

April

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April Fool's Day 1	PB & J Day 2	3	4	5	6
Resident Birthdays Norman P. 4/11 Betty P. 4/12 Lewis B. 4/25	10:00 Fitness 10:30 Massages 2:00 April Fools history 3:00 Crafters Corner	10:00 Fitness 10:30 Nail Care 2:00 Cards w Cheryl 3:00 PB& J social	10:00 Fitness 10:30 Coffee & Tea 1:30 Target 3:00 Bingo	10:00 Fitness 10:30 Nail Care 2:00 Bingo 3:00 out for a drive	9:30 bagels 10:30 Dog Visits 1:00 Cards 3:00 Happy hour	10:00 Fitness 10:30 Coffee & Tea 2:00 Bingo 3:00 Movie and popcorn
7	8	Medical Appts. 9	10	Licorice Day 11	12	13
10:00 Movie Time 10:30 Coffee & Tea 1:00 Cards 3:00 Soda Float Social	9:30 Fitness 10:00 Music Makers 2:00 Poetry Reading 3:00 Chinese Checkers	10:00 Fitness 10:30 Nail Care 2:00 Favorite Animal 3:00 Dolphin Documentary	10:00 Fitness 10:30 Coffee& Tea 11:30 Gills by the bay 3:00 Resident Council 6:00 Accordionairs	10:00 Fitness 10.30 Nail Care 2:00 Library 3:00 Licorice Social	9:30 Parfaits 1:00 Cards 3:00 Happy hour	10:00 Fitness 10:30 Coffee & Tea 2:00 Bingo 3:00 Movie and popcorn
14	15	Medical Appts. 16	Errand Day 17	Errand Day 18	19	20
10:00 Movie Time 10:30 Coffee & Tea 1:00 Cards 3:00 Ice Cream Social	10:00 Fitness 10:30 Massages 2:00 Cards W Cheryl 3:00 Draw a Bird	10:00 Fitness 10:30 Nail Care 2:00Anti Stress Tips 3:00 Anti Stress Balls	10:00 Fitness 10:30 Coffee & Tea 1:30 Afternoon Errands 3:00 Penguin Movie	10:00 Fitness 10:30 Nail Care 2:00 Crafters corner 3:00 out for a drive	9:30 Smoothies 10:30 Dog Visits 1:00 Cards 3:00 Happy hour	10:00 Fitness 10:30 Coffee & Tea 2:00 Bingo 3:00 Movie and popcorn
Happy Easter 21	22	Medical Appts. 23	24	25	26	27
10:00 Movie Time 11:45 Easter Lunch 1:00 Cards 3:00 Soda Float Social	10:00 Fitness 10:30 Massages 2:00 Scrabble 3:00 Jelly Bean Social	10:00 Fitness 10:30 Nail Care 2:00 Cards w Cheryl 3:00 May Centerpieces	10:00 Fitness 10:30 Nail Care 11:30 Blue lake casino 3:00 Crafters Corner	10:00 Fitness 10:30 food committee 2:00 Library 3:00 Bingo	9:30 tba 1:00 Cards 3:00 Happy hour	10:00 Fitness 10:30 Coffee & Tea 2:00 Bingo 3:00 Movie and popcorn
28	29	Medical Appts. 30	Staff Birthdays Melinda S. 4/2 Ashton A. 4/23 Tess 4/25			Volunteers are always welcome at Alder Bay. Please contact Cheryl @707-444-8000 if you are interested.
10:00 Movie Time 10:30 Coffee & Tea 1:00 Cards 3:00 Ice cream Social	10:00 Fitness 10:30 Massages 2:00 Cards w Cheryl 3:00 Checkers	10:00 Fitness 10:30 Nail Care 2:00 Coffee& Tea 3:00 Gardening				

