



THE SPRINGS  
OF MOORESVILLE

*A Trilogy Senior Living Community*

# News

March 2019



## Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

### **Get Inspired with Inspirations!**

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### **Celebrate with a Happy Hour!**

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### **Get crafting!**

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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# Happy Birthday!

## Residents

Lillian B.	3/01
Norma E.	3/07

## Senior Executive Club

Senior Executive Club will be on March 06 this month at 2:00pm. Join us for a complimentary chef-prepared brunch, great conversation with local seniors and a special guest speaker. Please contact Tiana Community Services Representative for more information.

## Taste of Town

Taste of Town this month will be on March 12. Taste of Town features a local restaurant each month that is delivered to the facility for our residents to enjoy at lunch!

If you have any suggestions, please feel free to inform the Director of Food Services.

## Volunteer News

The Life Enrichment team is always working on improving our programming for our resident! One way we are looking to enhance the senior life style experience is by inviting families, friends, and members of our community to volunteer and share a hobby that you are passionate about! We are asking you to donate one hour of your time to programming of your choice. If you are interested in volunteering or have questions about what programming may be right for you please see the Life Enrichment Director Sarah Wilde!



## Executive Director Corner

Greetings from The Springs of Mooresville! March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at The Springs of Mooresville, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

*Dawn Ellis*

Executive Director

## Going Red for Women

On February 1st our staff and residents put on their best red attire to raise awareness for Women's Heart Health. Cardiovascular Disease is one of the greatest risks to women's health to date; so thank you to all those that joined in with us to go red for women's heart health!



**Sunday Brunch** Sunday Brunch will be held on March 17 starting at 11:00am. We would like to invite and encourage family members and friends to attend and enjoy a wonderful Chef prepared brunch. The first two brunch tickets are complimentary! Please RSVP by the 13th or see the Business Office with any questions.



## BrainFit

It's that time again where we will be host BrainFit at our campus to learn the importance of brain health to help reduce your risk of Alzheimer's disease. BrainFit is held one day a week for five weeks. We will host our first session on Monday, February 18th. Each Session will cover a different topic so it is important to attend as many sessions as possible to get the full impact of the class. Classes will be held February 18, 25, March 4, 11, and 18 at 3:00pm. If you wish to join the class or have any questions please call 317-831-9033 and ask for a member of the Life Enrichment Team.

## FUN AT THE SPRINGS

We love having fun with our residents from getting out & about, Taste of Town, and keeping our minds and bodies active with fun activities there is never a dull moment.



## Out and About

We are excited and looking forward to another month of fun outings at The Springs of Mooresville! Our outing for March will include:

*March 06: Mooresville Movies*

*March 13: Los Patios*

*March 20: AL Shopping Trip*

*March 21: HC Shopping Trip*

*March 27: U Paint Pottery*

If you are interested in attending, volunteering or questions, please feel free to contact a member of the Life Enrichment Team!

## Smile of the Month

Esther P. is March's smile of the month! Thank you for making our days a little warmer with your smiles!



## Did You Know...?

*That you can read the monthly newsletter on-line. Please follow the campus link: [www.springsofmooreville.com](http://www.springsofmooreville.com). You can also find us on Facebook and Twitter.*

*The Private Dining Room can be reserved for family events and private dining with friends and loved ones. It seats up to 8 people comfortably! Reservations can be made at the front desk.*

*Happy Hour is weekly at 3:00pm every Friday until 4:00pm at the Pub. Please join us for some Friday fun and enjoy appetizers, drinks, and music!*

*Families can access LifeShare from a mobile app called "Life Share Family" on your phone using the community access pin [springsofmooreville-hc](http://springsofmooreville-hc) and [springsofmooreville-al](http://springsofmooreville-al). If you would like to set up a family manager account or would like more information, please see Sarah Wilde the Life Enrichment Director.*



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*A Trilogy Senior Living Community*

**302 North Johnson Road**

**Mooresville, IN 46158**

**317-831-9033**

**springsofmooreville.com |  **

*Jocelyn Ramsey, MSN, RN  
Director of Post-Acute Care*

*Charli Cronnon, RN  
Assistant Director of Health Services*

*Tiana McGhee  
Customer Service Representative*

*Haley Worden  
Customer Service Specialist*

*Brandi Miller  
Business Office Manager*

*Sarah Wilde  
Life Enrichment Director*

*Tommy Hausz  
Director of Plant Operations*

*Justin Fredrick  
Director of Dining Services*

*Harsh Naik, PT, MS, CLT  
Therapy Program Director*

*Paula McCarthy  
Care Coordinator*

*Brandon Hislope  
Social Services Director*

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'St. Paddy's Day'

*...continued from cover*

These are just a few ways you can  
get ready for Saint Patrick's Day,  
but the options are limitless.

Dress up as a leprechaun and

join your friends for a party.

Play a themed version of bingo

or have your grandkids search

for gold with a scavenger hunt.

If you have a special way you

would like to celebrate the

holiday, let us know, and we'll

do our best to make it happen.

When you chose to live with us,

you chose a lifestyle of fun and

fulfillment - and we couldn't

be luckier to have you!



## Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
E	Z	X	Z	H	O	E	R	A	V	Q	Z	F	Y	A	W	C	D	W
S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
M	Z	P	N	T	F	R	S	T	Z	E	C	D	I	S	P	D	E	W
W	X	X	V	J	C	B	H	S	X	J	S	H	A	M	R	O	C	K
U	M	T	J	E	J	G	C	D	K	N	A	H	A	A	U	R	G	N
G	X	N	W	I	R	E	L	A	N	D	L	C	Q	S	W	L	H	J
N	L	J	W	Y	A	R	T	I	S	A	N	S	E	S	Z	U	U	N
A	G	E	I	N	S	P	I	R	A	T	I	O	N	S	E	C	Z	K
Y	H	A	P	P	Y	H	O	U	R	L	N	E	S	R	C	K	J	G
S	Y	C	Q	R	G	M	F	F	E	N	E	Q	D	M	P	Y	U	O
I	C	B	R	C	E	M	O	L	S	T	R	R	D	U	X	W	G	Z
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M	K	X	M	A	R	C	H	E	X	P	U	E	D	A	J	G	L	T
Y	W	W	R	R	J	F	V	A	U	K	A	C	M	I	Y	G	D	Q
N	X	T	T	P	E	E	K	U	U	C	G	B	S	N	M	O	P	G
G	J	X	H	C	S	G	R	E	E	N	Y	K	U	T	W	S	I	X
I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

ARTISANS  
CLOVER  
CRAFTS  
GOLD

GREEN  
HAPPY HOUR  
INSPIRATIONS  
IRELAND

IRISH  
LEPRECHAUN  
LUCKY  
MARCH

SAINT  
SEVENTEEN  
SHAMROCK  
STORIES