



March 10th March 16th 2019

Welcome to the Garden Terrace Dining Room

♥ Heart Healthy

*Garlic

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| | Salad Bar with Fresh Fruit for Lunch & Dinner | Salad Bar with Fresh Fruit for Lunch & Dinner | Salad Bar with Fresh Fruit for Lunch & Dinner | Salad Bar with Fresh Fruit for Lunch & Dinner | Salad Bar with Fresh Fruit for Lunch & Dinner | Salad Bar with Fresh Fruit for Lunch & Dinner | Salad Bar with Fresh Fruit for Lunch & Dinner |
| Lunch | Stuffed Pancakes with apples Canadian Bacon Dave's Sandwich Board | 3 Cheese Flat Bread Pizza Dave's Sandwich Board | Hot Dogs Sauerkraut Baked beans Dave's Sandwich Board | Hamburgers With assorted toppings Dave's Sandwich Board | Waffles with Strawberry and whipped cream Dave's Sandwich Board | Open Faced Reuben Sandwiches (Corn beef with sauerkraut and swiss cheese) Dave's Sandwich Board | Beef Chili with beans Corn Bread Dave's Sandwich Board |
| Dinner | Roasted Chicken Parmesan Crusted Tilapia Baked Potatoes Carrots ♥ | Country Pork Roast Penna ala Vodka* Saffron Rice Mixed Vegetables | Chicken Pot Pie Carolina Beef Brisket Mashed Potatoes Sweet Corn | Ritz Cracker Crusted Cod Veal Parmesan* Egg Noodles ♥ Peas and Carrots | Carved Honey Glazed Ham Pappardelle Pasta with beef Ragout* Duchess Potatoes ♥ Green Beans Almondine | Roasted Chicken Legs Salmon Mashed Potatoes ♥ Brussel Sprouts | Pot Roast with vegetables Cheese Tortellini* ♥ White Potatoes Carrots |
| Dessert | Blueberry Crumb Pie Sugar Free Butterscotch Pudding | Vanilla and chocolate Parfait Sugar Free Cherry Crisp | Peanut Butter Kandy Cake Sugar Free Jell-O | Pumpkin Pie Sugar Free Yellow Cake | Strawberry Shortcake Parfait Sugar Free Strawberry Banana Pudding | Brownies Sugar Free Peach Crisp | Rice Pudding Sugar Free Chocolate Pudding |
| Soup of the Day | Split pea with Ham | Roasted Pepper with Smoked Gouda | Italian Wedding | Cream of Potato | Chicken Noodle | Cream of Mushroom | Chef's Choice |
| | Coffee, Tea, Hot Chocolate, Soda & Juice | Coffee, Tea, Hot Chocolate, Soda & Juice | Coffee, Tea, Hot Chocolate, Soda & Juice | Coffee, Tea, Hot Chocolate, Soda & Juice | Coffee, Tea, Hot Chocolate, Soda & Juice | Coffee, Tea, Hot Chocolate, Soda & Juice | Coffee, Tea, Hot Chocolate, Soda & Juice |

| NEWS | THINGS TO KNOW | NOTES |
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| <p>Please remove all utensils from the hot bar and put them on the plates in front of each entrée. The utensils get very hot.</p> <p>Café Grab and Go 7:30am to 9:30am 12:00 Noon to 1:00 pm 4:30 pm to 5:30 pm</p> <p>Garden Terrace Dining Lunch 11:30 to 1:30 pm Dinner 4:15 to 6:15 pm</p> | <p>MEAL DELIVERIES:</p> <p><i>For up to 3 days per month, meals can be delivered at no charge to those who are ill. A \$5.00 per meal, per day delivery charge will be assessed after the third day.</i></p> <p><u>Lunch:</u></p> <ul style="list-style-type: none">• Call for Lunch Deliveries by 1:00 PM – make sure you leave a message• Deliveries will be delivered between 1:30-2:00 PM• Call 6414 <p><u>Dinner:</u></p> <ul style="list-style-type: none">• Call for Dinner Deliveries by 5:00 PM – make sure you leave a message• Deliveries will be delivered between 5:30-6:00 PM• Call 6414 <p>GUEST MEAL TICKETS:</p> <p>The culinary department no longer handles cash. Guest meal tickets can be purchased at the front desk.</p> <p><u>Lunch:</u> Adult \$7 Child \$5</p> <p><u>Dinner:</u> Adult \$12 Child \$5</p> <p><i>(Children 12 and under)</i></p> | <p><u>Alternate Menu Selection</u></p> <p>The residents call 6414 by 10:00 am to leave the message for either a:</p> <p>Hot dogs (2) each Grilled Cheese with ham or tomato. Poached Chicken Breast Cheese Omelets Peanut butter and Grape Jelly</p> <p>Called by 3:00 pm for dinner leave message for either a:</p> <p>Dinner Alternate Menu Grilled cheese with ham or tomato Poached Chicken breast Poached fish Ham Steak Cheese Omelets Steamed Vegetable Platter</p> <p><u>Allergen Free Selection</u></p> <p>Please call before 3:00 pm to order leave message:</p> <p>Poached Fish with herb butter Poached Chicken Breast with herb butter Lentil Pasta with tomato sauce</p> |
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