

# BAYBERRY COMMONS NEWSLETTER



## FROM THE DESK OF THE ASSISTANT ADMINISTRATOR: JANIECE CROWE



Well, it's here! Welcome to Spring! It was quite the exciting winter with snow and ice that shut down Springfield, Eugene, and surrounding cities. We sure stayed warm and cozy in our little community of Bayberry. So, so thankful for staff and residents for their positive and can-do attitudes! I quite enjoyed watching snow fall with residents who stopped by the balcony overlook! While I enjoy the beauty of freshly fallen snow, I sure am looking forward to watching spring and the buds that burst

forth from the earth, perennials, and trees.

Don't forget, we have our own little spring/summer on Wednesdays when Arnold delivers flowers donated by Trader Joe's for our flower arranging activity. Join us or stop by to smell the flowers! No previous experience required!

Please join us, family & friends, in the Atrium, April 17th, for the Eugene Youth Ballet of Eugene Ballet Academy's Repertory Program entitled A Dancing Odyssey. The performance includes multiple short works, with a variety of dance styles and musical genres. From the romantic

classics, through the Big Band/Swing era and into modern and contemporary dance of today.

Also, on April 19th, we're having our Annual Easter Egg Hunt. And sign up at the front desk for our April 21st Easter Lunch! The cost is \$6/person and half of the proceeds will go to the Alzheimer's Association. We'd love your smiles and company!

Big love,

*Janiece*

**BAYBERRY COMMONS**  
ASSISTED LIVING & MEMORY CARE

2211 Laura Street, Springfield, Oregon 97477

Office: 541-744-7000 | Fax: 541-744-7999

[www.BayberryCommonsALF.com](http://www.BayberryCommonsALF.com) |  Check out our Facebook Page!

**APRIL 2019**

## April Activities

### **APRIL 2**

**1:30** Tracing Memories  
w/ Pani

### **APRIL 5**

**11:30** Prime Time  
Lunch Outing  
  
**2:30** Sing-A-Long  
w/Annadon

### **APRIL 6**

**2:30** Ice Cream Social  
w/Timothy Patrick

### **APRIL 12**

**2:30** Guitar w/Gordon

### **APRIL 13**

**10:30** Celebration  
Of Life-Tex

### **APRIL 13**

**2:30** Ice Cream Social  
w/Classic Country

### **APRIL 17**

**6:30** Eugene Youth  
Ballet Presents  
"A Dancing Odyssey"

### **APRIL 19**

**10:00** Easter Egg Hunt  
  
**1:30** Dollar Tree Shopping

### **APRIL 20**

**2:30** Ice Cream Social  
w/Parson's Creek  
Swing Band

### **APRIL 21**

**12:00** Easter Lunch

### **APRIL 23**

**2:30** Visit w/Shiloh & Fred

### **APRIL 25**

**10:30** Song Spinners

### **APRIL 26**

**2:30** Piano w/Gus

### **APRIL 27**

**2:30** Ice Cream Social  
w/Gary Waite

## **FEATURED RESIDENT: MARY ANNE K.**

Mary Anne has a son, daughter-in-law, four grandchildren, and two great-grandchildren. She is the eldest of three sisters and four brothers. She muses, "It was fun growing up in a big family, there's always something to talk about." Born on an elevator in Eugene, Oregon, her father would say, "You were anxious to get here!"



She had a lot to do! Throughout the years she had a wide array of jobs including crab picker, truck driver, choker setter, floral designer, model, and certified nursing assistant. However, it was her last job that was her favorite and the most proud of - tutoring and teaching children to read. Her inspiration to teach struggling readers was her son, who had hearing difficulties. It was the most gratifying because she found that her kids were absolutely unique when given their own growing space. While she taught them, they also taught her in return.

At 24, and responsible for a young son, she was in a devastating car accident by Loon Lake and was taken to a hospital in Coos Bay, Oregon. Doctors from San Francisco and Seattle came to assist in surgeries and reconstruction of her body and face. During the healing process she regained her individual senses at different times. At a clinic, where she was recovering, she'd pass a room that had bouquets and bouquets of fresh flowers. She would always wave and call out a greeting as she went by but one day was different; she could smell roses! She came into her friend's room and buried her face into a large bouquet - laughing and inhaling the fragrance of yellow roses in absolute wonderment! From that day on, as a kind gesture, her friend and friend's husband sent her a single rose to her hospital room every day. And each time she regained a sense, she exclaimed, "How much better can it get!"

She realizes it's this accident that literally reshaped her physically and buoyed her spiritually. It became the most fortunate adventure of her life, making her a more conscientious and empathetic person. She adds that she was fortunate to have a large, supportive family during this life changing experience. Upon reflecting on the accident, life experiences, and family, she says, "I can't imagine a better life."

Mary Anne moved to Bayberry in February and we're excited to be part of her life! - *by Janiece Crowe*



# LETTER FROM THE MEMORY CARE COORDINATOR: SARAH ASTBURY

## IMPORTANCE OF A POSITIVE ENVIRONMENT FOR OUR RESIDENTS

Alzheimer's disease and dementia can change how elders view their environment. Places and people they once knew may become unfamiliar and this can lead to stress, isolation and behaviors.

It helps elders with Alzheimer's disease and dementia to live in a place that has a consistent daily routine and is comfortable to them. Their surroundings should be familiar and should feel like home. Some items to help elders feel at home could be:

Furnishings from home such as their recliner or bed and perhaps some decorations or wall hangings.

Make their room easy to navigate, avoid any tripping hazards.

Hang photos of family or of themselves in their room.

Smaller dining areas like ours are helpful as well because it helps to cut down distractions and encourages conversation.

The size of our Memory Care community is ideal to make our residents feel safe, secure and at home. Feel free to stop by any time for a visit.

Hope to see you soon! *Sarah*



## Happy Birthday!

### Residents

Frances J.	4/3
Gloria K.	4/5
Virginia W.	4/12
Al F.	4/16
Lu V.	4/16

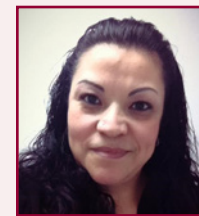
### Staff

Abigail H.	4/13
Robin Y.	4/16
Taylor H.	4/22
Scott B.	4/23
Markie M.	4/27
Lawrence T.	4/27

## Photo Highlights



## Employee of the Month



Residents and staff chose **Lulu O.** as the Employee of the Month because she

is always there for us and goes above and beyond to make sure we have what we need. She cares about all of the residents, makes sure they are well taken care of and has a good sense of humor. She is a good team-player. Lulu has worked for Bayberry Commons for many years and treats the residents like they are her family.

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## SUPPORT GROUP

Come to our Memory Care support group at Bayberry Commons the first Monday of every month at 1pm in the private dining room.

## WEEKLY EVENTS

1. Fitness with Terri Sears on Monday, Wednesday and Friday at 10:00am. This class is held in our Atrium
2. Wine & Cheese Social's are Thursdays at 3:00pm. Bring a friend and join us.
3. Enjoy an old fashioned ice cream social on Saturdays at 2:30pm.
4. Playing BINGO on Wednesday's and Mondays at 3:00pm.

  
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## Photo Highlights ...continued

