

SOUTHERN KNIGHTS ASSISTED LIVING MARCH 2019						FRIDAY	SATURDAY
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY			
						1 National Peanut Butter Lover's Day Chair Yoga The Chronicle Peanut Butter Facts Pet Therapy Card Games Patio and Cookies	2 National Banana Cream Pie Day Exercise The Chronicle Puzzles Table Talk Cream Pie and a Movie Sing Along <i>Happy Birthday Payton!</i>
3 National Cold Cuts Day The Chronicle Church Bible Stories Bible Crafts Sunday Sports and Sandwiches	4 National Pound Cake Day Chair Yoga The Chronicle Aromatherapy (The Shed) Decorating Cakes Trivia Bean Bag Toss	5 Mardi Gras Exercise The Chronicle Mardi Gras Facts Mardi Gras Crafts(Mask) Mardi Gras Bingo Radio Shows	6 National Oreo Day/ Ash Wednesday Chair Yoga The Chronicle Ash Wednesday Meaning Painting With Soul Oreos and Ice Cream Social High and Seek Tubes Parachute Toss	7 National Cereal Day Exercise The Chronicle Cereal Art Music Therapy Around the World Trivia Quiet time for the Soul		8 National Peanut Cluster Day Chair Yoga The Chronicle Daily Devotion Pet Therapy Card Games Let's Make Clusters Patio Time	9 National Meatball Day Exercise The Chronicle Puzzles Sorting Games Movie(Cloudy with a Chance of Meatballs) Sing Alongs
10 DAYLIGHT SAVINGS BEGINS National Blueberry Popover Day The Chronicle Church Bible Stories Bible Games/Trivia Sunday Sports	11 National Johnny Appleseed Day Chair Yoga The Chronicle The History of Johnny Appleseed Aromatherapy(The Beach) Apple Crafts Bean Bag Toss	12 National Plant a Flower Day Exercise The Chronicle Plant Facts Planting Flowers Bingo Radio Shows	13 National Coconut Tart Chair Yoga The Chronicle Painting With Soul Coconut Pie and Table Talk Pizza Toss	14 National Potato Chip Day Exercise The Chronicle Music Therapy Around the World Trivia Chips and Dip on the Patio		15 National Pear Helene Day Chair Yoga The Chronicle Moments in Meditation Card Games Cooking with Class Poetry	16 National Corn Dog Exercise Puzzles Table Talk Corn Dogs on the Patio Sing Alongs <i>Happy Birthday Lettie!</i>
17 ST. PATRICK'S DAY The Chronicle Church Bible Stories Bible Games Sunday Sports	18 National Lacy Oatmeal Day Chair Yoga The Chronicle Aromatherapy(The Garden) Making Cookies Trivia Pizza Toss	19 National Chocolate Caramel Day Exercise The Chronicle Meditation Story time & Chocolates Bingo Radio Shows <i>Happy Birthday Ikea!</i>	20 SPRING BEGINS National Ravioli Day Chair Yoga The Chronicle What is Ravioli Painting for the Soul Poetry	21 National California Strawberry Day Exercise The Chronicle Strawberry Art Music Therapy(Sock Hop) Strawberries and Cream on the Patio Around the World Trivia		22 National Bavarian Crepes Day Chair Yoga The Chronicle Donuts and Coffee Pet Therapy Card Games Sorting Games	23 National Chip and Dip Day Exercise The Chronicle Puzzles Table Talk & Chip & Dip Sing Alongs Take A Stroll Down Memory Lane
24 National Chocolate Covered Raisin Day The Chronicle Church Bible Studies Bible Crafts Sunday Sports and Raisins	25 National Medal of Honor Day Chair Yoga The Chronicle Aromatherapy(Home) Decorate your Medals Trivia Bean Bag Toss	26 National Joe Day Exercise The Chronicle Meditation and Coffee Story Time Bingo Radio Shows	27 National Spinach Day Chair Yoga The Chronicle The Benefits of Spinach Painting for the Soul Poetry	28 March Madness Exercise The Chronicle What is March Madness Music Therapy(50's) Assorted Crafts Around the World Trivia		29 National Lemon Chiffon Cake Day Chair Yoga The Chronicle Pet Therapy Card Games Cake on the Patio	30 National Take a Walk in the Park Day Exercise The Chronicle Puzzles Reminiscing about the Park Popcorn and a Movie Sing Alongs
31 National Tater Day The Chronicle Church Bible Studies Bible Stories Sunday Sports	<div><p>SOUTHERN KNIGHTS SENIOR LIVING COMMUNITY</p></div>			<div><p>27919 Johnson Rd Tomball, TX 77375</p><p>Phone: 281-351-8575</p><p>FAX: 281-351-1129</p><p>www.SouthernKnightsALC.com</p></div>			