

# Pacifica Tidings



March 2019



## A Note from the Executive Director

I am excited to announce our third Alzheimer's Group, the second Tuesday of the month.

This is a free seminar and will be helpful to everyone who has a loved one with Alzheimer's or Dementia. Information about this disease can help caregivers and loved ones understand the process of the disease, how to cope with the changes, and even know the beginning signs.

Our first session in January was a big success and we are moving rooms to accommodate even more attendees. February was a big hit with understanding the 10 signs and this month is all about how the Alzheimer's Association can help you and your loved ones.

We hope you can attend.

Please R.S.V.P. to Katrina (805) 680-3247

## Who am I?



Milo

## Welcome to Our Community



## *Management Team*

Katrina Pennington  
Executive Director

Karla Wright  
Nurse, Memory Care Director

Robin Weiler  
Activity Director

Ponciano Orozco  
Dietary



## *Our Mission*

*Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family.*

*We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.*

*Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.*



**PACIFICA**  
SENIOR LIVING  
SANTA BARBARA  
Memory Care

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*Welcome Home!*