

Ivy Creek

Gracious Retirement Living

300 Franklin Drive • Glen Mills, PA 19342 • Phone (610) 981-2740 • www.seniorlivinginstyle.com

MARCH 2019

IVY CREEK STAFF

Managers.....TILLMAN & CATHY SCOTT
Executive Chef.....AMANDA MUSTO
Marketing.....DICK BAUER
Activity CoordinatorDEBBIE CORNELL
MaintenanceJASON MILLER
TransportationKEITH MOYER

TRANSPORTATION

Monday, Wednesday & Friday

2 p.m. to 3:30 p.m.: Shopping and Errands

Monday, Tuesday & Thursday

9 a.m. to 12:30 p.m.: Shopping and Errands

Tuesday & Thursday 2 p.m. to 3:30 p.m.:

Medical Appointments Only

HAWTHORN
SENIOR LIVING

Meet The Managers

Meet your new managers, Tillman and Cathy Scott. They come to Ivy Creek with experience in other senior living communities in Illinois and Iowa, and have enjoyed working as Community Managers.

Originally from Chicago, Cathy and Tillman met working in a juvenile detention center where Cathy was the Activities Volunteer.

They have been married for five years. Tillman has three grown children who are located throughout the country.



Tillman and Cathy

Tillman is a car enthusiast and loves to drive cars and watch races. Cathy enjoys movies, cross stitch and watching football. The Scotts share a love of travel and are looking forward to working together as your managers. One reason they love their job is that they get to meet so many people with interesting stories. In addition, they get to spend time with their residents doing activities, enjoying meals together, and going out on trips and excursions throughout the area. Another great asset associated with their jobs is working with each other on a daily basis and the easy commute to work!



Getting to Know Chef Amanda

Executive Chef Amanda is 29 years old and has been with Ivy Creek's parent company, Hawthorn Senior Living, for four years. She joined the company as a Sous Chef and was quickly promoted to Executive Chef. Amanda has an Associate Degree in Culinary Arts from Lucerne County Community College, and another in Hotel and Restaurant Management. Her culinary studies specialized in French and Asian cooking. Chef Amanda's first job in the culinary field was at the age of 15, where she worked as a dishwasher and has had experience in every role in the kitchen, from prep cook to line cook to Sous Chef to Executive Chef. She has previously worked in fine dining restaurants, as well as hospitals and retirement communities. Amanda has won Hawthorn's Culinary Pride Award three times (so far) and we are delighted she is bringing her knowledge and culinary expertise to Ivy Creek.

On a personal note, Amanda comes from a very Italian family and has lived in Pennsylvania her entire life. She is married and has a Pomeranian dog named Brownie. Amanda currently lives locally in Glen Mills, and previously was living in Allentown, Pennsylvania, where she was working at our sister Community, Sterling Heights. Amanda's hobbies include gardening, reading, camping, hiking, white water rafting, and she is a huge fan of history in the medieval era.

Chef Amanda is extremely excited to begin this new journey with you and will hold regular residents' meetings to solicit your feedback.



*Executive
Chef, Amanda*

Free Tax Assistance for Seniors

The Tax Counseling for the Elderly (TCE) Program provides free tax assistance to people who are age 60 and older. IRS-certified volunteers provide free assistance and basic income tax return preparation with electronic filing to qualified individuals at community locations across the nation. The IRS enters into agreements with private or non-governmental public non-profit agencies and organizations, which will provide training and technical assistance to volunteers who provide free tax counseling services.

Program Requirements:

You are able to use this program if you are an individual age 60 or older who is in need of either counseling or return preparation services.

Application Process:

No application is needed to use this program. To locate the nearest TCE site for services or volunteering, call 800-906-9887. The majority of the TCE sites are operated by the AARP Foundation's Tax Aide program. To locate the nearest AARP TCE Tax-Aide site between January and April, call 888-227-7669.



ROMEO and JULIET Luncheons

You are invited each month to a fun mystery luncheon outing. No, it is not a love connection, it is just a fun day out! “JULIET” is short for “Just Us Ladies Eating Together” and “ROMEO” stands for “Retired Old Men Eating Out.”



Each month, we will travel to a mystery location for lunch to sample the local cuisine. Days and dates will change each month, so be sure to refer to the Activities Calendar in this newsletter. There is a nominal charge for the luncheons and you must preregister for both of these events in the Activities Center.

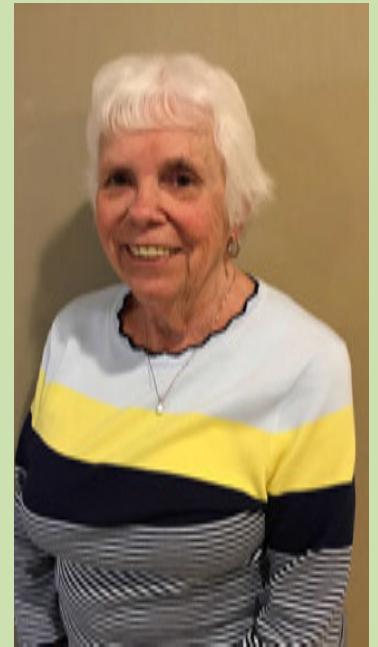


Meet Your Neighbor


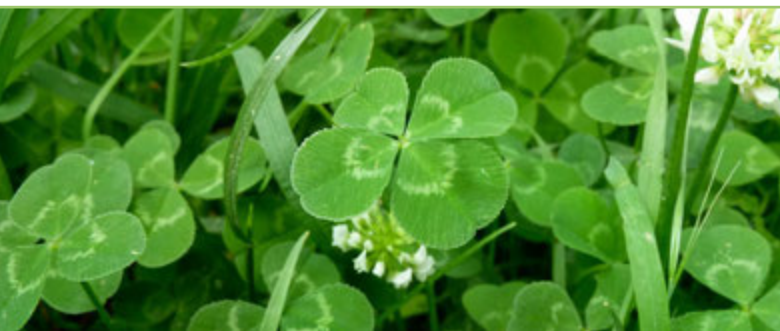
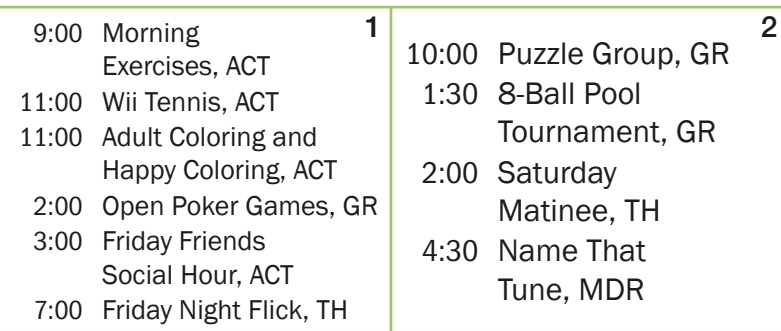





Joann Robinson spent her married life in Drexel Hill, where she and her husband raised four girls and two boys. Even though five of her six children still live in Drexel Hill, she began to feel lonely in a big house after her husband passed away.

Before he died, they had talked

about the possibility of moving into a retirement community, but on one condition: they did not want to tie up their money on a large down payment on a place to live. Adhering to that decision, Joann's children helped her find Ivy Creek. “I wanted to stay local to be near my children and this seemed like the perfect place to call my new home. I chose my apartment because I have a great view of all the activity here.” Joanne also says she is looking forward to participating in the activities offered, including the exercise programs, attending cultural events, and just having fun!



Breakfast 8 a.m.;
Dinner 12:30 p.m.;
Supper 5:30 p.m.
Coffee service,
water and snacks
are available in the
Bistro all day.

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
													
10:00 Craft and Art Show at Penn State Brandywine, ML 3		4		MARDI GRAS 5		ASH WEDNESDAY 6		7		8		9	
11:00 Wii Bowling with Tillman, ACT 3:00 Group Crossword with Cathy, ACT 7:00 Sunday Sundaes, BI		9:00 Morning Exercises, ACT 11:00 Book Club, L 2:30 Creative Circle, ACT 3:00 Trivia Team Contests, ACT		9:00 Morning Exercises, ACT 11:00 Crafty Crafts, ACT 12:30 <i>Mardi Gras Celebration, MDR</i> 2:00 <i>Mardi Gras Mask Making Contest, ACT</i> 3:00 This Week in the News, L 7:00 <i>Fat Tuesday Ice Cream Sundae Buffet, BI</i>		9:00 Morning Exercises, ACT 9:00 Outing: Flower Show Trip \$, ML 11:00 Open Bridge, GR 3:00 Wii Golf, ACT 7:00 Scattergories, ACT 		9:00 Morning Exercises, ACT 10:30 Chef's Meeting with the Residents, ACT 2:00 Bingo, ACT 3:00 Walking Club, ML		9:00 Morning Exercises, ACT 11:00 Adult Coloring and Happy Coloring, ACT 2:00 Open Poker Games, GR 3:00 Friday Friends Social Hour, ACT 7:00 Friday Night Flick, TH		10:00 Puzzle Group, GR 1:30 8-Ball Pool Tournament, GR 2:00 Saturday Matinee, TH 4:30 Name That Tune, MDR	
DAYLIGHT SAVING TIME BEGINS 10		11		12		13		14		15		16	
12:00 Daylight Saving Time: Turn Your Clock Ahead 11:00 Wii Bowling with Tillman, ACT 3:00 Group Crossword with Cathy, ACT 7:00 Sunday Sundaes, BI		9:00 Morning Exercises, ACT 11:00 Computer Catch-up, CR 12:00 Outing: Juliet Luncheon \$, ML 2:30 Creative Circle, ACT 3:00 Trivia Team Contests, ACT 7:00 Billiards, GR		9:00 Morning Exercises, ACT 11:00 Crafty Crafts, ACT 2:00 Bingo, ACT 3:00 This Week in the News, L		9:00 Morning Exercises, ACT 11:00 Open Bridge, GR 3:00 Wii Golf, ACT 7:00 Scattergories, ACT		9:00 Morning Exercises, ACT 11:30 Residents'/Managers' Meeting, ACT 2:00 Bingo, ACT 2:00 Outing: Hip and Knee Pain Seminar, ML 3:00 Walking Club, ML		9:00 Morning Exercises, ACT 11:00 Wii Tennis, ACT 11:00 Adult Coloring and Happy Coloring, ACT 2:00 Open Poker Games, GR 3:00 Friday Friends Social Hour, ACT 7:00 Friday Night Flick, TH 		10:00 Puzzle Group, GR 1:30 8-Ball Pool Tournament, GR 2:00 Saturday Matinee, TH 4:30 Name That Tune, MDR	
ST. PATRICK'S DAY 17		18		19		SPRING BEGINS 20		21		22		23	
8:00 Wear Green Today 11:00 Wii Bowling with Tillman, ACT 12:30 <i>St. Patrick's Day Celebration, MDR</i> 3:00 Group Crossword with Cathy, ACT 7:00 Sunday Sundaes, BI		9:00 Morning Exercises, ACT 11:00 Book Club, L 1:30 Outing: Matter of Balance, Concerns About Falling, ML 2:30 Creative Circle, ACT 3:00 Trivia Team Contests, ACT		9:00 Morning Exercises, ACT 10:00 Outing: Mature Driving AARP Renewal Class, ML 11:00 Crafty Crafts, ACT 2:00 Bingo, ACT 3:00 St. Joseph's Feast Day Zeppole Tasting, BI 3:00 This Week in the News, L 		9:00 Morning Exercises, ACT 10:00 Meet the Chef, BI 11:00 Open Bridge, GR 2:00 Spring Fling Surprise Treat, BI 3:00 Wii Golf, ACT 7:00 Scattergories, ACT		9:00 Morning Exercises, ACT 10:00 Memory and Aging Seminar, ML 11:00 Chef Amanda's Culinary Showcase, BI 11:00 March Madness Round 1, TH 2:00 Bingo, ACT 3:00 Walking Club, ML		9:00 Morning Exercises, ACT 11:00 Wii Tennis, ACT 11:00 Adult Coloring and Happy Coloring, ACT 11:00 March Madness Round 1, TV 2:00 Open Poker Games, GR 3:00 Friday Friends Social Hour, ACT 7:00 Friday Night Flick, TH		10:00 Puzzle Group, GR 11:00 March Madness Round 2, TV 1:30 8-Ball Pool Tournament, GR 2:00 Saturday Matinee, TH 4:30 Name That Tune, MDR	
24		25		26		27		28		29		30	
10:00 Valleypoint Church Service, CH 11:00 Wii Bowling with Tillman, ACT 11:00 March Madness Round 2, TH 3:00 Group Crossword with Cathy, ACT 7:00 Sunday Sundaes, BI		9:00 Morning Exercises, ACT 2:30 Creative Circle, ACT 3:00 Trivia Team Contests, ACT 7:00 Billiards, GR		9:00 Morning Exercises, ACT 11:00 Crafty Crafts, ACT 12:00 Outing: Romeo Luncheon \$, ML 2:00 Bingo, ACT 3:00 This Week in the News, L 7:00 Fireside Chat with the Assistant Managers, ACT 		9:00 Morning Exercises, ACT 11:00 Open Bridge, GR 3:00 Wii Golf, ACT 3:00 <i>New Resident Welcome, BI</i> 7:00 Popcorn and Pajama Movie Night, TH 7:00 Scattergories, ACT		9:00 Morning Exercises, ACT 1:30 Opening Day Beanbag Baseball, ACT 2:00 Bingo, ACT 2:00 March Madness Regional Finals Sweet 16, TH 3:00 Walking Club, ML		9:00 Morning Exercises, ACT 11:00 Wii Tennis, ACT 11:00 Adult Coloring and Happy Coloring, ACT 2:00 Open Poker Games, GR 2:00 March Madness Regional Finals Sweet 16, TV 3:00 Friday Friends Social Hour, ACT 7:00 Friday Night Flick, TH		10:00 Puzzle Group, GR 1:30 8-Ball Pool Tournament, GR 2:00 Saturday Matinee, TH 2:00 March Madness Regional Finals Elite Eight, TV 4:30 Name That Tune, MDR	
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10:00 Valleypoint Church Service, CH 11:00 Wii Bowling with Tillman, ACT 2:00 March Madness Regional Finals Elite Eight, TH 3:00 Group Crossword with Cathy, ACT 7:00 Sunday Sundaes, BI													



How Do I Avoid Being Scammed?

Social media and today's technology leave us wide open for all sorts of scams that are usually too good to be true. The basic rule of thumb is that if you are contacted via email, by phone, or in person by someone you do not know, do not respond with any information at all. Criminals use these tricks to get money or personal information from you, but here are some ways you can be safe.

1. Scammers often pretend to be someone you trust, like a government official, a family member, a charity or a company you do business with. Don't send money or give out personal information in response to an unexpected request — whether it comes as a text, a phone call or an email. Tell them you want everything in writing by mail. They won't.
2. Don't believe your caller ID. Technology makes it easy for scammers to fake caller ID information, so the name and number you see aren't always real. If someone calls asking for money or personal information, hang up. If you think the caller might be telling the truth, call back the number at a later time. You can also search for phone numbers online to see if they are really from a company you deal with.
3. You just received notice you won a prize or an inheritance but first you have to pay taxes or a fee to receive it. Don't believe it. This never happens.
4. Hang up on robocalls. If you answer the phone and hear a recording, hang up and report it to the Federal Trade Commission (FTC). These calls are illegal, and often the products are fake. Don't press 1 to speak to a person or to be taken off the list. This will lead to more calls, because now they know it is a viable number.
5. Be hesitant about free offers. Some companies use free trials to sign you up for products and bill you every month until you cancel. Before you agree to a free trial, research the company and read the cancellation policy. Never give your credit card information over the phone. If you do by mistake, always review your monthly credit card statements for charges you don't recognize and call the credit card company.
6. If you get a phone call from someone saying that they are a friend or relative that is in trouble and needs money, make sure you know who you are talking to. Some scammers have impersonated a grandson or granddaughter and have been able to secure money from the victim. Establish a connection first by asking who they are and who their parents are and what their names are. Resist the urge to help and verify the ID of the caller.



You can sign up for free scam alerts from the FTC at ftc.gov/scams. Get the latest tips and advice about scams sent right to your email. If you think you have been scammed, report it at ftc.gov/complaint. Your reports help the FTC and other law enforcement investigate scams and bring these criminals to justice.



St. Patrick's Day History

The feast day of Saint Patrick is March 17th and is celebrated around the world. St. Patrick is the patron saint of Ireland, although he was born in Roman Britain in the late 4th century. At the age of 16, he was kidnapped and taken to Ireland as a slave. He escaped, but returned about 432 A.D. to convert the Irish to Christianity. By the time of his death on March 17, 461 A.D., he had established monasteries, churches and schools. Many legends are associated with him — that he drove the snakes out of Ireland and used the shamrock to explain the Trinity.

Ireland came to celebrate his day with religious services and feasts. Emigrants to the United States transformed St. Patrick's Day into a holiday and celebration of things Irish. Cities with large numbers of Irish immigrants staged the most extensive celebrations, which included elaborate parades. Boston held its first St. Patrick's Day parade in 1737, followed by New York City in 1762. Since 1962, Chicago has colored the Chicago River green to mark the holiday. (Although blue was the color traditionally associated with St. Patrick, green is now commonly connected with the day.) Irish and non-Irish alike commonly participate in the “wearing of



Where is This?

The first person to correctly guess the location gets a \$5 gift card from Acme, Target or CVS.



the green,” a piece of clothing or a shamrock on the lapel. Corned beef and cabbage are associated with the holiday and green beer is the popular adult beverage for the day. We will have our Saint Paddy's Day celebration on Sunday, March 17th, with traditional Irish cuisine. See you there and “Erin go Bragh!”





300 Franklin Drive
Glen Mills, PA 19342



SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.

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