HIGHLAND OAKS HEALTH CENTER APRIL



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About	April Fools Day 9:00 KITCHEN-THEME SENSATIONS 9:15 EXERCISE GROUP L 10:00 HISTORY BUFFS / ART TALK K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE L 2:00 TRIVIA	9:00 NURSERY-THEME SENSATION 9:30 CHEF'S CIRCLE GG10:00 BINGO 011:00 CRENO'S K11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP MD 2:00 REMEMBER WHEN A 6:00 CAMERA CLUB	3 MR 9:00 MEN'S-THEME SENSATIONS V 9:15 EXERCISE GROUP A 10:00 EASTER CRAFT K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE JG 12:00 MEN'S GROUP S 2:00 RESIDENT COUNCIL	9:00 TOUCH-THEME SENSATION C10:00 COOKING CLUB K11:00 CROSSWORD K11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE GF 2:00 CHOW & CHAT GF 6:00 CARDS	9:00 LAUNDRY-THEME SENSATIONS V 9:15 EXERCISE GROUP GG10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE M 2:30 RON JACKSON M 3:00 HAPPY HOUR	9:00 GARDEN- THEME SENSATIONS 1 9:45 DEVOTIONS M 10:00 MUSIC ARTS K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE K 2:00 JACK POT
7 MIN 9:00 MUSIC- THEME SENSATIONS 10:00 PRICE IS RIGHT K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 MAIN STREET CHURCH OF CHRIST M 2:20 GOSPEL SINGING	9:00 KITCHEN-THEME SENSATIONS V 9:15 EXERCISE GROUP L 10:00 HISTORY BUFFS / ART TALK K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE M 2:00 TOM O'CONNER	9 9:00 WAL-MART MN 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE GC10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP S 2:00 INSPIRED LIVING GF 6:00 TABLE GAMES	MP 9:00 MEN'S-THEME SENSATIONS V 9:15 EXERCISE GROUP A 10:00 FOAM CRAFT K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE MP 2:00 ROOM TO ROOM SNACKS	9:00 TOUCH-THEME SENSATION V 10:00 RING TOSS K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE A 2:00 LIN'S GREETING CARDS GF 6:00 MONOPLY	MIN 9:00 LAUNDRY-THEME SENSATIONS V 9:15 EXERCISE GROUP GG10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE M 2:30 MUSIC CHOICE M 3:00 HAPPY HOUR	9:00 GARDEN- THEME SENSATIONS 1 9:45 DEVOTIONS L 10:00 WORLD TRAVELER K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE L 2:00 SLIDE SHOW / ARTS
MP 9:00 MUSIC- THEME SENSATIONS V 10:00 TARGET GOLF K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 UNITED METHODIST CHURCH OF PENNSVILLE M 2:20 GOSPEL SINGING	Tax Day P:00 KITCHEN-THEME SENSATIONS P:15 EXERCISE GROUP L 10:00 HISTORY BUFFS / ART TALK K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE M 2:00 T-N-T- MUSIC	MN 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE GG10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP A 2:00 EGG COLORING M 6:15 BILL & BARB	17 MR 9:00 MEN'S-THEME SENSATIONS V 9:15 EXERCISE GROUP L 10:00 CALENDAR PLANNING K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE JG 12:00 MEN'S GROUP A 2:00 VOLUNTEER GIFTS	9:00 TOUCH-THEME SENSATION K 10:00 LET'S MAKE A DEAL K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE 5 6:00 VOLUNTEER BANQUET	Passover Begins P:00 LAUNDRY-THEME SENSATIONS P:15 EXERCISE GROUP GG10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE GG 2:00 EGG HUNT/ HAPPY HOUR	9:00 GARDEN- THEME SENSATIONS 1 9:45 DEVOTIONS K 10:00 BLACKJACK K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE A 2:00 EASTER ART
Easter MN 9:00 MUSIC- THEME SENSATIONS K 10:00 EASTER JINGO K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 MEIGS CHURCH OF CHRIST M 2:20 GOSPEL SINGING	P:00 KITCHEN-THEME SENSATIONS P:15 EXERCISE GROUP L:10:00 HISTORY BUFFS / ART TALK K:11:00 WORD SEARCH K:11:15 DAILY CHRONICLE K: 2:00 ALL BOXED IN	O 8:00 COLUMBUS CONSERVATORY MN 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE GC10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP GF 6:00 CARDS	MP 9:00 MEN'S-THEME SENSATIONS 9:15 EXERCISE GROUP A 10:00 BUNNY COLORING K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE L 2:30 COUNTING BUNNIES	O 9:00 CARR CAKE AUCTION P:00 TOUCH-THEME SENSATION A 10:00 INDEPENDENT ADULT COLORING K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE GF 6:00 BOARD GAMES	P:00 LAUNDRY-THEME SENSATIONS P:15 EXERCISE GROUP GC10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE M 2:30 MUSIC CHOICE M 3:00 HAPPY HOUR	MIN 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS MIN 10:00 MOVIE K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE A 2:00 PAINTING CLASS
MP 9:00 MUSIC- THEME SENSATIONS V 10:00 AIM FOR THE HEART K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 NEELYSVILLE CHURCH OF CHRIST M 2:20 GOSPEL SINGING	9:00 KITCHEN-THEME SENSATIONS V 9:15 EXERCISE GROUP L 10:00 HISTORY BUFFS / ART TALK K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE V 2:00 TEDDY BEAR TOSS	30 MP 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE O 10:00 DOLLAR GENERAL GC10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP COMPUTER CLASS WITH LIN	THEME SENSATIONS DAILY	ACTIVITIES ARE SUBJECT TO CHANGE RC= RESIDENT COUNCIL T OF T = TASTE OF TOWN	4/2 Carol T 4/10 Donte W 4/15 Bertha S 4/17 Bea C 4/26 Mary W 4/27 Lula B 4/29 Terry B	4/25 T-O-T Donald's Donuts 7:00 a.m.

High	land	Oaks	Daily	Rhythm
APRI				



April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	Healthy Hands	Wildflower Tour Garden Beginnings Apple Streusel Bread Relax & Recharge A Rain Sticks I Like You GG Life on the Farm Healthy Hands Reminiscing Through Photos	W Batter Up K Matching Colors Coffee Raisin Bread Relax & Recharge A April Showers Print Singin' in the Rain GG Parachute Games Healthy Hands Shake Loose A Memory	V Spring Sing Along and Dance K Signs of Spring C Navy Bean Vegetable Soup Relax & Recharge A Spring Swirl Paint M Shake It Up, Baby! G Flip n' Chips Matching Game Healthy Hands Hangman	V Par 4 Golf Club K Spring Basket C Creamy Caramel Dip Relax & Recharge A Homemade Bird Feeder M Far-Out Disco Happy Hour C Com Hole Healthy Hands LifeShare Games	Ribbon Dance Penny Ante Amish Sugar Cookie Relax & Recharge A Floral Bottle Paint Fabulous Flowers Horse Racing Healthy Hands Old Time Theater
Sunday Stretch Opposites Reuben Spread Relax & Recharge Finger Print Dandelion Name That Croon Games We Played As Kids Healthy Hands A Time For Tea!	Healthy Hands	 Wildflower Tour Garden Beginnings Chocolate Chip Muffins Relax & Recharge Raindrop Collage I Like You Life on the Farm Healthy Hands Reminiscing Through Photos 	V Batter Up K Matching Colors C Pumpkin Bread Relax & Recharge Umbrella Door Hanger Singin' in the Rain G Parachute Games Healthy Hands S Shake Loose A Memory	V Spring Sing Along and Dance Signs of Spring Co Tomato Soup Relax & Recharge A Ink Dyed Coasters M Shake It Up, Baby! Go Flip n' Chips Matching Game Healthy Hands GF Hangman	V Par 4 Golf Club K Spring Basket Peanut Butter Bites Relax & Recharge A Sensory Bottle M Far-Out Disco Happy Hour Com Hole Healthy Hands LifeShare Games	V Ribbon Dance K Penny Ante C Peanut Butter Choc. Chip Cookies Relax & Recharge Ink Blot Psych Painting Fabulous Flowers G Horse Racing Healthy Hands
4	15 Tax Day	16	17	18	19 Passover Begins	20
V Sunday Stretch Opposites Cherry Cheesecake Dip Relax & Recharge String Easter Eggs Name That Croon Games We Played As Kids Healthy Hands F A Time For Tea!	Healthy Hands	Wildflower Tour Garden Beginnings Apple Pie Oatmeal Dessert Relax & Recharge Creative Storytelling I Like You GG Life on the Farm Healthy Hands Reminiscing Through Photos	W Batter Up Matching Colors Banana Wheat Bread Relax & Recharge DIY Seed Bombs Singin' in the Rain GC Parachute Games Healthy Hands GF Shake Loose A Memory	 Spring Sing Along and Dance Signs of Spring Slow Cooked Chili Relax & Recharge Garden Markers Shake It Up, Baby! Flip n' Chips Matching Game Healthy Hands Hangman 	 Par 4 Golf Club Spring Basket Matzah Relax & Recharge Matzah, Matzah, Matzah Cover Far-Out Disco Happy Hour Com Hole Healthy Hands LifeShare Games 	 Ribbon Dance Penny Ante Snickerdoodles Relax & Recharge Mod Mixed-Media Tree Fabulous Flowers Horse Racing Healthy Hands Old Time Theater
Easter	22 Earth Day	23	24	25	26	27
V Sunday Stretch C Opposites C Creamed Ham Dip Relax & Recharge Rice-and-Beans Easter Eggs Lift Your Voices Games We Played As Kids Healthy Hands F A Time For Tea!	Healthy Hands	Wildflower Tour Garden Beginnings Peanut Butter Cream Pie Relax & Recharge Creative Storytelling I Like You GG Life on the Farm Healthy Hands Reminiscing Through Photos	W Batter Up Matching Colors Sugar Cone Choc. Chip Cookies Relax & Recharge A Favorite Things Collage M Singin' in the Rain GG Parachute Games Healthy Hands GF Shake Loose A Memory	 Spring Sing Along and Dance Signs of Spring Savory Beef Soup Relax & Recharge Egg Carton Flower Wreath Shake It Up, Baby! Flip n' Chips Matching Game Healthy Hands Hangman 	V Par 4 Golf Club Spring Basket Apple Kuchen Bars Relax & Recharge Artful Tree Rubbing Far-Out Disco Happy Hour Com Hole Healthy Hands LifeShare Games	 Ribbon Dance Penny Ante Chewy Oatmeal Cookies Relax & Recharge Water Bottle Wind Spirals Fabulous Flowers Horse Racing Healthy Hands Old Time Theater
Sunday Stretch Opposites BLT Dip Relax & Recharge Pressed Flower Suncatcher Name That Croon Games We Played As Kids Healthy Hands F A Time For Tea!	Healthy Hands	Wildflower Tour Garden Beginnings Elvis' Pudding Cake Relax & Recharge DIY Fresh Flower Hair Bows I Like You GG Life on the Farm Healthy Hands Reminiscing Through Photos	Every morning (approx. times) 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refreshers 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep	Every afternoon: 12:45 Relax and Recharge 1:30 Connection:Reminisce 2:00 Artisan 3:00 Musical Celebration 3:30 Afternoon Refreshers 4:00 Connection: Group Games 4:30 Dinner Prep 4:45 Keeping it Sharp	6:00 Gathering of Friends 7:00 Nighttime Traditions	