

April 2019  
**Village**  
at belmar



La Loma Mexican Restaurant



**Our Mission:**

*It is our passion and privilege to provide an elevated quality of life for those we serve through Meaningful Connections with residents, families, friends and associates.*

Independent Living  
Event Calendar



Ladies' Luncheon with  
Guest of Honor Jimmy Howard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																							
<p><b>Color Key</b></p> <ul style="list-style-type: none"> <li>■ Ongoing Onsite Events</li> <li>■ Special Events Onsite</li> <li>■ Off-Site Events</li> <li>■ Fitness Classes Onsite</li> <li>* Sign up w/Concierge</li> </ul>	<p><b>1</b></p> <p>10:00 Recliner Pilates—CH</p> <p>1:00 Grocery Shuttle*</p> <p>3:00 Mexican Train—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>2</b></p> <p>10:00 Life Enrichment Meeting—CH</p> <p>12:00 Bon Voyage Party-CH</p> <p>2:30 Holland River Cruise Departure*</p> <p>3:00 Pinochle—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>3</b></p> <p>10:00 Chair Pilates—CH</p> <p>11:00 Stamp Collector's Club—CH</p> <p>12:00 Lunch &amp; Shopping Denver Premium Outlets*</p> <p>2:00 Canasta—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>4</b></p> <p>10:30 Tai Chi—CH</p> <p>12:45 Haystack Goat Cheese Tour &amp; Tasting*</p> <p>4:00 Crochet Club—CH</p> <p>5:15 Chamber Music Rockley Center*</p> <p>7:00 Hollywood Cinema-TR</p>	<p><b>5</b></p> <p>8:30 Aqua Fitness*</p> <p>10:00 Strength &amp; Cardio-CH</p> <p>11:30 Brain Fit: Sing—CH</p> <p>2:00 Garden Group Meeting—CH</p> <p>4:00 Happy Hour—VB</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>6</b></p> <p>8:40 Walk with a Doc*</p> <p>11:30 Tai Chi—CH</p> <p>2:00 Smithsonian Doc:-TR</p> <p><i>Amazing Destinations</i></p> <p>7:00 Shared Movie Night-TR</p>																							
<p><b>7</b></p> <p>8:30 Church Shuttle 1*</p> <p>9:30 Church Shuttle 2*</p> <p>1:15 Leonardo da Vinci: 500 Years of Genius*</p> <p>7:00 Classic Movie Night-TR</p>	<p><b>8</b></p> <p>8:30 Aqua Fitness*</p> <p>10:00 Recliner Pilates—CH</p> <p>11:00 5 Scam Red Flags*-CH</p> <p>1:00 Grocery Shuttle*</p> <p>3:00 Mexican Train—CH</p> <p>6:00 Caregiver Support Group*- DR</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>9</b></p> <p>10:00 Mat Pilates—CH</p> <p>11:15 Fitness Room Orientation—FR</p> <p>1:00 Brain Fit: Color—CH</p> <p>3:00 Pinochle—CH</p> <p>6:00 Alamo Movie Party: Clue*</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>10</b></p> <p>10:00 Chair Pilates—CH</p> <p>11:00 Investors Discussion Group—TR</p> <p>2:00 VAB Book Club—TR</p> <p>2:00 Canasta—CH</p> <p>4:00 Wine Down Wednesday</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>11</b></p> <p>9:30 Out to Breakfast: Waffle Brothers*</p> <p>10:30 Tai Chi—CH</p> <p>1:00 Doc &amp; Discussion: <i>Period. End of Sentence</i>—TR</p> <p>4:00 Crochet Club—CH</p> <p>7:00 Hollywood Cinema-TR</p>	<p><b>12</b></p> <p>8:30 Aqua Fitness*</p> <p>10:00 Strength &amp; Cardio-CH</p> <p>11:30 Brain Fit: Sing—CH</p> <p>3:00 Film Discussion Group—TR</p> <p>4:00 Happy Hour—VB</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>13</b></p> <p>10:00 Aces Bridge Club-CH</p> <p>12:40 Belmar Library: Spring Craft*</p> <p>7:00 Shared Movie Night-TR</p>																							
<p><b>14</b></p> <p>8:30 Church Shuttle 1*</p> <p>9:30 Church Shuttle 2*</p> <p>1:00 Miner's Alley Playhouse Presents: <i>Our Town</i>*</p> <p>7:00 Classic Movie Night-TR</p>	<p><b>15</b></p> <p>8:30 Aqua Fitness*</p> <p>10:00 Recliner Pilates—CH</p> <p>1:00 Grocery Shuttle*</p> <p>3:00 Mexican Train—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>16</b></p> <p>10:00 Mat Pilates—CH</p> <p>10:00 Day Trip: Poudre Canyon Drive &amp; Fish Hatchery*</p> <p>3:00 Pinochle—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>17</b></p> <p>9:00 Blood Pressure Clinic-CH</p> <p>10:00 Chair Pilates—CH</p> <p>12:20 American Museum of Western Art*</p> <p>2:00 Canasta—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>18</b></p> <p>10:00 Fitness Room Orientation—FR</p> <p>1:00 Easter Egg Dyeing Party!*-CH</p> <p>4:00 Crochet Club—CH</p> <p>6:30 Lakewood Symphony*</p> <p>7:00 Hollywood Cinema-TR</p>	<p><b>19</b></p> <p>8:30 Aqua Fitness*</p> <p>10:00 Strength &amp; Cardio-CH</p> <p>11:30 Brain Fit: Sing—CH</p> <p>2:00 Infinity Health Presents: Ask a PT* - CH</p> <p>4:00 Happy Hour with Gary White—VB</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>20</b></p> <p>11:30 Springtime in Paris French Buffet*- VG</p> <p>2:00 Smithsonian Doc: <i>WWII: Final Days</i>-TR</p> <p>7:00 Shared Movie Night-TR</p>																							
<p><b>21</b></p> <p>8:30 Church Shuttle 1*</p> <p>9:30 Church Shuttle 2*</p> <p>11:30 Easter Brunch—VG</p> <p>7:00 Classic Movie Night-TR</p> <p><b>Happy Easter!</b></p>	<p><b>22</b></p> <p>8:30 Aqua Fitness*</p> <p>10:00 Recliner Pilates—CH</p> <p>1:00 Grocery Shuttle*</p> <p>3:00 Mexican Train—CH</p> <p>4:00 Caregiver Support Group*- DR</p> <p>4:00 Champagne Birthday Celebration—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>23</b></p> <p>8:30 Hiking Club: Addenbrooke Park*</p> <p>10:00 Mat Pilates—CH</p> <p>1:00 Brain Fit: Trivia—CH</p> <p>2:00 Active Minds: Climate Change-TR</p> <p>3:00 Pinochle—CH</p> <p>4:00 Wine Tasting*—PDR</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>24</b></p> <p>10:00 Chair Pilates—CH</p> <p>11:00 Arvada Center Presents: <i>Trav'lin</i>*</p> <p>2:00 Canasta—VB</p> <p>2:30 Chef's Demo—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>25</b></p> <p>10:30 Tai Chi—CH</p> <p>12:30 Mizel Museum*</p> <p>4:00 Crochet Club—CH</p> <p>5:00 Out to Dinner: Manning's Steaks*</p> <p>7:00 Hollywood Cinema-TR</p>	<p><b>26</b></p> <p>8:30 Aqua Fitness*</p> <p>10:00 Strength &amp; Cardio-CH</p> <p>11:30 Brain Fit: Sing—CH</p> <p>2:00 Mary Carlson: <i>4 Years As An Ex-Pat Wife</i>—TR</p> <p>3:00 Film Discussion Group—TR</p> <p>4:00 Happy Hour—VB</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>27</b></p> <p>10:00 Aces Bridge Club-CH</p> <p>11:30 Tai Chi—CH</p> <p>2:30 Spring Tea Garden Party* - OP</p> <p>7:00 Shared Movie Night-TR</p>																							
<p><b>28</b></p> <p>8:30 Church Shuttle 1*</p> <p>9:30 Church Shuttle 2*</p> <p>12:00 Brunch Performer: Bryson Richard—VG</p> <p>4:00 Cocktails &amp; Crafts*-CH</p> <p>7:00 Classic Movie Night-TR</p>	<p><b>29</b></p> <p>8:30 Aqua Fitness*</p> <p>10:00 Recliner Pilates—CH</p> <p>1:00 Grocery Shuttle*</p> <p>3:00 Mexican Train—CH</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>30</b></p> <p>8:30 Hiking Club: Belmar Park*</p> <p>10:00 Mat Pilates—CH</p> <p>1:00 Brain Fit: Color—CH</p> <p>3:00 Pinochle—CH</p> <p>5:30 Dinner &amp; Bingo*</p> <p>7:00 Shared Movie Night-TR</p>	<p><b>Location Key</b></p> <table border="0"> <tr> <td>Concierge Desk</td> <td>CD</td> <td>Life Enrichment Room</td> <td>LER</td> <td>Pavilion Terrace</td> <td>PT</td> </tr> <tr> <td>Clubhouse</td> <td>CH</td> <td>Outdoor Patio</td> <td>OP</td> <td>Theater Room</td> <td>TR</td> </tr> <tr> <td>Fitness Room</td> <td>FR</td> <td>Private Dining Room</td> <td>PDR</td> <td>Village Bistro</td> <td>VB</td> </tr> <tr> <td>Grande Vista</td> <td>GV</td> <td>Putting Green</td> <td>PG</td> <td>Village Grille</td> <td>VG</td> </tr> </table>		Concierge Desk	CD	Life Enrichment Room	LER	Pavilion Terrace	PT	Clubhouse	CH	Outdoor Patio	OP	Theater Room	TR	Fitness Room	FR	Private Dining Room	PDR	Village Bistro	VB	Grande Vista	GV	Putting Green	PG	Village Grille	VG	<p><b>Happy Birthday!</b></p> <p>Gail Duhamel April 1st</p> <p>Diana Everhart April 3rd</p>
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\*\*All programming is subject to change based on weather, needs of residents, etc. \*\*