

March 2019

All calendar events are subject to change



	Assisted	LIVING			y	santa fe
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings Some outings have a fee. Please let me know if you would like your loved one to participate. Friends and family welcome to join!	Meal Times Breakfast 7:30—9:00 Lunch 11:30—1:00 Dinner 4:30—6:00				10:30 Outing: Shopping 11:00 Communion 1:00 Exercise: Stretching 2:00 Fine Art Friday 3:30 Social Hour: High Tea	10:30 Exercise: Strength 1:30 Bingo 2:00 Word Games 3:00 Social Hour: Root Beer Floats
3 10:30 Exercise: Yoga 1:30 Best Fork Forward 2:30 Social Hour: Hot Chocolate 3:00 Teaching	4 10:30 Coffee and Chatter 2:00 Exercise: Bowling 3:00 Social Hour: Men's Club 6:00 Monday Night Movie	5 10:30 Outing: Clafoutis 1:30 Best Fork Forward 2:00 Father Duncan 3:00 Room Visits 3:00 Rosary 4:00 Mardi Gras Celebration	10:30 Movie Matinee 1:30 Exercise: Balance 2:00 Oreo Cookie Day 3:00 Entertainment 3:30 Social Hour: Ladies Afternoon	7 10:30 Exercise: Endurance 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Bar Bingo 5:30 Caregiving Training	8 10:30 Outing: Lunch 11:00 Communion 1:00 Exercise: Stretching 2:00 Fine Art Friday 3:30 Dancersize with Ricky	9 10:30 Exercise: Strength 1:30 Bingo 2:00 Word Games 3:00 Social Hour: Root Beer Floats
10 10:30 Exercise: Yoga 1:30 Best Fork Forward 2:30 Social Hour: Hot Chocolate 3:00 Teaching	11 10:00 Father Duncan 10:30 Coffee and Chatter 2:00 Exercise: Golf 3:00 Social Hour: Men's Club 6:00 Monday Night Movie	12 10:30 Outing: Art Museum 1:30 Best Fork Forward 2:00 Room Visits 3:00 Rosary 3:30 Social Hour: High Tea	13 10:30 Movie Matinee 1:30 Exercise: Balance 2:00 Floral Arrangements 3:30 Social Hour: Ladies Afternoon	14 10:30 Exercise: Endurance 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Pi Day 5:30 Caregiving Training	15 10:30 Outing: Shopping 11:00 Communion 1:00 Exercise: Stretching 2:00 Fine Art Friday 3:30 Dancersize with Ricky	16 10:30 Exercise: Strength 1:30 Bingo 2:00 Word Games 3:00 Social Hour: Root Beer Floats
17 10:30 Exercise: Yoga 1:30 Best Fork Forward 2:30 Social Hour: St. Patrick's Day 3:00 Teaching	18 10:30 Coffee and Chatter 2:00 Exercise: Bowling 3:00 Social Hour: Men's Club 6:00 Monday Night Movie	19 10:30 Outing: Lunch 1:30 Best Fork Forward 2:00 Father Duncan 3:00 Room Visits 3:00 Rosary 3:30 Social Hour: High Tea	20 10:30 Movie Matinee 1:30 Exercise: Balance 2:00 First Day of Spring 3:00 Resident Council Meeting 3:30 Social Hour: Ladies Afternoon	9:00 10:30 Exercise: Endurance 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Bar Bingo	10:30 Outing: Scenic Drive Through Tesuque 11:00 Communion 1:00 Exercise: Stretching 2:00 Fine Art Friday 3:30 Dancersize with Ricky	23 10:30 Exercise: Strength 1:30 Bingo 2:00 Word Games 3:00 Social Hour: Root Beer Floats
24 10:30 Exercise: Yoga 1:30 Best Fork Forward 2:30 Social Hour: Hot Chocolate 3:00 Teaching	25 10:00 Father Duncan 10:30 Coffee and Chatter 2:00 Exercise: Golf 3:00 Social Hour: Men's Club 6:00 Monday Night Movie	26 10:30 Outing: Shopping 1:30 Best Fork Forward 2:00 Father Duncan 3:00 Room Visits 3:00 Rosary 3:30 Social Hour: High Tea	27 10:30 Movie Matinee 1:30 Exercise: Balance 2:00 Plant Flowers 3:30 Social Hour: Ladies Afternoon	28 10:30 Exercise: Endurance 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Bar Bingo	29 10:30 Outing: Art Museum 11:00 Communion 1:00 Exercise: Stretching 2:00 Fine Art Friday 3:30 Dancersize with Ricky	30 10:30 Exercise: Strength 1:30 Bingo 2:00 Word Games 3:00 Social Hour: Root Beer Floats
31 10:30 Exercise: Yoga 1:30 Best Fork Forward 2:30 Social Hour: Hot Chocolate 3:00 Teaching					 □ Gallery □ Community Room □ Living Room □ Library □ Outing	