

April 2019

Village

at belmar

Monarch House Event Calendar



Our Mission:

*It is our passion and privilege to provide an
elevated quality of life for those we serve through
Meaningful Connections with residents, families, friends and associates.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>Color Key</div> <div> <div></div>Special Events at Belmar <div></div>Off Campus Programs <div></div>Exercise Programs </div> </div>	<div>1</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 Bingo!</div> <div>11:30 Lunch and Bowling</div> <div>2:30 Yoga Class</div> <div>3:45 Monarch Fitness Group</div> <div>4:30 Pet Visit With Mavis</div> <div>6:00 Monday Musical</div>	<div>2</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Brain Fitness</div> <div>11:00 Morning Refreshments</div> <div>11:30 April Crossword</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:45 Painting With Olga</div> <div>3:30 Dancing With Rosie</div> <div>4:00 Sing a Longs</div>	<div>3</div> <div>10:30 Sit And Be Fit</div> <div>11:00 What's In The Bag</div> <div>11:00 Morning Refreshments</div> <div>11:30 Write the Story</div> <div>1:15 Chef's Demo</div> <div>2:30 Village Inn Pie</div> <div>2:30 Great British Baking: Pie</div> <div>4:00 Pet Visit With Mavis</div> <div>4:30 One On One Social Hour</div>	<div>4</div> <div>9:00 Scenic Drive</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 Family Feud with Toni</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Neighborhood Stroll</div> <div>3:30 Indoor Bowling</div> <div>6:00 Popcorn and a Movie</div>	<div>5</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 Brain Fitness</div> <div>1:30 Health and Wellness: Relaxation</div> <div>1:30 Out for Groceries</div> <div>3:30 Giant Jenga</div> <div>4:30 Aroma Therapy</div> <div>6:00 Friday Funnies</div>	<div>6</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Trivia: April</div> <div>11:30 Bingo!</div> <div>2:30 Baking with Amber</div> <div>3:30 Garden Club</div> <div>4:30 Music Therapy</div>
	<div>7</div> <div>9:30 Catholic Church</div> <div>9:30 IN2L Sermon</div> <div>11:15 Sit And Be Fit</div> <div>11:30 Morning Refreshments</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Documentary</div> <div>3:30 Spa Manicures</div> <div>4:00 Songs of Faith</div>	<div>8</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:00 Music Trivia:50's</div> <div>11:30 Bingo!</div> <div>1:30 Health and Wellness: Relaxation</div> <div>1:30 Out to the Movies</div> <div>2:30 Yoga Class</div> <div>3:30 The Carol Burnet Show</div> <div>4:30 Pet Visit With Mavis</div> <div>6:00 Monday Musical</div>	<div>9</div> <div>10:30 Sit and Be Fit</div> <div>11:00 Brain Fitness</div> <div>11:00 Morning Refreshments</div> <div>11:30 Wheel of Fortune</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:00 Active Minds: Railroads</div> <div>2:30 Singing with Roz Brown</div> <div>3:30 Dancing With Rosie</div> <div>4:00 Sing a Longs</div>	<div>10</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Good News!</div> <div>11:00 Morning Refreshments</div> <div>11:30 Game Of Expressions</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Savers Club</div> <div>3:30 Giant Yahtzee</div> <div>4:00 Pet Visit With Mavis</div> <div>4:30 One On One Social Hour</div>	<div>11</div> <div>9:00 Scenic Drive</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 Family Feud with Toni</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Indoor Bowling</div> <div>3:00 Sundae Bar</div> <div>6:00 Popcorn and a Movie</div>	<div>12</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 Brain Fitness</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Crafting with Olga</div> <div>3:30 Giant Jenga</div> <div>4:30 Aroma Therapy</div> <div>6:00 Friday Funnies</div>
	<div>14</div> <div>9:30 Mile High</div> <div>9:30 IN2L Sermon</div> <div>11:15 Sit And Be Fit</div> <div>11:30 Morning Refreshments</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Documentary</div> <div>3:30 Spa Manicures</div> <div>4:00 Songs of Faith</div>	<div>15</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:00 Music Trivia: 70's</div> <div>11:30 Bingo!</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Yoga Class</div> <div>4:00 Pet Visit With Mavis</div> <div>6:00 Monday Musical</div>	<div>16</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Brain Fitness</div> <div>11:00 Morning Refreshments</div> <div>11:30 The Price Is Right</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Painting With Olga</div> <div>3:30 Dancing with Rosie</div> <div>4:00 Sing a Longs</div>	<div>17</div> <div>10:30 Sit And Be Fit</div> <div>11:00 What's In The Bag</div> <div>11:00 Morning Refreshments</div> <div>11:30 Spring Crossword</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Flower Arranging</div> <div>3:30 Ring Toss</div> <div>4:00 Pet Visit With Mavis</div> <div>4:30 One On One Social Hour</div>	<div>18</div> <div>9:00 Scenic Drive</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Word Games</div> <div>11:30 Out To Lunch</div> <div>Casa Bonita</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Neighborhood Stroll</div> <div>3:30 Indoor Bowling</div> <div>6:00 Popcorn and a Movie</div>	<div>19</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 Classic Comedies</div> <div>11:30 Fast Food Friday</div> <div>1:30 Health and Wellness: Relaxation</div> <div>3:30 Giant Jenga</div> <div>4:30 Aroma Therapy</div> <div>6:00 Friday Funnies</div>
<div>21</div> <div>9:30 IN2L Sermon</div> <div>11:15 Sit And Be Fit</div> <div>11:30 Morning Refreshments</div> <div>1:30 Health and Wellness: Relaxation</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Documentary</div> <div>3:30 Spa Manicures</div> <div>4:00 Songs of Faith</div>	<div>22</div> <div>10:00 Out For Donuts</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Donuts in the Courtyards</div> <div>11:30 Men's Luncheon</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:00 Rocky Mountain Arsenal</div> <div>2:30 Yoga Class</div> <div>4:30 Pet Visit With Mavis</div> <div>6:00 Monday Musical</div>	<div>23</div> <div>10:30 Sit and Be Fit</div> <div>11:00 Brain Fitness</div> <div>11:00 Morning Refreshments</div> <div>11:30 Around the House</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Singing with Roz Brown</div> <div>3:45 Popcorn and a Movie</div>	<div>24</div> <div>11:00 Sit And Be Fit</div> <div>11:30 National Parks</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Movie Matinee : "007 Dr. No"</div> <div>4:30 One On One Social Hour</div>	<div>25</div> <div>9:00 Scenic Drive</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 Family Feud With Toni</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Neighborhood Stroll</div> <div>3:30 Indoor Bowling</div> <div>6:00 Popcorn and a Movie</div>	<div>26</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>2:30 Craft with Olga</div> <div>3:30 Giant Jenga</div> <div>4:30 Aroma Therapy</div> <div>6:00 Friday Funnies</div>	<div>27</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Trivia: New York</div> <div>11:30 Bingo!</div> <div>2:30 Baking with Amber</div> <div>3:30 Happy Hour</div> <div>4:30 Music Therapy</div>
<div>28</div> <div>9:30 IN2L Sermon</div> <div>10:00 Mile High Youth Group</div> <div>11:15 Sit And Be Fit</div> <div>11:30 Morning Refreshments</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:30 Documentary</div> <div>3:30 Spa Manicures</div> <div>4:00 Songs of Faith</div>	<div>29</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Bingo!</div> <div>11:00 Morning Refreshments</div> <div>11:00 Resident Council</div> <div>11:30 Out to Lunch: Dinos</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:45 Coupon Clipping Group</div> <div>2:30 Yoga Class</div> <div>4:30 Pet Visit With Mavis</div> <div>6:00 Monday Musicals</div>	<div>30</div> <div>10:30 Sit and Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:00 Trivia: Which Hand is it></div> <div>11:30 What's Missing?</div> <div>1:30 Health and Wellness: Relaxation</div> <div>2:45 Painting With Olga</div> <div>3:30 Dancing With Rosemary</div> <div>4:00 Birthday Celebration</div> <div>4:30 Aroma Therapy</div>	<div> <div>April 2019</div> <div>Monarch House</div> </div>			<div> <div> <div></div> <div>Please Note:</div> <div>All programming is subject to change based on weather, needs of residents, etc.</div> </div> <div> </div> </div>