



Celebrating Resident Birthdays in April

- April 1 – Joan P.
- April 15 – Florence C.
- April 15 – Rosalie B.
- April 19 – Wilma H.
- April 23 – Judy S.
- April 27 – Jerry M.
- April 28 – Mary L.
- April 29 – Marilyn M.

Join us for a birthday celebration in the dining room on April 17th! All residents are welcome!



FRIENDS & FAMILY REFERRAL PROGRAM!

CHEF’S COOKING DEMONSTRATIONS

01

Men’s Club Luncheon with Guest Speaker on April 2nd.

02

Jazz Appreciation Month Celebration with Entertainment by Gene & Tonic on April 3rd.

03

Resident Birthday Party on April 17th.

04

Easter Family Brunch on April 20th.

RESIDENT INFORMATION

All sign-up sheets for outings, doctor visits, church outings, shopping trips, walking club, and more are found in the red binder in the Post Office. Please sign up in advance! Space is limited on some outings.

Any comments, suggestions, concerns, and compliments for the Resident Council to review can be placed in the suggestion box in the Post Office. These notes are read monthly at the council meetings with management. The minutes from the monthly Resident Council meetings are located on the board in the Post Office near the courtyard entry door. Residents are more than welcome to read the minutes, and the front desk will make copies.

The Community Social for the month of April will be on April 22nd. All residents are invited to join our department heads to discuss community ongoings and to answer any questions. Gina, our Executive Director, will also be available on Tuesdays and Thursdays in the conference room. Feel free to stop by!

Welcome Home to all of the new residents this month:
*Romaine Stoker, Apt 111
*Donna and Dale Beamish, Apt 122
*Rosalie Bagdol, Apt 147
We are very happy you are here! Please come to our New Resident Social on April 9th!

Please see Ariel, Life Enrichment Manager, with any important announcements for the newsletter!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

APRIL 2019



42600 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-7100
Facebook: /WaltonwoodCherryHill



SPRING HAS SPRUNG

April may bring showers, but the month also brings April Fool’s Day, the Detroit Tigers Opening Day, National Pet Day, Easter, Passover, Earth Day, and more!

Since April is known as National Jazz Appreciation Month, we have two different bands coming to perform! Our first musical guest, Gene and Tonic, will be here on April 3rd at 1:30pm. Later in the month, we will have Rob Crozier and his duo on April 26th at 2:00pm. You do not want to miss these groups! As an outing, we are going to Cliff Bell’s, a restaurant in Detroit, that will be featuring a jazz trio on April 5th.

We have quite a few speakers coming to present this month. First, we invited Dennis Clotworthy, who worked as the last bat boy for Al Kaline. He has several fond memories of working with the Tigers to share with us on April 5th! After, Silver Sneakers will present on April 12th about the importance of taking small steps towards better health. Then, for Earth Day, Green Living Science will be here on April 23rd to educate us on recycling and “going green”!

Easter is also around the corner, which means an Egg Hunt on the 17th, and a family Easter Brunch on the 20th!

To end the festivities this month, the traveling Liberace show will entertain us on April 29th!

There is so much fun to be had this month around the community! Happy Spring!

COMMUNITY MANAGEMENT

- Gina Steigerwald
Executive Director
- Deanna Hite
Business Office Manager
- Renee Ralsky
Marketing Manager
- Jolene Maples
Move In Coordinator
- Kara Triplett
Culinary Services Manager
- April Marcotte
Independent Living Manager
- Ariel Starr
Independent Living Life Enrichment Manager
- Allison Bock
Assisted Living Life Enrichment Manager
- Candice Jones
Memory Care Life Enrichment Manager
- Monique Sartor
Resident Care Manager
- Tiffany Woodson
Wellness Coordinator
- Lindsay Orler
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

Independent Living Associate of the Month:
Imani Morris, Server

“Imani is always helping, especially when they are short on staff. She’s an asset!”

“Imani is a great worker. She is very caring, and always has a smile on her face!”

Congratulations Imani! We are so lucky to have you as part of our Cherry Hill team!

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



MARCH HIGHLIGHTS

01

Mardi Gras Party on March 5th. Here is Alicia B. dressed the part!

02

National Craft Month projects every Tuesday. Here is Phyllis S. with her embroidery project!



03

St. Patrick’s Day Party on March 16th. Here are Joyce R. and Jo F.!

04

Ron entertained us with a Bubble Show on March 20th for the first day of Spring! Here are Therese R. and Dee P., enjoying the show!



FOREVER FIT: THE POWER OF THE SUN

Well Spring is finally here and with it comes longer days, warmer temperatures, and plenty of sunshine. While there certainly may be reason to proceed cautiously and avoid overexposure to the sun’s rays, there are also plenty of reasons to step out side and take some of them in. When done in moderation, regular bouts of sun exposure have been shown to provide numerous benefits that can actually help enhance mood and overall wellbeing. Most people know that sunlight offers an abundance of vitamin D, but what most people don’t realize is that with just 10-15 minutes of sun exposure each day you can actually achieve the FDA recommended daily allowance of 1000 IU’s. Regular sunlight has also been shown to increase serotonin levels, a neurotransmitter often regarded as the chemical responsible for maintaining mood balance. By adding just a few minutes outside to your daily routine, you can help ward off some of the seasonal blues that tend to set in over the dark cold winter months. So, this April do yourself a huge favor, step outside take a deep breath and let the power of the sun go to work for you!

TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday. Please see the front desk receptionist to request a bus trip. We require at least a 24-hour advance notice, but of course, the earlier the better.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents will not be charged for mileage on group activity outings.

All sign up sheets for activity outings, walking group outings, community doctor visits, church outings, etc, can be found in the Red Binder in the Post Office. You must sign up by writing your name on the respective sheet.

In addition to the regularly scheduled outings found on the Life Enrichment Calendar, here are our special outings for the month of April:

- 4/5: Dinner Outing to Cliff Bell’s for dinner and Jazz Trio band
- 4/11: Sweet Afton Tea Room
- 4/18: Livonia Library Noontime Concert Series: Folk Band
- 4/24: Senior Day at the Detroit Zoo
- 4/25: Motawi Tile Works Tour, & Men’s ROMEO Club Dinner Outing

APRIL SPECIAL EVENTS

01

Men’s Club Luncheon on April 2nd with Guest Speaker, Bill, to talk about the Veteran’s Honor Flight!

02

Guest Speaker, Dennis Clotworthy, will be coming on April 5th to share stories from his time as a bat boy with the Detroit Tigers!

03

Easter Egg Hunt with Maybury Daycare on April 17th.

04

The traveling Liberace show will be here for our Wine and Cheese social on April 29th!



EXECUTIVE DIRECTOR CORNER

Hello Family, Friends and Residents of Cherry Hill!

Its hard to believe we are already a quarter of the way through 2019. Time sure does fly by! Spring is finally here which means the team is gearing up for all the exciting events coming up over the next several months. We’ve welcomed several new associates that share our vision of “Family” and we are thrilled to have them on board as we continue to make positive changes to the Cherry Hill experience. April will be a busy month as we move forward with our improvement efforts throughout the community, and start to bring the courtyards back to life so our residents can get outside and enjoy the beautiful Spring weather. We are looking forward to a lovely Easter brunch on April 20, and hope to see you all there!

Best Regards, Gina