

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays * Dr. Mike Jacobius 1st * Beverly Brown 5th * Carlton Baker 11th * Ron Biesecker 12th * Roselyn Blum 16th * Al Abercrombie 17th	Birthdays * Freddy Jacobson 19th * Carol Haag 19th * Sue Gregg 20th * Glen Haag 22nd * Barry Crawshaw 26th	Anniversaries * Danny & Freddy Jacobson 15th * Don & Nancy Upchurch 22nd	Location Key: MC-Memory Care TH-Therapy House #3243 TRP Trip/Outing WS-Woodshop LIB-Library DR-Dogwood Dining Room BAR-Bar Area of DR CH-Clubhouse	Weekend Dining Room Saturdays: Transportation: 10:45 TO GO Orders : 12:30 Sundays: Transportation: 11:45 TO GO Orders: 1:30	1 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 11:00 Walking Club 1:00 Hand & Foot (CH)	2 11:00-12:00 Mimosa Hour DR) 11-12:30 Brunch DR 3:00 Movie: TBA (CH) 
3 12:00-1:30 Lunch (DR)	4 8:30 Exercise (CH) 9:30 New Residents Coffee (CH) 10:00 HH Resident Association Meeting (CH) 11:15 Brevard Music Concert/ Twin Dragons Restaurant 12:00 Yoga Class with Aimee -CANCELLED- 1:00 Hearts Game (CH)	5 10:00 Sew n' So (CH) 11:00 Virginia @ ARC Memory Exercises (CH) 2:00 Delectable Desserts Demo (CH) 7:00 CHESS CLUB (CH)	6 8:30 Exercise Video (CH) 9:30 Shopping/Errands TRP 9:30 Billiards (CH) 1:30 Bridge/Scrabble (CH) 1:15 Henderson County Public Library (Matinee—Operation Finale) 6:15 BYO Fun & Games (CH)	7 9:00—4:00 Doctor Appts. (Call office for transportation) 9:30 Coffee Social (CH) 10:00 Computer Club (CH) 12:00 Chair Yoga/Light Stretching 1:00 Mahjong (CH) 6:30 Jim Sinclair	8 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 11:00 Walking Club 1:00 Hand & Foot (CH)	9 11:00-12:30 Brunch (DR) 3:00 Movie: TBA (CH)  5:30 Wine & Cheese (CH)
10 12:00-1:30 Lunch (DR)  Spring forward Don't forget to set clocks ahead one hour at 2 a.m. Sunday.	11 8:30 Exercise (CH) 9:30 Billiards (CH) 9:30 Bible Study (CH) 11:00 Gospel Hymn Sing (MC) 12:00 Yoga Class with Aimee 1:00 Hearts Game (CH) 1:00 Food Committee Meeting (CH) 3:00 Calendar Planning Meeting (CH)	12 10:00 Sew n' So (CH) 2:00 Book Club (CH) 3:30 Happy Hour (DR) 6:15 Bingo with Judie Wood 7:00 CHESS CLUB (CH)	13 8:30 Exercise Video (CH) 9:30 Shopping/Errands TRP 9:30 Billiards (CH) 1:30 Bridge/Scrabble (CH) 3:00 Info Seminar "Smart 911" (CH) 6:15 BYO Fun & Games (CH)	14 9:00—4:00 Doctor Appts. (Call office for transportation) 9:30 Coffee Social (CH) 10:00 Computer Club (CH) 12:00 Chair Yoga/Light Stretching (CH) 1:00 Mahjong (CH) 6:30 Vinnie Holman	15 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 11:00 Walking Club 1:00 Hand & Foot (CH) 3:00 Improving Ambulation Presentation (CH)	16 11:00-12:30 Brunch (DR) 3:00 Movie: TBA (CH)  7:30 PM Hendersonville Symphony (TRP) (Pick up begins @ 6:30PM).
17 12:00-1:30 Lunch (DR) 	18 8:30 Exercise (CH) 9:30 Billiards (CH) 9:30 Bible Study (CH) 11:00 Gospel Hymn Sing (MC) 12:00 Yoga Class with Aimee(CH) 1:00 Hearts Game (CH)	19 10:00 Sew n' So (CH) 11:00 Virginia @ ARC Memory Exercises(CH) 12:30 The Hare & Hound Pub & Shopping (Pickup - 11:30) 7:00 CHESS CLUB (CH)	20  8:30 Exercise Video (CH) 9:30 Shopping/Errands TRP 9:30 Billiards (CH) 1:30 Bridge/Scrabble (CH) 3:30 Amy @ ARC Healthy Living Presentation (Fun, Food and Giveaways!) 6:15 BYO Fun & Games (CH)	21 9:00—4:00 Doctor Appts. (Call office for transportation) 9:30 Coffee Social (CH) 10:00 Computer Club (CH) 12:00 Chair Yoga/Light Stretching 1:00 Mahjong (CH) 6:30 Captain Jack	22 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 11:00 Walking Club 1:00 Hand & Foot (CH)	23 9:30 HH Singers Rehearsal (CH) 11:00-12:30 Brunch (DR) 5:30 POT LUCK Dinner (CH) 
24 12:00-1:30 Lunch (DR) 2:30 Songs & Sounds (CH) 	25 8:30 Exercise (CH) 9:30 Billiards (CH) 9:30 Bible Study (CH) 11:00 Gospel Hymn Sing (MC) 1:00 Hearts Game (CH) 3:30 Hearing Aid Cleaning (CH)	26 10:00 Sew n' So (CH) 12:00 El Paso Mexican Restaurant (Pick up at 11:30) 3:30 Welcome Committee Meeting (CH) 6:15 Bingo with Judie Wood 7:00 CHESS CLUB (CH)	27 8:30 Exercise Video (CH) 9:30 Shopping/Errands TRP 9:30 Billiards (CH) 1:30 Bridge/Scrabble (CH) 6:15 BYO Fun & Games (CH)	28 9:00—4:00 Doctor Appts. (Call office for transportation) 9:30 Coffee Social (CH) 10:00 Computer Club (CH) 12:00 Chair Yoga/Light Stretching 1:00 Mahjong (CH) 5:00 Birthday Party 6:30 TNT—Tom Scott 	29 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 11:00 Walking Club 1:00 Hand & Foot (CH)	30 11:00-12:30 Brunch (DR) 3:00 Movie: TBA (CH) 
31 12:00-1:30 Lunch (DR)						