


April 2019

Independent Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>CAP SANTE COURT — An Intimate Retirement Experience —</p>	<p>12:30 CC Bridge At the Senior Center 1</p> <p>12:30 CC Scrabble At the Senior Center</p> <p>1:30 PE Yoga</p> <p>3:00 Jeopardy</p> <p>6:00 Documentary on Asia</p> <p>6:00 LL Ice Cream Night</p>	<p>10:30 LL Bingo 2</p> <p>1:30 LL Safeway Shopping</p> <p>2:30 TED TALKS Animal Series</p> <p>6:00 CC Hitch Hikers Guide to The Galaxy & Popcorn</p>	<p>10:30 CC Flavored Coffee 3</p> <p>12:30 CC Double Deck Pinochle, Senior Center</p> <p>12:30 CC Partner Bridge At Senior Center</p> <p>1:00 CC Mexican Train At the Senior Center</p> <p>1:15 PE Yoga</p> <p>6:00 LL Wine Night</p>	<p>8:30 CC Cribbage At the Senior Center 4</p> <p>10:30 CC Safeway Shopping</p> <p>1:30 LL Bingo</p> <p>6:00 LL Movie & Popcorn</p>	<p>11:00 CE Brain Games 5</p> <p>12:30 CC Pinochle At the Senior Center</p> <p>1:30 PE Yoga</p> <p>2:30 CC Happy Hour</p>	<p>9:30 CC 9:30 Breakfast Club 6</p>
<p>9:00 LL Coffee with the Ladies 7</p> <p>10:30 Deep Breathing</p>	<p>12:30 CC Bridge At the Senior Center 8</p> <p>12:30 CC Scrabble At the Senior Center</p> <p>1:30 PE Yoga</p> <p>6:00 Documentary on Asia</p> <p>6:00 LL Ice Cream Night</p>	<p>10:30 LL Bingo 9</p> <p>1:30 LL Safeway Shopping</p> <p>2:30 TED TALKS Animal Series</p> <p>6:00 CC Movie & Popcorn</p>	<p>10:30 CC Flavored Coffee 10</p> <p>12:30 CC Double Deck Pinochle, Senior Center</p> <p>12:30 CC Partner Bridge At Senior Center</p> <p>1:00 CC Mexican Train At the Senior Center</p> <p>1:15 PE Yoga</p> <p>6:00 LL Wine Night</p>	<p>8:30 CC Cribbage At the Senior Center 11</p> <p>10:30 CC Safeway Shopping</p> <p>1:30 LL Bingo</p> <p>6:00 LL Movie & Popcorn</p>	<p>11:00 CE Brain Games 12</p> <p>12:30 CC Pinochle At the Senior Center</p> <p>1:30 PE Yoga</p> <p>2:30 CC Happy Hour</p>	<p>9:30 CC 9:30 Breakfast Club 13</p>
<p>9:00 LL Coffee with the Ladies 14</p> <p>10:30 Deep Breathing</p>	<p>12:30 CC Bridge At the Senior Center 15</p> <p>12:30 CC Scrabble At the Senior Center</p> <p>1:30 PE Yoga</p> <p>6:00 Documentary on Asia</p> <p>6:00 LL Ice Cream Night</p>	<p>10:30 LL Bingo 16</p> <p>1:30 LL Safeway Shopping</p> <p>2:30 TED TALKS Animal Series</p> <p>6:00 CC Movie & Popcorn</p>	<p>10:30 CC Flavored Coffee 17</p> <p>12:30 CC Double Deck Pinochle, Senior Center</p> <p>12:30 CC Partner Bridge At Senior Center</p> <p>1:00 CC Mexican Train At the Senior Center</p> <p>1:15 PE Yoga</p> <p>6:00 LL Wine Night</p>	<p>8:30 CC Cribbage At the Senior Center 18</p> <p>10:30 CC Safeway Shopping</p> <p>1:30 LL Bingo</p> <p>6:00 LL Movie & Popcorn</p>	<p>11:00 CE Brain Games 19</p> <p>12:30 CC Pinochle At the Senior Center</p> <p>1:30 PE Yoga</p> <p>2:30 CC Happy Hour</p>	<p>9:30 CC 9:30 Breakfast Club 20</p>
<p>9:00 LL Coffee with the Ladies 21</p> <p>10:30 Deep Breathing</p>	<p>12:30 CC Bridge At the Senior Center 22</p> <p>12:30 CC Scrabble At the Senior Center</p> <p>1:30 PE Yoga</p> <p>6:00 Documentary on Asia</p> <p>6:00 LL Ice Cream Night</p>	<p>10:30 LL Bingo 23</p> <p>1:30 LL Safeway Shopping</p> <p>2:30 TED TALKS Animal Series</p> <p>6:00 CC Movie & Popcorn</p>	<p>10:30 CC Flavored Coffee 24</p> <p>12:30 CC Double Deck Pinochle, Senior Center</p> <p>12:30 CC Partner Bridge At Senior Center</p> <p>1:00 CC Mexican Train At the Senior Center</p> <p>1:15 PE Yoga</p> <p>6:00 LL Wine Night</p>	<p>8:30 CC Cribbage At the Senior Center 25</p> <p>10:30 CC Safeway Shopping</p> <p>1:30 LL Bingo</p> <p>6:00 LL Movie & Popcorn</p>	<p>11:00 CE Brain Games 26</p> <p>12:30 CC Pinochle At the Senior Center</p> <p>1:30 PE Yoga</p> <p>2:30 CC Happy Hour</p>	<p>9:30 CC 9:30 Breakfast Club 27</p>
<p>9:00 LL Coffee with the Ladies 28</p> <p>10:30 Deep Breathing</p>	<p>12:30 CC Bridge At the Senior Center 29</p> <p>12:30 CC Scrabble At the Senior Center</p> <p>1:30 PE Yoga</p> <p>6:00 Documentary on Asia</p> <p>6:00 LL Ice Cream Night</p>	<p>10:30 LL Bingo 30</p> <p>1:30 LL Safeway Shopping</p> <p>2:30 TED TALKS Animal Series</p> <p>6:00 CC Movie & Popcorn</p>	<p>1111 32nd St. Anacortes, WA 98221 360-293-8088</p> <p>CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p>			