



NOTE FROM ADMINISTRATOR

Dear Residents and Families

I am pleased to share updates about things that we are doing and things where we will need your help to keep our community happy and healthy. We have been updating assessments to ensure that you and/or your loved ones are getting the care they need. We are calling to schedule care conferences, which can be done face-to-face or over the phone.

We are concerned about finding over-the-counter medications in residents' rooms. When the facility is responsible for administering medications to you or your

loved one. We have to have a prescription from your doctor for all medications, even over-the-counter medications. Aspirin or vitamins may seem harmless, but can interact with other medications. We need to clarify with the doctor that they will not interact with any medications you are already taking. If you go out to an appointment and are given a medication sample or a script, please make a copy of the script before filling it at an outside pharmacy. We need to know how and when to administer the medication. If we are responsible for administering medications to

you or your loved one bring the prescription and medications to the nurse at Wood Ridge. We have been ordered by the doctor to administer all medications to the resident, and if it is in the room and they are self-administering, neither of us are following doctors' orders. It is unsafe for the resident.

We have a "no side-rail policy," and are working to get bed canes to replace the side-rails. They are safer and will assist with bed mobility.

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Activity Highlights

3/1 at 1:15

Hobby Lobby

3/3 at 8:00

Breakfast Pancake House

3/7 at 11:15

Lunch at Logan's Steakhouse

3/7 at 3:00

Heartland Hospice Education
on Understanding Hospice

3/8 at 3:00

Entertainment with
Harold Collins

3/11 at 11:45

Men's Lunch at Hacienda

3/13 at 3:00

Movie & Popcorn/ Darby O'
Gill and the Little People

3/14 at 3:00

Entertainment with
Bryan Edington

3/14 at 5:00

St. Patrick's Day Dinner

3/15 at 1:30

Sing a Long with Shirley

3/18 at 1:00

Movie Theater Outing

3/19 at 12-2:00

Bake Sale

3/20 at 3:00

Education Talk with Renee
from Harbor Light

3/21 at 11:15

Lunch at Applebee's

3/21 at 3:00

Ice Cream Sundaes

3/22 at 1:00

Goodwill Shopping

3/22 at 3:00

Entertainment with
Loni Kay & Jay

NOTE FROM ADMINISTRATOR *CONT'D*

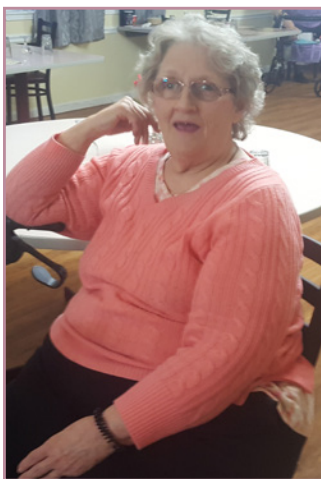
We will make sure you are comfortable and safe.

We would also like to remind everyone that our building is a non-alcohol building. Please comply with this rule to help

make our community safe and happy. It is a pleasure caring for you, and getting to know you and your family members.

The Nursing Department
Shaylan

Resident Spotlight



Pat E. is our resident spotlight for March.

Pat E. was born and raised in Chicago Illinois. After Pat graduated High School, her father told her she had to work for a year before college, so she worked at World Book for a year. Pat went to Memorial Hospital in Chicago for a year to study nursing, then to St Elizabeth for two years where she graduated. After graduating, she got married and moved to South Bend. She had three children Karen, Christopher, and Cassie. Pat also has three grandchildren. Pat went back to work after having her children. She worked for twenty –seven years at Memorial Hospital as an RN. She went to the convent at St. Marys for seven years. Pat loved to play tennis and swim. She also likes reading and loves all kind of music. We are very happy Pat made Wood Ridge her home.

St. Patrick's Day Dinner

March 14th • 5:00pm

We're so lucky to have you as part of our family here at Wood Ridge Assisted Living. Get ready for a lucky night with us. We will be having an amazing dinner prepared from our new addition to the Wood Ridge Family, Chef Edna. We will also have entertainment from Bryan Edington at 3pm. A day full of luck and fun. Come tour our building for another lucky chance to win a gift basket. Please call and rsvp for this event. We can't wait to see you here.



HIGHLIGHTS FROM THE Valentine's Day Party



Resident Birthdays

Ann D.	Mar. 5
Bea S.	Mar. 9
Bob L.	Mar. 17
Pat E.	Mar. 18
Scott D.	Mar. 20
Rudy W.	Mar. 24

Staff Birthdays

Jessica M.	Mar. 22
Heavyn C.	Mar. 30
Karla S.	Mar. 30

Welcome New Residents

Fredrick R.



Bake Sale

March 19th
12pm-2pm

Congratulations!

Congratulations Diaria P. on her newborn baby boy Kaidyn.

This is the beginning of something wonderful. I hope that this journey is filled with lots of laughter, love and warm cuddles.





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MARCH – WORD SEARCH

L	G	B	E	B	R	O	B	O	G	B	I	C	I	G	AGING
Q	R	W	K	M	E	E	M	P	B	Z	C	Q	N	U	BRAIN
O	E	F	I	S	Q	H	O	Y	A	E	S	I	D	C	CRAFTS
K	E	G	H	O	G	M	W	Y	N	I	G	A	R	J	DR SEUSS
O	N	S	S	U	W	P	I	E	G	A	N	U	S	I	FOOD
I	X	M	C	F	I	Z	I	X	A	I	I	T	E	M	GREEN
R	Q	U	X	Z	M	G	Y	I	V	O	F	K	U	O	HEALTH
B	Y	H	D	Y	Y	Q	G	T	R	A	L	H	S	U	HYGIENE
A	R	E	G	H	T	S	E	I	R	U	E	K	S	T	MOUTH
U	E	A	B	Z	Q	P	E	C	X	F	U	R	H	H	NUTRITION
X	A	L	I	J	N	U	T	R	I	T	I	O	N	O	ORAL
P	D	T	I	N	O	R	X	W	G	R	E	X	J	Y	PAINT
E	S	H	A	M	R	O	C	K	R	W	U	C	B	L	PI
F	O	O	D	C	A	I	C	D	J	A	Z	L	H	D	READ
H	F	W	Z	P	L	H	J	R	E	C	L	G	E	R	SHAMROCK



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