

MARCH 2019 EDGEWOOD POINT STAFF

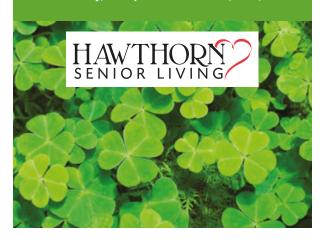
Administrator	MICHELLE WALKER
Director of Health Services	FARRAH NOSRATI
Resident Services Coordinate	orROBIN RIVAS
Memory Care Coordinator	. GERARDO LOPEZ-MEZA
Executive Chef	RAFAEL GONZALEZ
Marketing	ANNE ASHLEY
Activity Coordinator	KATHY JONES
Activity Coordinator-MC	LISA MAYA
Maintenance	LEON WOLF
Bus Driver	GLEN CROOK
Head Housekeeper	RONNIE BUTTERFIELD

TRANSPORTATION

Monday, Any time: Outings for Assisted Living
Tuesday, 2 p.m.: Outing (Arbor Or Point)

Tuesday, 10:15 a.m.-Noon: Shopping At Fred Meyer (Point)

Wednesday, 8 a.m.-3 p.m.: Doctor Appointments
Thursday, 8 a.m.-3 p.m.: Doctor Appointments
Sunday, 2:30 p.m.: Scenic Drive (Arbor)



Happy 90th Birthday to Hal

We celebrated Hal's 90th birthday with some song and dance at lunchtime. His daughter, Brynna, put on a little skit for him.

It was a day to remember!



Hal and Brynna, the dancing waitress



Rueben getting ready to cut the cake.

Happy 90th Birthday, Maloote Mathews



Maloote with granddaughter and daughter Joy!



All Aboard The Hawthorn Express!

It was a very exciting day as the Arbor residents boarded the Hawthorn Express Train to experience Germany, France, and Italy. With Passports in hand, we were full steam ahead!



We made our German Alpine hats and flower crowns for our Oktoberfest Party.



We made homemade German soft pretzels.



Our pretzels after they came out of the oven. Yum!



We made a German chocolate cake. Edna helping to hold the bowl for Jack while he mixes.



Cathy, our number one egg cracker



Edna making a windowsill garden.



Windowsill gardening



Cheers to our fun Oktoberfest!





Elaine, Maloote and our Volunteer Ed



Elaine yodeling!



In France, we made coffee scrub and lavender body butter.



In Italy, we made small muffin pizzas with our own sauce.

Welcome Jean Warren to Edgewood Arbor!



She was a music teacher! We are excited to hear her play the Arbor's piano!

Pick of the Litter ... Pet Therapy

We had the best time ever watching the new Dogumentary "Pick of the Litter."

It was all about the training of seeing-eyedogs for the blind. We were so fortunate to be able to meet two of the stars and trainers in the movie. They

brought with them two beautiful lab pups that were in the process of being trained. We were also invited to attend their next graduation. It is absolutely amazing how much those service dogs go through to be your eyes and guardian.



MARCH 2019

Birthdays

Marguerite M., 26th

Locations

Activity Room, AR Library, L TV Room, TV

Joanne Hancock Salon

On-site, full-service salon for men and women.

Walk ins are always welcomed.

Hours: Tuesday and Thursday, opens at 9 a.m.

Phone: 503-642-5568

Senior Nail Care for the Elderly with Dawn Marks

Enjoy relaxing, soothing comfort for your feet or hands in your room. Call or come to the Front Desk to sign up. 503-997-3703

"Despite the forecast, live like it's spring."

—Lilly Pulitzer

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						8:45 Men's Breakfast Club with Leon & Ruben 11:30 Bocce Ball 2:00 Fun with Ruben 7:00 Cards or Game of Choice, AR	11:30 Bocce Ball 2:00 Fun with Ruben 4:00 Bingo 7:00 Movie Time Upstairs, TV
	10:30 Nondenominational Church Service 11:30 After Church Social 2:00 Crafts 4:00 Bingo	9:30 Walking Club 4:10:30 Exercise Monday 11:15 Bocce Ball 11:30 Yoga with Brynna 2:15 Crafts, AR 3:15 Live Music with Rachel 4:30 Bingo 7:00 Cards or Game of Choice, AR	9:30 Walking Club 10:00 Catholic Communion 10:30 Shopping at Fred Meyer 2:00 Baking or Crafts 4:15 Bingo 7:00 Movie Time Upstairs, TV	9:30 Walking Club 10:30 Let's Exercise 11:15 Bocce Ball, AR 2:15 Crafts, AR 4:15 Bingo 7:00 Cards or Game of Choice, AR	9:30 Bible Study 9:30 Walking Club 10:30 Let's Exercise 11:15 Bocce Ball, AR 2:15 Resident Meeting, AR 3:15 Music History with Stan	9:30 Walking Club 11:30 Bocce Ball 2:00 Fun with Ruben 7:00 Cards or Game of Choice, AR	11:30 Bocce Ball 2:00 Health Fair 4:00 Bingo 7:00 Movie Time Upstairs, TV
r	10:30 Nondenominational Church Service 11:00 Sunday Brunch 11:30 After Church Social 4:00 Bingo	9:30 Walking Club 11 10:30 Exercise Monday 11:30 Yoga with Brynna 11:45 Out to Lunch Bunch 2:15 Crafts, AR 4:30 Bingo 7:00 Cards or Game of Choice, AR	9:30 Walking Club 10:00 Catholic Communion 10:30 Shopping at	· ·	9:30 Bible Study 9:30 Walking Club 10:30 Let's Exercise 11:15 Bocce Ball, AR 2:00 Chef Corner with Rafael 3:15 Live Music with Steve West	9:30 Walking Club 11:30 Bocce Ball 2:00 Fun with Ruben 2:15 Crafts, AR 7:00 Cards or Game of Choice, AR	11:30 Bocce Ball 2:00 Fun with Ruben 4:00 Bingo 7:00 Movie Time Upstairs, TV
n. ' e	ST. PATRICK'S DAY 10:30 Nondenominational Church Service 11:30 After Church Social 2:00 St. Patrick's Day Celebration 4:00 Bingo	9:30 Walking Club 10:30 Exercise Monday 11:15 Bocce Ball 11:30 Yoga with Brynna 2:15 Crafts, AR 4:30 Bingo 7:00 Cards or Game of Choice, AR	9:30 Walking Club 10:00 Catholic Communion 10:30 Shopping at Fred Meyer 2:00 Cooking Time 4:15 Bingo 7:00 Movie Time Upstairs, TV	9:30 Walking Club 10:30 Let's Exercise 11:00 Classical Music with Terry Ross 2:15 Crafts, AR 3:15 Live Music with Lee Nichols 4:15 Bingo 7:00 Cards or Game of Choice, AR		9:30 Walking Club 11:30 Bocce Ball 2:00 Fun with Ruben 2:15 Crafts, AR 7:00 Cards or Game of Choice, AR	11:30 Bocce Ball 2:00 Fun with Ruben 3:00 Spring Fling with Brynna 7:00 Movie Time Upstairs, TV
	10:30 Nondenominational Church Service 11:30 After Church Social 4:00 Bingo	9:30 Walking Club 10:30 Exercise Monday 11:15 Bocce Ball 11:30 Yoga with Brynna 2:00 Monthly Auction 4:30 Bingo 7:00 Cards or Game of Choice, AR		9:30 Walking Club 10:30 Let's Exercise 11:15 Bocce Ball, AR 2:15 Crafts, AR 4:15 Bingo 7:00 Cards or Game of Choice, AR	9:30 Bible Study 9:30 Walking Club 10:30 Let's Exercise 11:15 Bocce Ball, AR 2:00 Chef Display Cooking 4:00 Bingo	8:45 Men's Breakfast Club 11:30 Bocce Ball 2:00 Fun with Ruben 2:15 Crafts, AR 7:00 Cards or Game of Choice, AR	11:30 Bocce Ball 2:00 Fun with Ruben 4:00 Bingo 7:00 Movie Time Upstairs, TV
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Edgewood Point's Virtual Tour on Hawthorn Express

This year's virtual tour was a three-week adventure to Germany, France and Italy. It was on the Hawthorn Express Eurorail train. Our kickoff party was lots of fun with tasty treats. In each country, we had a delicious chef-prepared breakfast, lunch, dessert and dinner. We had lots of fun decorating and making our table centerpieces and hanging some awesome pictures from each country for photo backgrounds. We started out in Germany, where we studied the Neuschewanstein Castle (which was our winning Gingerbread House this year) and tasted sausage, bread, root beer and cheese. We also made some German berets and German chocolate cake balls. We made windowsill plants, German homemade pretzels and played German bingo. When we moved on to France, we made French bread, tasted French cheese, played French bingo, studied and made the Eiffel Tower and painted Van Gogh's "Starry Night." We watched documentaries about

France, including learning about the Louvre. In Italy, we played Italian bingo, learned about the beautiful Castle of Angels, Michael de Angelo, the volcano Mt. Vesuvius and the buried city of Pompeii. We had gone prior to our museum to see the Pompeii exhibit. It was beyond words. We also made pizza, Italian bread and cheese tasting. It was an amazing trip for everyone.



Jeanne and her windowsill German plant



Eugene painting his version Van Gogh's "Starry Night."



Duncan and Grace on the train



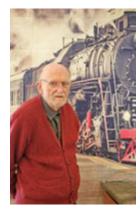
Chet walking down a street to a cafe in Italy.



Richard waiting for the train in Germany.



Alice at the Louvre in Paris



Lou admiring the train.



Sheryl and her daughter having fun on the train.

Mountainside High School Girls Basketball Team Visits

Our brand new high school had the Girls' Basketball Team visit our residents. We had so much fun. We did the chicken dance, painted pictures and played balloon badminton, cards and bocce ball. We also went around to some residents' rooms and sang. What a wonderful time.



The girls and some residents



Meet Our New Temporary Nurse, Farrah

We are very happy to have Farrah on our team while Elyse is on her maternity leave. Farrah has been a nurse for 24 years and has had much experience, including time in oncology, emergency, cardiology and senior living. She is very passionate about making a difference in her residents' lives. Her door is open, and she wants you to feel free to talk with her regarding any cares or concerns at any time.



Farrah stopped in France.

Introducing Our New Administrator, Michelle

We are so excited to introduce our new Administrator, Michelle Walker. She actually has been with Hawthorn Retirement for many years. Michelle used to be the Administrator at Edgewood Point and Arbor in the past. She has decided to return, and we are so very happy. Her door will always be open, and she wants you to know you can feel free to talk to her about anything.



Michelle at our train station

Meet Our New Resident Services Coordinator, Robin

We are very excited to have Robin join our team at Edgewood. She has just moved here from Colorado with her boyfriend, Jason; cat, Ellie; and puppy, Violet. She has been a nurse for 10 years and has worked in various fields in the healthcare industry. She likes to go to the beach, hiking, camping, traveling, fishing and loves listening to music. She is so happy to be a part of Edgewood. If you have any cares or concerns, please feel free to let her know.



Robin in Italy



Badmitton Balloon time in Arbor



Bocce Ball time



Picture at the train station with Al





