

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
L— 1st Floor Lobby RDVU—Rendezvous 2AR—2nd Floor Activities Room 7MR—7th Floor Meeting Room V—Vista BR— Billiards Room CR—Conference Room PL—Plaza DR—Dining Room HSO—Health Services Office	Gentrain Transportation 1st & 3rd Wednesdays 1pm (L) Community Town Hall Wednesday, March 27 at 3pm	Happy Birthday 3/4 Jean O'Brien 3/5 Geraldine Borovilos 3/9 Jeanne Sabet 3/11 David Lawfer 3/11 Beverly Ballard 3/13 Francis Gaver	3/13 Robert Brueggeman 3/22 Marilyn Kren 3/26 Wanda Foss 3/27 Betty Johnson 3/30 Edward Troy 3/31 Capt. Robert Thomas 3/31 Joe Mangin	Blood Pressure and Hearing Check (HSO) 1st & 3rd Thursdays 9am-10am Bookmobile (Parking Lot) Thursdays at 1pm	1 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 11:00 Line Dancing (RDVU) 1:00 Wii Bowling (RDVU) 2:30 Assisted Living Town Hall (2AR) 7:00 Evening Movie (MR)	2 9:30 Mental Gym w/ Debbie (LIB) 9:45 Chair Workout (2AR) 10:00 Shop Monterey (L) 1:00 Shop Carmel (L) 1:00 Saturday Games (DR) 2:00 Ice Cream Social (RDVU) 3:00 BINGO (RDVU) 7:00 Evening Movie (MR)
3 8:30a-1:00 Church Transportation (L) 2:00 Easy Sunday Matinee (MR) 3:00 Nintendo Wii Games (RDVU) 4:00 Music w/ Michael Sanders (6L)	4 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 10:30 Jewelry Repair by Martie 10:30 Men's Discussion (7MR) 11:00 Watercolor Painting (2AR) 12:30 New Beginnings w/ Mick (CR) 2:00 Bob Phillips (RDVU) 4:00 World Trivia Tournament (BR)	5 9:45 Sit & Be Fit w/ Bushra (2AR) 10:30 Documentary Movie (RDVU) 11:00 Tai Chi (2AR) 1:00 Shop <i>Marina/Sand City</i> (L) 2:00 Cooking Demo (RDVU) 3:00 California Whales w/ Bill Shramm (MR) 4:00 Sip 'N' Play (RDVU) 7:00 Mexican Train (RDVU)	6 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 10:00 Catholic Service (CR) 10:30 Texas Hold'em Poker (BR) 1:00 Bridge (5L) 2:30 Yoga (2AR) 3:00 Mini Manicures (6L) 4:00 Masquerade Happy Hour (RDVU) 6:00 Paint Night (RDVU)	7 9:45 Sit & Be Fit w/ Bushra (2AR) 10:00 Table Games (RDVU) 11:00 Women's Discussion (7MR) 2:00 Mexican Train (BR) 3:00 Curtain Call (6L) 4:00 Social Happy Hour (RDVU) 7:00 Sea Scribes Calligraphy (7MR)	8 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 11:00 Line Dancing (RDVU) 1:00 Wii Bowling (RDVU) 2:00 Crafting and Building (2AR) 7:00 Evening Movie (MR)	9 9:30 Mental Gym w/ Debbie (LIB) 9:45 Chair Workout (2AR) 10:00 Shop Monterey (L) 1:00 Shop Carmel (L) 1:00 Saturday Games (DR) 2:00 Knitting w/ Mrs. Torres (6L) 3:00 BINGO w/ Jeanne (RDVU) 7:00 Evening Movie (MR)
10 8:30a-1:00 Church Transportation (L) 1:15 Christian Hymns w/ Monterey United Methodist Church (RDVU) 2:00 Easy Sunday Matinee (MR) 3:00 Nintendo Wii Games (RDVU)	11 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 10:30 Men's Discussion (7MR) 11:00 Watercolor Painting (2AR) 12:30 New Beginnings w/ Mick (CR) 2:00 Bob Phillips (RDVU) 4:00 World Trivia Tournament (BR)	12 9:45 Sit & Be Fit w/ Bushra (2AR) 10:30 Documentary Movie (RDVU) 11:00 Tai Chi (2AR) 1:00 Shop <i>Pacific Grove</i> (L) 2:00 Cooking Demo w/ Aracely (RDVU) 3:00 History Talks w/ Pat (MR) 4:00 Happy Hour w/ Mike Noonan (RDVU) 7:00 Mexican Train (RDVU)	13 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 10:00 Catholic Service (CR) 10:30 Texas Hold'em Poker (BR) 1:00 Bridge (5L) 2:30 Yoga (2AR) 3:00 Mini Manicures (6L) 4:00 Happy Hour w/ Lee Durley (RDVU) 7:00 Bingo w/ Jeanne (RDVU)	14 9:45 Sit & Be Fit w/ Bushra (2AR) 10:00 Table Games (RDVU) 2:00 Mexican Train (BR) 3:00 Comedy Hour w/ Gail (6L) 4:00 St. Paddy's Happy Hour w/ Dave Holodiloff (RDVU) Cuneo Jazz Band (RDVU)	15 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 11:00 Line Dancing (RDVU) 1:00 Wii Bowling (RDVU) 2:00 Crafting and Building (2AR) 3:30 Shabbat w/ Congregation Beth Israel (2AR) 7:00 Evening Movie (MR)	16 9:30 Mental Gym w/ Debbie (LIB) 9:45 Chair Workout (2AR) 10:00 Shop Monterey (L) 1:00 Shop Carmel (L) 1:00 Saturday Games (DR) 2:00 Ice Cream Social (RDVU) 3:00 BINGO (RDVU) 7:00 Evening Movie (MR)
17 8:30a-1:00 Church Transportation (L) 1:30 Monterey Symphony Transportation (L) 2:00 Easy Sunday Matinee (MR) 3:00 Nintendo Wii Games (RDVU)	18 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 10:30 Men's Discussion (7MR) 11:00 Watercolor Painting (2AR) 12:30 New Beginnings w/ Mick (CR) 2:00 Bob Phillips (RDVU) 3:15 Program Chat (RDVU) 4:00 World Trivia Tournament (BR)	19 9:45 Sit & Be Fit w/ Bushra (2AR) 10:30 Documentary Movie (RDVU) 11:00 Tai Chi (2AR) 1:00 Shop <i>Marina/Sand City</i> (L) 2:00 Cooking Demo (RDVU) 4:00 Sip 'N' Play (RDVU) 7:00 Mexican Train (RDVU)	20 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 10:00 Catholic Service (CR) 10:30 Texas Hold'em Poker (BR) 1:00 Bridge (5L) 2:30 Yoga (2AR) 3:00 Mini Manicures (6L) 4:00 Happy Hour w/ Bag O' Trix (RDVU) 7:00 Bingo w/ Jeanne (RDVU)	21 9:45 Sit & Be Fit w/ Bushra (2AR) 10:00 Table Games (RDVU) 11:00 Women's Discussion (7MR) 2:00 Chef Chat (RDVU) 2:00 Mexican Train (BR) 3:00 Curtain Call (6L) 4pm Happy Hour w/ Thom Cuneo Jazz Band (RDVU)	22 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 11:00 Line Dancing (RDVU) 1:00 Wii Bowling (RDVU) 2:00 Crafting and Building w/ Noelia (2AR) 7:00 Evening Movie (MR)	23 9:30 Mental Gym w/ Debbie (LIB) 9:45 Chair Workout (2AR) 10:00 Shop Monterey (L) 1:00 Shop Carmel (L) 1:00 Saturday Games (DR) 2:00 Knitting w/ Mrs. Torres (6L) 3:00 BINGO (RDVU) 7:00 Evening Movie (MR)
24/31 8:30a-1:00p Church Transportation (L) 2:00 Easy Sunday Matinee (MR) 3:00 Nintendo Wii Games (RDVU) 4:00 Musical Tunes w/ Ginny & Bucky (RDVU) - 3/24/19 only	25 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 10:30 Men's Discussion (7MR) 11:00 Watercolor Painting (2AR) 12:30 New Beginnings w/ Mick (CR) 2:00 March Birthday Celebration w/ Bob Phillips (RDVU) 4:00 World Trivia Tournament (BR)	26 9:45 Sit & Be Fit w/ Bushra (2AR) 10:30 Documentary Movie (RDVU) 11:00 Tai Chi (2AR) 1:00 Shop <i>Pacific Grove</i> (L) 2:00 Health & Vitality Lecture (MR) 4:00 Happy Hour w/ Mike Noonan RDVU) 7:00 Mexican Train (RDVU)	27 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 10:00 Catholic Service (CR) 10:30 Texas Hold'em Poker (BR) 1:00 Bridge (5L) 3:00 Community Town Hall (RDVU) 4:00 Happy Hour w/ Lee Durley (RDVU) 7:00 Bingo w/ Jeanne (RDVU)	28 9:45 Sit & Be Fit w/ Bushra (2AR) 10:00 Table Games (RDVU) 2:00 Mexican Train (BR) 3:00 Curtain Call (6L) 4:00 Happy Hour w/ Ben Herod (RDVU)	29 9:15 Fitness w/ Nima (RDVU) 9:45 Chair Workout (2AR) 11:00 Line Dancing (RDVU) 1:00 Wii Bowling (RDVU) 2:00 Crafting and Building (2AR) 7:00 Evening Movie (MR)	30 9:30 Mental Gym w/ Debbie (LIB) 9:45 Chair Workout (2AR) 10:00 Shop Monterey (L) 1:00 Shop Carmel (L) 1:00 Saturday Games (DR) 2:00 Ice Cream Social (RDVU) 3:00 BINGO (RDVU) 7:00 Evening Movie (MR)