BINGO 3:30 CC One on One 6:00 LL Poker Night	9:30 CE Coffee Talk with Optimal 9 10:30 Letters to Veterans [AR] 11:00 VNA Podiatry 12:30 LL Music by Lois [TVL] 1:15 LL Manicures *First Come, First Serve* 2:00 CC Men's Group [GR] 3:00 PE Bowling with Cody [TVL]	9:30 PE Get Fit with Optimal [TVL] 10 10:30 SS Laughter Therapy 11:00 CC Chef Chat 1:30 CC Resident Council 2:30 LL BINGO 2:30 SS Catholic Mass 3:00 CC One on One 5:00 LL Board Games [AR]	9:30 PE Tai Chi 11 10:00 CE Current Events 10:30 Indoor Gardening [AR] 1:15 Massage Therapy [AR] 2:45 Let's Get Crafty [AR] 6:00 Poker Night [AR]	9:30 PE Musical Exercise [TVL] 12 9:30 SS Rosary Recitation 10:00 CE Weekly Chronicles [TVL] 10:45 LL BINGO 12:30 LL Music by Lois [TVL] 2:30 LL HAPPY HOUR 5:00 Movie and Popcorn [TVL]	9:30 LL Morning Chat [TVL] 13 10:00 CE Saturday Trivia [TVL] 10:45 LL BINGO [AR] 1:15 Plant Appreciation Day! [TVL] 2:30 SS New Life Church 2:45 AE Jewelry Making
	9:30 SS Morning Meditations [C] 14 10:00 CE Letters to NGH Staff [AR] 10:45 SS Catholic Gatherings [C] 11:00 AE Artistic Moments [AR] 1:15 PE Wii Tennis 2:15 AE Adult Coloring [AR]	9:30 PE Chair Pilates 15 10:00 CC Vendor-Burrito Man [DR] 10:45 CE Travels with Toni 1:15 LL BINGO 3:30 CC One on One 6:00 LL Poker Night	9:30 PE Chair Yoga 16 10:30 Computer Learning [L] 12:30 LL Music by Lois [TVL] 1:15 LL Manicures *First Come, First Serve* 3:00 PE Bowling with Cody [TVL]	9:30 PE Get Fit with Optimal [TVL] 17 10:30 SS Laughter Therapy 11:00 Do It Yourself *Shower Melts* [AR] 1:15 LL BINGO 2:30 SS Catholic Mass 3:00 CC One on One 5:00 LL Board Games [AR]	9:30 PE Tai Chi 18 10:00 CE Current Events 10:00 SS Nondenominational Services 10:30 Creative Kitchen [GR] 12:00 CC Veteran's Lunch 2:00 CC Activity Planning Meeting [AR] 6:00 Poker Night [AR]	9:30 PE Musical Exercise [TVL] 19 9:30 SS Rosary Recitation 10:00 CE Weekly Chronicles [TVL] 10:45 Egg-Citing Potato Stamping [AR] 12:30 LL Music by Lois [TVL] 1:00 LL BINGO 2:00 Stations of the Cross [C] 2:30 LL Yesteryears B-Day Bash 5:00 Movie and Popcorn [TVL]	9:30 LL Morning Chat [TVL] 20 10:00 CE Saturday Trivia [TVL] 10:45 TED Talks [TVL] 1:15 Happy Birthday, Fenway Park! [TVL] 2:30 SS New Life Church 2:45 AE Jewelry Making
	Easter 21 9:30 SS Egg Coloring [AR] 10:30 CC Hiding Eggs! [AR] 10:45 SS Catholic Gatherings [C] 11:00 CC Easter Family Buffet! [DR] 2:00 LL NGH Easter Egg Hunt [CY] 3:30 AE Adult Coloring [AR]	9:30 Celebrating Earth Day [TVL] 22 10:00 CC Vendor-Burrito Man [DR] 10:15 Self-Watering Planter [AR] 1:15 LL BINGO 3:30 CC One on One 6:00 LL Poker Night	9:30 PE Chair Yoga 23 10:30 LL Manicures *First Come, First Serve* 12:30 LL Music by Lois [TVL] 1:00 Afternoon Movie & Snacks!! [TVL] 3:00 PE Bowling with Cody [TVL]	9:30 PE Get Fit with Optimal [TVL] 24 10:30 SS Laughter Therapy 11:00 Kindness Rock Project [AR] 1:15 LL BINGO 2:30 SS Catholic Mass 3:00 CC One on One 5:00 LL Board Games [AR]	9:30 PE Tai Chi 25 10:00 CE Current Events 10:30 Indoor Gardening [AR] 1:30 Taste Testing *Wine* [AR] 3:00 Massage Therapy [AR] 6:00 Poker Night [AR]	9:30 SS Rosary Recitation 26 9:30 Tree-Mendous Trivia [TVL] 10:15 Forest Funnies [TVL] 10:45 LL BINGO 12:30 LL Music by Lois [TVL] 2:30 LL HAPPY HOUR 5:00 Movie and Popcorn [TVL]	9:30 LL Morning Chat [TVL] 27 10:00 CE Weekly Chronicles [TVL] 10:45 BINGO [AR] 1:15 Sense of Smell Day! [TVL] 2:30 SS New Life Church 2:45 AE Jewelry Making
9:30 SS Morning Meditations [C] 28 10:00 CE TED Talks [TVL] 10:45 SS Catholic Gatherings [C] 11:00 CE Star of the Month [TVL] 1:15 PE Wii Tennis 2:15 LL Sunday Ice-Cream Social [AR]	9:30 PE Chair Pilates 29 10:00 CC Vendor-Burrito Man [DR] 10:45 Rhyming Middle Day [TVL] 1:15 LL BINGO 3:30 CC One on One 6:00 LL Poker Night	9:30 PE Chair Yoga 30 10:30 Getting to Know You [AR] 12:30 LL Music by Lois [TVL] 1:15 LL Manicures *First Come, First Serve* 3:00 PE Bowling with Cody [TVL]	<div>11475 Pearl Street Northglenn, CO 80233 303-452-0501</div> <div>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</div> <div>Location Keys Activtiy Room AR Chapel C Court Yard CY Dining Room DR Game Room GR Library L TV Lounge TVL</div>				