## **Glenwood Place Calendar**

## **MARCH 2019**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100  Email Activities navdienko@glenwoodplace.net	All outings are highlighted in YELLOW.  Sign up for these events at the front desk. If bus is full, please add your name to the waiting list	DOCTOR DAYS  TUESDAYS  West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver & the VA.  THURSDAYS  East of ANDRESEN Road. 87th Ave, Cascade Park, Fisher's Landing, Orchards Mall	ROOM KEY  (AR) Activity Room  (BQ) Buffet Dining Room  (COMP) Computer Room  (CR) Card Room, 3rd Floor  (Cue) Cue Room, 3rd Floor  (DR) Dining Room  (ECU) ECU Activity Room  (Lbal) Lodge Balcony 2nd Floor  (LLB) Lodge Library  (LL) Lodge Lobby  (MR) Mailroom  (P) Plaza Community Room		9:00 Sit To Be Fit (SG) 9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway 10:00 Brain Games (Tht) 10:00 Massage Therapy ECU) 10:30 Beanbag Football (SG) 10:45 Meet our New Executive Director Ben Young (P) 12:30 Bus to Vancouver Mall. RSVP 1:00 Wii Bowling (SG) 1:00 Glenwood Place Choir (Tht) 1:30 Meet Our New Executive Director Ben Young (DR) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Movie - "Instant Family" (2018) 1h 58min (Tht)	10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess & Checkers (CR) 10:30 Beanbag Baseball C&D (SG) 11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR) 1:00 Open Billiards (Cue Room 3rd Floor Lodge) 1:00 Symphony Saturday - Brahms, Symphony No.2 in D major - (Tht) 2:30 BINGO (DR) 6:00 Saturday Night Movie - "Rules Don't Apply" (2016) PG-13 - 2h 7min (Tht)
8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church (RSVP at front desk) 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 1:00 Sunday Movie - "Pete's Dragon" (1977) G - 2h 8min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 First Christian Church Service (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby)	9:00 Sit To Be Fit (SG)  9:30 Casino Outing to Ilani Casino - RSVP Bring \$  9:30 Sit to be Fit in the Lofts (Lofts Lobby)  9:30 Threading Needles (AR)  10:30 Computer Lab - Get your computer questions answered. (COMP)  1:00 Aqua Fitness (SP)  1:00 Monday Movie - "Minority Report" (2002) PG-13 - 2h 25min (Tht)  1:00 Open Farkle New Location (Cue Room 3rd Floor Lodge)  1:00 Open Bridge (CR)  2:00 Bocce Ball (TL)  2:30 Tai-Chi - Moving for Better Balance (P)  3:15 Tai-Chi - Yang 24 (P)  5:45 Bunco with Vicki. RSVP with Vicki (P)  6:30 Bible Study (ECU)  6:30 Open Pinochle (CR)	9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Exercise Bingo (SG) 1:00 Beanbag Baseball Teams A & D (SG) 1:00 Open Pool with Chelsea (SP) 1:00 Watercolor with Becky (AR) 2:30 Mardi Gras Happy Hour with Dawn & Chris in the Dining Room (DR) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)	9:00 Rhythm Reaction Fitness (SG) 9:30 "Sit to be Fit" (Lofts Lobby) 10:00 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams B & C (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Aqua Fitness (SP) 1:00 Shopping at Fred Meyer 1:00 Activity Calendar Forum with Nick - Come join Nick at the theater to discuss the current and future calendars. (Tht) 2:00 Ted Talks - Short Presentations on Various Topics (Tht) 3:00 Garden Club Meeting (Tht) 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Bereavement Support Group (Tht) 10:30 Cooking with Vicki (P) 10:30 Beach Ball Toss (Sky Gym) 11:15 Dementia and Alzheimer's Caregiver Support Group (Tht) 12:30 Blood Pressure for Terrace and Plaza Residents (TL) 1:00 Open Scrabble (P) 1:00 Life Changes Women's Group (Tht) 1:00 Open Pool with Chelsea (SP) 1:00 BBB Teams A & C (SG) 2:30 Interactive 30's Trivia (Tht) 2:30 BINGO (DR) 2:30 Tai-Chi - (P) 3:15 Tai-Chi - Yang 24 (P) 4:30 Supper Outing to Red Lobster. RSVP.	0:00 Sit To Bo Fit (SC)	10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess & Checkers (CR) 10:30 Beanbag Baseball B&D (SG) 11:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (CR) 1:00 Open Billiards (Cue Room 3rd Floor Lodge) 1:00 All the World's a Zoo Trivia (Tht) 2:30 BINGO (DR) 6:00 Saturday Night Movie - "Jane Eyre" (1943) 1h 37min (Tht)
DAYLIGHT SAVINGS TIME BEGINS.  8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church (RSVP at front desk) 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 1:00 Sunday Movie - "Hot Lead and Cold Feet" (1978) G - 1h 30min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 3:00 Church Service with Doug Smith (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby)	9:00 Sit To Be Fit (SG) 9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) 10:30 Music Therapy with Dan (Tht) 10:30 Lunch Outing to Twigs Bistro on the Vancouver Waterfront. RSVP 11:00 Avon with Moe (TL) 1:00 Aqua Fitness (SP) 1:00 Monday Movie - "The Abyss" (1989) PG-13 - 2h 25min (Tht) 1:00 Open Farkle (Cue Room) 1:00 Open Bridge (CR) 2:00 Outing to Angel's Donuts & Ice Cream. RSVP 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater (Tht) 10:30 Work Your Heart Out (SG) 1:00 Beanbag Baseball Teams A & B (SG) 1:00 Open Pool with Chelsea (SP) 1:00 NEW - Exploring Your Story Through Drawing, Doodling, and Painting will Jill Mayberg (P) 2:30 BINGO (DR) 3:00 Happy Hour with Monte Watters (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)	8:00 Pedicures with Dawn - \$25, Sign up at the front desk(AR) 9:00 Rhythm Reaction (SG) 9:30 "Sit to be Fit" (Lofts Lobby) 10:00 Veteran's Group (Tht) 10:30 BBB Teams C & D (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Aqua Fitness (SP) 1:00 Shopping at Fred Meyer 1:00 Educational Series (Tht) 1:00 Vendor - Mountain Man Nut & Fruit Company (LL) 2:00 Music History Through the Ages (Tht) 3:00 Sing-a-Long (Tht) 5:45 Rummy Q (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle(COMP) 6:00 Red Hat Ladies Movie Night - "Our Souls at Night (P)	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Bereavement Support(Tht) 10:30 Beach Ball Toss (Sky Gym) 11:15 Dementia and Alzheimer's Caregiver Support (Tht) 12:30 Blood Pressure (TL) 1:00 Open Scrabble (P) 1:00 Life Changes Women's (Tht) 1:00 Open Pool with Chelsea (SP) 1:00 BBB Teams A & D (SG) 2:00 Afternoon Performance - Stand-up Comedy with Adam Kessler (DR) 2:30 Tai-Chi - (P) 3:15 Tai-Chi - Yang 24 (P) 4:30 Supper Outing to Casa Colima in Vancouver. RSVP 7:00 NEW - Bingo After Dark (DR)	9:00 Sit To Be Fit (SG) 9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway 10:00 Brain Games (Tht) 10:00 Massage Therapy - Sign up at the Front Desk (ECU) 10:30 Headlines and Donuts - Enjoy Donuts and good conversation over what's happening in the news (TL) 10:30 Beanbag Football. (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Wii Bowling (SG) 1:00 Glenwood Place Choir (Tht) 2:30 Happy Hour with Cooley (DR) 6:00 Friday Night Movie - "Ben Is Back" (2018) R - 1h 43min (Tht)	10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess & Checkers (CR) 10:30 Beanbag Baseball B&C (SG) 11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR) 1:00 Open Billiards (Cue Room 3rd Floor Lodge) 1:00 Symphony Saturday - Tchaikovsky, Symphony No. 4 - Valery Gergiev, Mariinsky Theater Orchestra Mozart, Clarinet Concerto - (Tht) 2:30 BINGO (DR) 6:00 Saturday Night Movie - "Maid in Manhattan" (2002) PG-13 - 1h 45min (Tht)

8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church (RSVP at front desk) 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Sunday Movie - "Swiss Family Robinson" (1960) G - 2h 6min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 3:00 Columbia Christian Church (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby)	9:00 Sit To Be Fit (SG) 9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) 10:00 Scentsy - Shawna will be here selling Scentsy Products. Check it Out (LL) 10:30 Mystery Drive. RSVP at the Front Desk 1:00 Aqua Fitness (SP) 1:00 Monday Movie - "Mary Poppins" (1964) G - 2h 19min (Tht) 1:00 Open Farkle New Location (Cue Room 3rd Floor Lodge) 1:00 Open Bridge (CR) 1:30 Mystery Drive. RSVP at the Front Desk 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 5:45 Bunco - Bring a White Elephant Gift!. RSVP with Vicki (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Group (Tht) 10:30 Crafting with Gay (TL) 10:30 Parachute Ball (SG) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (AR) 1:00 Beanbag Baseball Teams A & C (SG) 1:00 Open Pool with Chelsea (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)	7:30 Women & Men's Breakfast! Free for everyone (BQ) 9:00 Rhythm Reaction Fitness (SG) 9:30 Sit to be Fit" at the Lofts (Lofts Lobby) 10:00 Veteran's Group - Watch Historic Films About War - Popcorn Provided. (Tht) 10:30 Beanbag Baseball Teams B & D (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Aqua Fitness (SP) 1:00 Shopping at Fred Meyer 1:00 Educational Series (Tht) 2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht) 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Bereavement Support(Tht) 10:30 Book Club hosted by Cynthia (ECU) 10:30 Beach Ball Toss (Sky Gym) 11:00 Free Tax service for Glenwood residents. Done by AARP. RSVP at the front desk. (COMP) 11:15 Dementia and Alzheimer's Caregiver Support Group (Tht) 12:30 Blood Pressure (TL) 1:00 Open Scrabble (P) 1:00 Life Changes Women's Group (Tht) 1:00 Open Pool with Chelsea (SP) 1:00 BBB Teams A & B (SG) 2:30 BINGO Auction - Bring your Bingo Bucks to bid on some fantastic prizes. (DR) 2:30 Tai-Chi - Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 4:30 Supper Outing to Petra House. RSVP	9:00 Sit To Be Fit (SG) 9:30 Shopping trip- Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.) 10:00 Brain Games (Tht) 10:00 Massage Therapy - Sign up at the Front Desk (ECU) 10:30 Beanbag Football. Come to the Sky Gym to get on a team (SG) 11:00 Avon with Moe (LL) 12:30 Bus to Vancouver Mall. RSVP 1:00 Wii Bowling (SG) 1:00 Glenwood Place Choir Open to all skill levels! (Tht) 2:30 El Morocco Happy Hour with Jon & Marydith (DR) 6:00 Friday Night Movie - "Can You Ever Forgive Me?" (2018) R - 1h 46min (Tht)	10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess & Checkers (CR) 10:30 Beanbag Baseball C&D (SG) 11:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (CR) 1:00 Open Billiards (Cue Room 3rd Floor Lodge) 1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht) 2:30 BINGO (DR) 6:00 Saturday Night Movie - "Stand by Me" (1986) R - 1h 29min (Tht)
8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church (RSVP at front desk) 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 1:00 Sunday Movie - "Mary Poppins Returns" (2018) PG - 2h 10min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 3:00 Hymns & Devotions with Ron & Donna (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby)	9:00 Sit To Be Fit (SG) 9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) 10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 10:30 Lunch Outing to Bandit's Bar & Grill in Troutdale. RSVP 1:00 Aqua Fitness (SP) 1:00 Monday Movie - "Mary Poppins Returns" (2018) PG - 2h 10min (Tht) 1:00 Open Farkle New Location (Cue Room 3rd Floor Lodge) 1:00 Open Bridge (CR) 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Group (Tht) 10:30 Bocce Ball (SG) 1:00 Beanbag Baseball Teams A & D (SG) 1:00 Open Pool with Chelsea (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with William Spilette (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)	9:00 Rhythm Reaction Fitness (SG) 9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 10:00 Veteran's Group - Watch Historic Films About War - Popcorn Provided. (Tht) 10:30 Beanbag Baseball Teams B & C (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Aqua Fitness (SP) 1:00 Shopping at Fred Meyer 1:00 Vendor - Mountain Man Nut & Fruit Company (LL) 1:00 Armchair Travels (Tht) 2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht) 4:00 Linda on Piano (DR) 4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Bereavement Support Group (Tht) 10:30 NEW - Quilting for Babies in Need in the Community (AR) 10:30 Beach Ball Toss (Sky Gym) 11:15 Dementia and Alzheimer's Caregiver Support (Tht) 12:30 Blood Pressure (TL) 1:00 Open Scrabble (P) 1:00 Life Changes Women's Group (Tht) 1:00 Open Pool with Chelsea (SP) 1:00 Walker, Scooter and Wheelchair repairs. Free (MR) 1:00 BBB Teams A & C (SG) 2:00 Life Goes On Support Group- (ECU) 2:30 "Chopped" - the Cooking Show - with Samples! (Tht) 2:30 Tai-Chi - Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 4:00 Birthday Dinner for the Plaza, Terrace, & Lofts - RSVP at the Front Desk (DR) 4:30 Linda on Piano (DR) 7:00 Evening Concert with Nehemiah Brown (DR)	9:00 Sit To Be Fit (SG) 9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway 10:00 Brain Games (Tht) 10:00 Massage Therapy - Sign up at the Front Desk (ECU) 10:30 Beanbag Football. Come to the Sky Gym to get on a team (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Wii Bowling (SG) 1:00 Glenwood Place Choir Open to all skill levels! (Tht) 2:30 Happy Hour with Shelly Voight (DR) 6:00 Friday Night Movie -"Vice" (2018) R -2h 12min (Tht)	10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess & Checkers (CR) 10:30 Beanbag Baseball B&D (SG) 1:00 Open Billiards (Cue Room 3rd Floor Lodge) 1:00 Symphony Saturday - TBA (Tht) 2:30 BINGO (DR) 6:00 Saturday Night Movie - "They Shall Not Grow Old" (2018) R - 1h 39min (Tht)
8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church (RSVP at front desk) 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 1:00 Sunday Movie "Scavenger Hunt" (1979) PG - 1h 56min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Open Boggle (Cue Room) 5:45 Rummy Q (Lofts Lobby)						