






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>31</b> 11:00 a.m. - Exercise GR 11:30 a.m. - Board Games GR 1:00 p.m. - Card Games GR 4:00 p.m.- Church Service DR			<b>P = POOL</b> <b>GR = GAME ROOM</b> <b>DR = DINING ROOM</b> <b>CR = CARD ROOM</b> <b>ADR = ASSISTED DINING ROOM</b>		<b>1</b> 9:00a.m.- TOM THUMB 10:00 a.m.- Chair Yoga w/ Legacy 11:00a.m. - Lunch Bunch at BOSTON MARKET 1:30p.m.- Meridian Movie 2:00 p.m. - Fancy Nails 2:00 p.m.- Walgreens 4:00 p.m. HAPPY HOUR W/ Grupo Cache GR	<b>2</b> 10:00a.m.- Balloon Volleyball GR 10:30 a.m.- CITI TRENDS 11:00 a.m.- Board Games GR 2:00 p.m. - BINGO DR 3:00 p.m. - Meridian Movie
<b>3</b> 11:00 a.m. - Exercise GR 1:15 p.m. - Board Games GR 2:00 p.m. - Card Games 4:00 p.m. - Church Service DR	<b>4</b> 10:00 a.m.- Exercise GR 11:00 a.m.- Dominoes DR 1:00 p.m.- Chorus Sing-Along 2:00 p.m. - JENGA IDR 3:00 p.m.- BINGO 4:00 p.m.- Chicken Foot IDR	<b>5</b> "Happy Mardi Gras!" 10:00 a.m. - Exercise GR 10:30 a.m. - Balloon Volleyball GR 1:30 p.m. -Food Committee Mtg. 3:00 p.m. - BINGO DR 2:00 p.m. - WII BOWLING 4:00p.m.- Card Games IDR 4:00 p.m.- HILL TOWN	<b>6</b> 9:00a.m.- Podiatrist 9:30 a.m. - Walmart 10:00 a.m. - Exercise GR 10:30 a.m. -Balloon Volleyball GR 11:00 a.m. -Walking Club 11:00 a.m.- ERRANDS 2:00 p.m.- Ice Cream Social IDR 3:00 p.m. - BINGO DR 4:00 p.m. Dominoes ID	<b>7</b> 10:00a.m.- Exercise GR 10:30 a.m.- Wheel of Fortune GR 12:00 p.m.- Welcome Committee Lunch DR 1:30 p.m.- Meridian Movie 2:00 p.m. - Crosswords IDR 3:00 p.m.- Bingo 4:00 p.m.- UNO (Card Game IDR)	<b>8</b> 9:00 a.m.- KROGER 10:00 a.m.- Chair Yoga w/ Legacy 11:00a.m.- Lunch Bunch at BABE'S 1:30p.m.- Meridian Movie 2:00 p.m.- Walgreens 4:00 p.m. HAPPY HOUR W/ MVP & All Star Healthcare IDR	<b>9</b> 10:00a.m.- Balloon Volleyball 11:00 a.m.- CHIPOTLE 1:30 p.m. - Board Game DR 1:30 p.m.- ACTIVITY COMMITTEE MEETING 2:00 p.m. - BINGO IDR 3:00p.m. -Meridian Movie 4:00p.m.- STORYTELLING IN THE GAME ROOM
<b>10</b> DAYLIGHT SAVING TIME BEGINS—SET CLOCKS UP ONE HOUR. 11:30 a.m. - Exercise GR 1:00 p.m. - Card Games GR 1:30 p.m.- Board Games GR 4:00 p.m. - Church Service DR	<b>11</b> 10:00a.m.—2:00p.m. Wreaths by Retha" By Assisted Living Elevator 10:00 a.m. - Exercise GR 11:00 a.m.- Dominoes DR 1:00 p.m. - Chorus Sing-Along 2:00 p.m. - JENGA IDR 3:00p.m. - BINGO 4:00 p.m.- Chicken Foot IDR	<b>12</b> 10:00 a.m. - Exercise GR 10:30 a.m. - Balloon Volleyball GR 11:00 a.m.- Crime Watch Meeting GR 2:00 p.m. - WII BOWLING 3:00 p.m. - BINGO DR 4:00 p.m.- Chicken Foot Game 6:15 p.m.- JAZZ CONCERT	<b>13</b> 9:30 a.m. - Target 10:00 a.m. - Exercise GR 10:30 a.m. - Balloon Volleyball GR 11:00 a.m. -Walking Club w/ Legacy 11:15 a.m.- Cinema 11:00a.m. —ERRANDS 1:30p.m. - Grocery Store - ALDI 2:00 p.m.- Ice Cream Social IDR 3:00 p.m. - BINGO DR	<b>14</b> 10:00a.m.- Exercise GR 10:30 a.m.- Wheel of Fortune GR 1:30pm Meridian Movie 2:00 p.m. - Arts And Crafts IDR 3:00 p.m. - BINGO DR	<b>15</b> 9:00 a.m. -TOM THUMB 10:00 a.m. - Chair Yoga w/ Legacy 11:00a.m.—WALGREEN'S 1:30p.m.- Meridian Movie 2:00 p.m. - Fancy Nails 4:00 p.m.-HAPPY HOUR ST. PATRICK'S CELEBRATION w/GARY FREEMAN	<b>16</b> 10:00a.m.- Balloon Volleyball GR 10:30a.m.- ROSS DRESS FOR LESS 1:30 p.m. - Board Game DR 2:00 p.m. - BINGO IDR 3:00p.m. -Meridian Movie
<b>17</b> 11:00 a.m. - Exercise GR 11:30 a.m. - Board Games GR 1:00 p.m. - Card Games GR 4:00 p.m.- Church Service DR	<b>18</b> 10:00 a.m. - Exercise GR 11:00 a.m.- Dominoes CR 1:00 p.m.- Chorus Sing-Along DR 2:00 p.m. - JENGA IDR 3:00p.m. - BINGO 4:00 p.m.- Chicken Foot IDR	<b>19</b> 10:00 a.m. Exercise GR 10:30 a.m. - Balloon Volleyball GR 1:30 p.m. - Meridian Movie 2:00 p.m. - WII BOWLING 3:00p.m. - BINGO DR 4:00 p.m. UNO (Card Game IDR)	<b>20</b> 9:30 a.m. - Walmart 10:00 am. - Exercise GR 11:00 a.m.- ERRANDS 2:00 p.m. - Ice Cream Social IDR 3:00 p.m. - Funny Money Horse Race 4:00 p.m.- Town Hall Meeting	<b>21</b> 10:00a.m.- Exercise GR 10:30 a.m.- Wheel of Fortune GR 1:30pm Meridian Movie 2:00p.m. - Card Games IDR 2:00p.m. - GARDEN CLUB TEA 3:00 p.m.- Bingo 4:00 p.m.- Card Games	<b>22</b> 9:00 a.m.- KROGER 10:00 a.m.- Chair Yoga w/ Legacy 11:00a.m.- Lunch Bunch at CICIS PIZZAS 1:30p.m.- Meridian Movie 2:00p.m.—Fancy Nails 4:00 p.m.- HAPPY HOUR	<b>23</b> 10:00a.m.- Balloon Volleyball GR 10:30 a.m. - BIG LOTS 10:30 a.m.- Dominoes CR 1:00 p.m.- Card Games - Bridge 2:00 p.m. - BINGO DR 3:00 p.m. - Meridian Movie
<b>24</b> 11:00 a.m. - Exercise GR 11:30 a.m. - Dominoes CR 2:00 p.m. -Board Games GR 4:00 p.m. - Church Service DR	<b>25</b> 10:00 a.m. - Exercise GR 11:00 a.m. Dominoes CR 1:00 p.m. Chorus Sing-Along DR 2:00p.m. - JENGA IDR 3:00 p.m. - BINGO 4:00 p.m.- Chicken Foot IDR	<b>26</b> 10:00a.m.- Exercise GR 10:30 a.m.-Balloon Volleyball 1:30 p.m.- Meridian Movie 2:00 p.m.- UNO (Card Game IDR) 3:00 p.m.- Funny Money Auction	<b>27</b> 9:30am - Walmart 10:00 a.m. - Exercise GR 11:00 a.m. Walking Club w/ Legacy 11:00 a.m.- Errands ONLY 1:30 p.m.- Grocery Store ALDI 2:00 p.m. Residents Birthday Party 3:00 p.m. - BINGO DR 4:00 p.m.- Card Games	<b>28</b> 10:00a.m.- Exercise GR 10:30 a.m.- Wheel of Fortune GR 1:30pm Meridian Movie 2:00p.m. - Dominoes IDR 3:00 p.m.- Bingo 4:00 p.m.- Chicken Foot IDR	<b>29</b> 9:00 a.m.- TOM THUMB 10:00 a.m.- Chair Yoga w/ Legacy 11:00a.m.- Lunch Bunch at TGI FRIDAYS 1:30p.m.- Meridian Movie 2:00p.m.—Fancy Nails 2:00 p.m.- Walgreens 4:00 p.m.-HAPPY HOUR W/ Grupo Cache GR	<b>30</b> 10:00a.m.- Balloon Volleyball 10:30 p.m. - DOLLAR TREE 10:30 a.m.- Dominoes CR 1:00 p.m.- Card Games Bridge 2:00 p.m. - BINGO DR 3:00 p.m. - Meridian Movie 4:00p.m.- STORYTELLING IN THE GAME ROOM





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>SUNDAY, MARCH 10</b> Don't forget to set all of your clocks one hour ahead!</p>			<p><b>P = POOL</b> <b>DR = DINING ROOM</b> <b>IDR = INDEPENDENT DINING ROOM</b> <b>IGR = INDEPENDENT GAME ROOM</b></p>	 <p><b>BINGO!</b></p>	<p><b>1 "Hug An Employee Day!"</b> 9:00A.M.—<b>TOM THUMB</b> 10:00a.m. - Chair Yoga w/ Legacy 11:00a.m.—Lunch at <b>BOSTON MARKET</b> 2:00p.m.—<b>WALGREEN'S</b> 2:00p.m.—<b>FANCY NAILS</b> 3:00p.m.—Dominoes 4:00p.m. - <b>HAPPY HOUR</b></p>	<p><b>2 Smile Saturday :-)</b></p> <p>9:30a.m.—Walk the Grounds 10:00a.m.—Dominoes 1:30p.m. - Board Game DR 2:00p.m. - <b>BINGO IDR</b> 3:00p.m. --Meridian Movie</p>
<p><b>3 Call a friend day!</b></p> <p>10:30a.m.— Board Games DR 2:00p.m. - Dominoes 4:00p.m.- <b>Church Service IDR</b> 7:00p.m. Sunday Night At The Movies—(Ask Front Desk Personnel to start movie.)</p>	<p><b>4 MAGICAL MONDAY!</b> 9:15a.m.—Devotions 10:30a.m. - Exercise—DR 11:00a.m.— Balloon Volleyball DR 1:00a.m. - Sing A Long IDR 2:00a.m.— Coloring &amp; Paint DR 3:00p.m.—BINGO—IDR 4:00p.m.—ACTIVITY MEETING</p>	<p><b>5 FAT Tuesday! Happy "Mardi Gras! Wear a Mask!!"</b></p> <p>10:00a.m. - Balloon Volleyball DR 10:30a.m. - Exercise DR 1:30p.m. —<b>FOOD COMMITTEE</b> 2:00 p.m. - Adult Coloring 3:00p.m.—BINGO IDR</p>	<p><b>6 Wonderful Wednesday!</b></p> <p>9:00a.m.— Podiatrist 9:15a.m.—Devotions 9:30a.m.—WALMART (sign up) 10:30a.m.- Exercise - DR 11:00a.m. - Walking club w/ legacy 1:30p.m. - Arts And Crafts DR 3:00p.m.—BINGO IDR</p>	<p><b>7 Thankful Thursday!</b></p> <p>10:00am –Balloon Volleyball 10:30 a.m. Wheel of Fortune IDR 11a.m.— JENGA DR 3:00p.m.—BINGO IDR 5:30p.m.— <b>AL RESIDENT COUNCIL MEETING—DR</b></p>	<p><b>8 "Be Nice Day"</b> 9:00a.m.—<b>KROGER</b> 10:00a.m. - Chair Yoga IDR 11:00a.m.—Lunch at <b>BABE'S</b> 1:30p.m. - Meridian Movie 2:00p.m.— <b>WALGREEN'S</b> 3:00p.m.—Dominoes 4:00p.m. - <b>HAPPY HOUR</b></p>	<p><b>9 Super Saturday!</b></p> <p>9:30a.m.—Walk the Grounds 10:00a.m. – Dominoes 1:30p.m. - Board Game DR 2:00p.m. - <b>BINGO IDR</b> 3:00p.m. --Meridian Movie IN THE THEATER</p>
<p><b>10 DAYLIGHT SAVING TIME BEGINS—SET CLOCKS UP ONE HOUR.</b></p> <p>1:30p.m.- Board Games DR 2:00 p.m. - Dominoes 4:00p.m. - <b>Church Service IDR</b> 7:00p.m.—Sunday Night Movies</p>	<p><b>11 MERRY MONDAY!</b> 10:00a.m.—"Wreaths by Retha" By Assisted Living Elevator 10:30a.m.. - Exercise DR 11:00a.m.—Balloon Volleyball 1:00p.m. - Sing A Long IDR 2:00p.m. - Coloring &amp; Paint DR 3:00p.m.—BINGO—IDL</p>	<p><b>12 "Plant &amp; Flower Day"</b></p> <p>10:00a.m. - Balloon Volleyball DR 11:00 a.m.- <b>Crime Watch Meeting</b> 10:30a.m. - Exercise DR 2:30 p.m. - Adult Coloring Book 3:00p.m.—BINGO IDR 4:00p.m.—Dominoes</p>	<p><b>13 Walking Wednesday!</b></p> <p>9:15a.m.—Devotions 9:30 a.m. <b>TARGET</b> 10:00a.m.— Balloon Volleyball—DR 10:30a.m. - Exercise—DR 11:00a.m. - Walking club 3:00p.m.—BINGO IDR 4:00 p.m.— JENGA</p>	<p><b>14 Popcorn Lovers' Day</b></p> <p>10:00a.m.—Balloon Volleyball 10:30a.m. - Exercise DR 11:00a.m.—Blood Pressure/Weight Checks— All-Star Home Health 11:30a.m.— <b>WELCOME COMMITTEE LUNCH—DR</b> 3:00p.m.—BINGO IDR</p>	<p><b>15 Fancy Friday!</b></p> <p>9:00 a.m.—<b>TOM THUMB</b> 10:00a.m.- Chair Yoga 11:00a.m.—<b>WALGREEN'S</b> 2:00 p.m.—<b>FANCY NAILS</b> 3:00p.m.- Dominoes 4:00 p.m. <b>HAPPY HOUR</b> <b>ST. PATRICK'S CELEBRATION</b></p>	<p><b>16 Sweet Saturday!</b></p> <p>9:30a.m.—Walk the Grounds 10:00 a.m.—Dominoes 1:30p.m.— Board Games DR 2:00p.m.— <b>BINGO IDR</b> 3:00p.m.—Meridian Movie IN THE THEATER</p>
<p><b>17 Call Your Family &amp; Friends Day!</b></p> <p>10:30a.m.- Board Games DR 2:00 p.m. - Dominoes 4:00p.m. - <b>Church Service IDR</b> 7:00p.m.—Sunday Night Movies</p>	<p><b>18</b> 9:15a.m.—Devotions 10:30a.m.—Exercise 11:00a.m.—Balloon Volleyball 1:00p.m. - Sing A Long IDR 2:00p.m. - Coloring &amp; Paint DR 3:00p.m.—BINGO IDR 4:00p.m.—SkipBo</p>	<p><b>19 Tremendous Tuesday!</b></p> <p>10:00 a.m.- Balloon Volleyball 10:30a.m. - Exercise DR 1:30p.m. - Meridian Movie 2:30 p.m. - Adult Coloring Book 3:00p.m.—BINGO IDR 4:00p.m.—Dominoes</p>	<p><b>20</b> 10:00a.m.—Balloon Volleyball— 10:30a.m.- Exercise DR 11:00a.m. - Walking club 2:00p.m.— <b>HEARTLAND BIRTHDAY PARTY, W/ALLSTAR</b> 3:00p.m.—BINGO IDR 4:00pm—TOWN HALL MTG.</p>	<p><b>21 Thoughtful Thursday!</b></p> <p>10:00a.m. - Exercise DR 10:30 a.m. Wheel of Fortune IDR 1:30pm - Meridian Movie 2:00p.m. - Dominoes 3:00p.m.—BINGO IDR</p>	<p><b>22 Fantastic Friday!</b></p> <p>9:00a.m.—<b>KROGER</b> 10:00a.m.- Chair Yoga 11:00a.m.—Lunch at <b>CICIS PIZZAS</b> 1:30p.m. - Meridian Movie 2:00p.m.—<b>FANCY NAILS</b> 4:00p.m.—HAPPY HOUR</p>	<p><b>23 Serendipity Saturday!</b></p> <p>9:30a.m.—Walk the Grounds 10:00a.m.—Dominoes 1:00p.m. - Card Games - Bridge 2:00p.m.- <b>BINGO DR</b> 3:00pm - Meridian Movie IN THE THEATER</p>
<p><b>24/31 Call or Text that Special "someone"</b></p> <p>10:30a.m.- Board Games DR 1:30p.m.- Movie Time 2:00 p.m.—Dominoes 4:00p.m. - <b>Church Service IDR</b> 7:00p.m.—Sunday Night Movies</p>	<p><b>25 "Chocolate Covered Raisins Day!" Eat Some!</b></p> <p>10:00a.m.- Balloon Volleyball 10:30a.m. - Dominos DR 1:00p.m. - Sing A Long IDR 2:00p.m. - Coloring &amp; Paint DR 3:00p.m.—BINGO IDR 4:00p.m.—SkipBo</p>	<p><b>26 Tricky Tuesday!</b></p> <p>10:00a.m.- Balloon Volleyball 10:30 a.m.— Exercise DR 11:00 a.m.—Dominoes 1:30p.m. - Meridian Movie 2:00p.m. - Adult Coloring Book 3:00p.m.—FUNNY MONEY</p>	<p><b>27 Wise Wednesday!</b></p> <p>9:30a.m.—WALMART 10:00a.m.- Exercise DR 10:30a.m.—Balloon Volleyball 11:00a.m. - Walking cLub 3:00p.m. <b>BINGO IDR</b> 4:00p.m.—JENGA</p>	<p><b>28 Thrifty Thursday!</b> "Hug A Caregiver Day!"</p> <p>10:00 a.m. - Exercise DR 10:30 a.m. Wheel of Fortune DR 1:30p.m. - Meridian Movie 2:00p.m. - Dominoes DR 3:00p.m.—BINGO IDR</p>	<p><b>29 Finally Friday!</b></p> <p>9:00a.m. —<b>TOM THUMB</b> 10:00a.m.- Chair Yoga 11:00a.m.—Lunch at <b>TGI FRIDAYS</b> 1:30p.m. - Meridian Movie 2:00p.m.—<b>WALGREEN'S</b> 4:00p.m. - <b>HAPPY HOUR</b></p>	<p><b>30 "Take A Walk In The Courtyard" Day</b></p> <p>9:30a.m.—Walk the Grounds 10:00a.m. - Card Games - Bridge 2:00p.m.- <b>BINGO DR</b> 3:00pm - Meridian Movie IN THE THEATER</p>