

Noteworthy March Activities Continued

***Guy's Lunch Outing - Thursday, March 14th**

What is better than a great drive, an awesome lunch and the great times that come from hanging out with Pete, John and the gang? Not much! Grab your hat, a coat and hold on tight - you're going on an adventure! **Sign up in the lobby, and meet the guys at 11:15am.**

***Wii Bowling Tournament - Wednesday, March 20th**

Whether you're a beginner or a rookie, the Wii bowling tournament is going to be a blast and raise funds for a great cause. Sign up with Harry B. if you want to join a team, or sign up in the lobby if you want to spectate for the tournament at the Senior Center. **The bus leaves Chandler's at 1:15 pm!**

***Coupeville Museum & Lunch - Thursday, March 21st**

We haven't taken a big trip in a while, so lets go! We're going to a the Historical Society Museum in Coupeville (free admission) and then Ciao for lunch after. This is going to be a 4+ hour outing, with travel time so be prepared for a great day! **The bus leaves at 10 am.**

***Brunch with Bridget - Friday, March 22nd**

Haven't gotten a chance to have a good breakfast out on the town? Never fear! We're going to **Dad's Diner** for brunch! Sign up in the lobby, and meet us at **10:30 am to catch a ride with Chris.**

***Burlington Shopping - Saturday, March 23rd**

All aboard! We're going to Burlington to shop, so sign up in the lobby with your name, and where you'd like to go in Burlington. If you don't want to go shopping, but want us to drop you off at your favorite coffee shop or restaurant we can do that too! So grab your wallet, maybe a book, but definitely a jacket - and meet us in the **lobby at 11:15 am.**

***13Moons Dinner Outing - Tuesday, March 26th**

Sometimes getting dressed up, going out with your friends and having a great meal does the trick for the winter to spring gloomy weather. We're taking the bus out to the Casino for a beautiful meal, great conversation and a gorgeous view. Sign up in the lobby, and meet us at **5 pm to hop on the bus.**

***Anthony's Brunch - Sunday, March 31st**

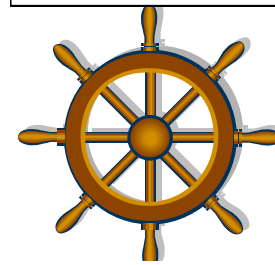
Have you tried Anthony's brunch? We've hear it's pretty good! Lets take a break from the routine and go out on a Sunday morning! Sign up in the lobby, and catch a ride with Susie at **10:45 am.**

Note: Please check the calendar for other activities not listed. Thank you!



CLIPPER

March 2019



*Pete Kovach
Executive Director*

*Cassandra Roberts
Business Office
Manager*

*Leah Yanega
Community
Relations Director*

*Tammy Scott
Health Services
Director*

*Jess Watchie
Lifestyle & Leisure
Director*

*Art Herrera
Food Services
Director*

*John Fuik
Maintenance
Director*

*Susie Deyo
Resident Relations*

*Erin Roux
Housekeeping
Supervisor*

Thank you, and farewell John Fuik!

Greetings!

9 years, 7 months and 7 days ago John Fuik began working at Chandler's Square as an assistant to Larry Gardner – the Maintenance Director. About 6 months after John started working for him Larry came up to me and said “Pete – I can't keep up with John... can we swap positions?” and from then on John hasn't stopped.

Since that time John has taken full and complete responsibility for single item under the Chandler's Square roof. Stop and think about that... Every switch, every outlet, every smoke detector, and every bulb. Every floor, every wall, every ceiling, and every shingle. Every screw, every nail, and every bolt. Every pipe and every wire. He kept the kitchen up and running 24/7 fixing ice-makers, freezers, dishwashers, and ovens. If it carried gas, water or current it was his responsibility. If it needed fixing, or carpeting, or tiling, or painting, or adjusting, or replacing – John was on it. He replaced batteries in TV remotes and oversaw the installation of solar panels. He fixed leaky toilets and replaced 200 gallon boilers. He shoveled snow, built paths, raised flagpoles, and trimmed trees. He remodeled apartments. He ordered soap for the laundry rooms, air fresheners for the bathrooms, and bags for dog owner's to clean up messes. He did all that, and much much more. If it is working today chances are John has touched it.

Perhaps more impressive was the manner in which he managed all that responsibility. I don't have to tell you – the people who call this place home – how much he cared about you. He had a ridiculous workload, but your concerns often found a quick path to the top of his list. He gave you his complete attention, and he always carried a great attitude. I don't think I've ever seen John in a bad mood.

Space precludes me from going on much longer, but it is with the above in mind that I wanted to take this opportunity to use to say “Thank You” to John. He is entering a well-earned and overdue retirement at the end of this month, and the truth is he is not likely to be replaced or forgotten by those of us fortunate enough to consider him our friend.

- Pete

**Chandler's Square Residents'
Council Meeting
Tuesday, February 19th**

Present:

Margaret	S. Harry B.	Nancy A.
Jim J.	Duane S.	Maxine L.
Sandy K.	Harvey O.	Dee H.

Pete P., Executive Director

Old Business:

It was requested that the blinds in the dining room be replaced, which has been completed. Other additional repairs that were requested in the last Resident Council Meeting, such as the lights by the fountain, and TV in the Captain's Crossing have been repaired. Additionally, the requested cleaning wipes have been provided to the exercise room.

The welcome folder being compiled for all new residents are in the final stages of completion, and will be distributed at the All Resident Meeting in March to all who are interested.

Push buttons in common areas are still being priced and researched. Updates will follow with the outcome shortly.

New Business:

The council requested that the crosswalk light to cross 12th Avenue button be checked to make sure it works properly.

It was also requested that a few non-wheeled chairs be added to the Captain's Crossing for those that do not like or have difficulty using the wheeled chairs.

There was a brief discussion about the Dealing with Grief Support Group, "Face Sheet" updates, and ACH (automatic rent withdrawal system). It determined that these topics would be further explained at the all resident meeting.

Respectfully submitted by, Pete P., Interim Secretary.

Happy March Birthdays!

Residents

Carl M. - 3/11
Bernice F. - 3/18
Gloria G. - 3/21
Marge K. - 3/28
Eunice S. 3/29

Staff

Noah H - 3/12
Bridget F. - 3/18
Leah Y. - 3/24



Happy Birthday
February Residents!

Noteworthy March Activities

Wii Bowling - Every Day, from now - Wednesday, March 20th

In lieu of the Wii Bowling Tournament (which is a fundraiser for Meals on Wheels), we are offering Wii bowling at least once a day. Keep an eye on the schedule for times, especially if you want to try it out! We will always be meeting in the **Compass Room**, but be sure to ask a staff member for help if you need it.

Balanced & Fit - Monday, March 4th & 18th

Come work on your balance and core strength with Ania for our rotating exercises class on Mondays. The group gathers in the **Compass Room at 9:30 am twice a month.**

Birthday Party - Tuesday, March 5th

It's time for cake, ice cream, and presents! We're all gathering to celebrate our March birthdays, and you don't want to miss out. Join us in the **Dining Room at 2:30 pm.**

Dealing with Loss Support Group - Tuesday, March 6th & 20th

If you are dealing with the strain of loss, and are wanting the support of others who are or have experienced similar things, come as you are. The group will be gathering in the **library at 2 pm on the 6th and 20th.**

***Ladies Lunch - Thursday, March 7th**

We're off to Burlington! It's been more than a minute since we've been to Olive Garden and it's just time! Grab your purse, a jacket, a friend and meet us in the lobby at **11:15 am on Thursday, March 7th.** Don't forget to sign up in the lobby hallway!

***Swedish Pancakes - Saturday, March 9th**

Ok - we *really* are going this time! As long as we don't get any crazy weather again, we're hitting the road for Swedish Pancakes at the E.I.k.s. Sign up in the lobby hallway & meet us in **lobby at 9:30 am.**

Chair Yoga - Monday, March 11th & 25th

It's time to try a new thing! Mr. Joe is coming to teach Chair Yoga on Monday, February 11th and 25th! Come learn some helpful balance and mindfulness exercises to strengthen the mind and body. In the **Compass Room at 9:30 am twice a month.**

***Soroptimist- Tuesday, March 12th**

Looking for a new outfit? We get ya! Come sign up in the lobby hallway, and then meet us in the lobby to hit the road for our favorite thrift store - Soroptimist at **1:15 pm.**

Afternoons with Alexa - Wednesday, March 13th & 27th

We're going to set up the Amazon Alexa in the lobby, and let you ask her whatever you want! Questions about the weather, jokes, what happened on this day in history - the sky is the limit!

Note: Please check the calendar for other activities not listed & feel free to come to an Activities Suggestion meeting to get something on the schedule you're looking for!

WALKER MAINTENANCE!

We heard you loud and clear! Some of you need a Walker Doctor. We went to the best handy man we know, **and he'll get you sorted out the best he can.**

Our very own Maintenance Director John is going to be diagnosing and doing minor repairs in the ***Captain's Crossing*** at 10 am on Monday, March 11th.

Fun Fact! If you have borrowed/rented a walker from Soroptimist and it is having issues John cannot fix, you can bring it in and exchange it!

We are going there the next day, Tuesday, March 12th at 1:15 pm - just sign up in the lobby!

Last Month's "Guess Who"

Our very own Virginia F!



Guess Who?



Which staff or Resident is this? Bring your guesses to Jess, Bridget or Susie!

This Month at Chandler's Square

You folks made this month so darn fun! What a great way to spend a rather snowy February!



Community Announcements!

Transportation + Office Hours

New Transportation Hours

As of now, Transportation now begins at 8 am!

New Office Hours

We are happy to announce that the new office hours are:

Monday - Friday

8:30 am - 5 pm

(closed from 12 - 12:30 pm for lunch)

Saturday - Sunday

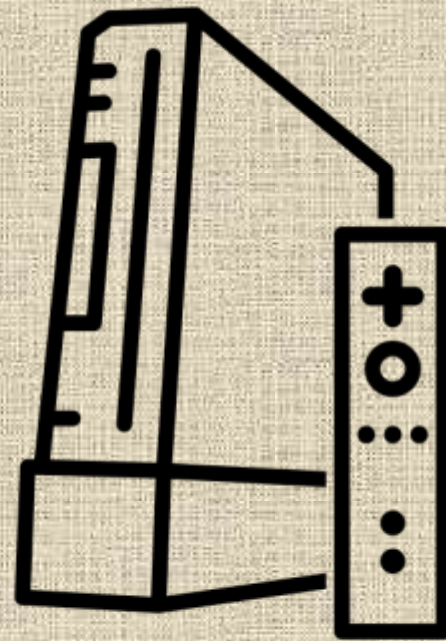
10 am - 4 pm

(closed for 30 minutes for lunch)

Call us at 360-293-1300 if you have any questions during these hours.

Wii Bowling!

You may have noticed more slots this month. We're leading up to the Wii Bowling Tournament on March 20th!



Low Vision Support Group

The Anacortes Senior Center hosts a great event called the "Low Vision Support Group" on the last Thursdays of the month! We are offering transportation there! So sign up and meet us at 9:45 am on March 28th!



Daylight Savings Time Begins!

Don't forget to set your clock *forward* as of Midnight on Sunday, March 10th!

Educational Lecture

The Skagit County Historical Museum in La Conner is back! Come here from Deanna Ramey Ammons, a member of the Board of Trustees for the Museum. In addition to serving on the board of trustees, Deanna is also a former full time historian for the Community of Day Creek, located just outside of Sedro-Wooley, where she spent much of her childhood. Deanna has done it all! Trustee member, historian, post master and no stranger to hard work. Her family had a small farm, where they would milk their own cows and churn their own butter.

In lieu of her fascinating past, Deanna is joining us to display some vintage butter churns and will even take them out for a spin by making butter **here** at Chandler's Square. Come experience, listen, learn and taste!

Join us in the Dining Room at 2:30 pm, on Friday, March 15th.
St. Patrick's Day happy hour to follow at 3:45 pm.

TIME / DATE CHANGES FOR MARCH

Women's Coffee + Doughnuts

Thursday - **March 21st, 9 am in the Captain's Crossing**



Due to our special Coupeville Museum and Lunch outing on Thursday, March 21st we are moving Ladies Coffee & Doughnuts up to 9 am for Thursday, March 21st.

This will be the **only** week in March we're doing this. All other March dates are the normal 9:30 am start time.

Healthy Living Lecture

Friday - March 29th, 10:15 am in the THEATER



"Why can I remember the lyrics to my favorite song from high school, but I can't remember why I came into the kitchen!?"

Sound familiar? If your memory isn't what it used to be, join Select Rehab's Speech Pathologist Libby Lewis for a look at changes in memory that are normal with aging. You will get hands-on training in tools, strategies, and exercises that can help you remember names, lists, appointments, and yes, even why you came into the kitchen!

PRESENTED BY Libby Lewis, M.Ed., M.A., CCC-SLP

Speech Language Pathologist Libby Lewis works with adults who experience changes in voice, communication, cognition, or swallowing. Changes in these areas can arise from normal aging or from conditions such as stroke, Parkinson's or other neurological diseases, traumatic brain injury, injury to the vocal cords, side effects from medication or other medical complications. She provides services in Anacortes at assisted living, skilled nursing, and memory care facilities, as well as inpatient and outpatient hospital care. She has worked for Select Rehab at Chandler's Square and Lighthouse Memory Care Center for 2 years.

Libby has master's degrees in adult education and in communication sciences and disorders. Prior to working as a speech therapist, Libby taught English and communication courses at City University of Seattle. When not working, she loves to travel with her husband and friends and enjoys running.

WII BOWLING TOURNAMENT

Wednesday, March 20th

1:15 pm at the Senior Center

It's that time of the year again! We get to partner with the Anacortes Senior Center to raise funds and awareness for the *Meals on Wheels* non-profit. It's a great way to give back while also having some fun, which is why we need **YOU**.

We play Wii Bowling four days a week normally, but from now until the tournament we will be offering bowling at least once a day, *every* day. Some days we offer it twice to give time for you all to practice.

If you're a pro, or you've never tried it - Wii bowling is a blast, and doesn't require the physical strain that regular bowling does. Harry B. is building teams for the tournament, and we need you! So keep an eye on the calendar, and stop by and talk with him to get all the info and get yourself on a team!

Please commit to a team **by Wednesday, March 6th** by confirming with Harry B!

All bowlers will have a ride, but if you're a non-bowler and want to come cheer on the team, sign up in the lobby and we'll get you there!





March Movies
In The Theater – Saturday & Sunday's
Starting at 2:30pm



The Wizard of Oz - 1939 - 1 hr 52 min - Playing Saturday 3/2 & Sunday 3/3

When a tornado rips through Kansas, Dorothy and her dog, Toto, are whisked away in their house to the magical land of Oz. They follow the Yellow Brick Road toward the Emerald City to meet the Wizard, and en route they meet a Scarecrow that needs a brain, a Tin Man missing a heart, and a Cowardly Lion who wants courage. The wizard asks the group to bring him the broom of the Wicked Witch of the West to earn his help. **Genre:** Fantasy/Adventure **Cast:** Judy Garland, Ray Bolger, Jack Haley, Bert Lahr, Margaret Hamilton

Patch Adams – PG-13 1998 – 1 hr 55 min – Playing Saturday 3/8 & Sunday 3/9

After struggling with depression in a mental hospital, Hunter "Patch" Adams decides he wants to become a doctor. He enrolls at Virginia Medical University but is disillusioned by the school's clinical perspective on patient care. With the aid of a wealthy friend, Adams opens his own medical clinic for those without insurance. He forms a deep bond with fellow medical student Carin Fisher before a tragedy causes Adams to re-evaluate his approach. **Genre:** Comedy/Drama **Cast:** Robin Williams, Monica Potter

Brooklyn – PG-13 2015 – 1 hr 57 min – Playing Saturday 3/16 & Sunday 3/17

Young Irish immigrant Eilis Lacey navigates her way through 1950s Brooklyn. Lured by the promise of America, Eilis departs Ireland and the comfort of her mother's home for the shores of New York City. The initial shackles of homesickness quickly diminish as a fresh romance sweeps Eilis into the intoxicating charm of love. But soon, her past disrupts her new vivacity, and Eilis must choose between two countries and the lives that exist within. **Genre:** Drama/Romance **Cast:** Saoirse Ronan.

All the President's Men – 1976 – 2 hr 18 min – Playing Saturday 3/23 & Sunday 3/24

Two green reporters and rivals working for the Washington Post, Bob Woodward and Carl Bernstein, research the botched 1972 burglary of the Democratic Party Headquarters at the Watergate apartment complex. With the help of a mysterious source, code-named Deep Throat, the two reporters make a connection between the burglars and a White House staffer. Despite dire warnings about their safety, the duo follows the money all the way to the top. **Genre:** Drama/Mystery **Cast:** Robert Redford, Dustin Hoffman, Hal Holbrook

The Sister Act – PG 1992 – 1 hr 40 min – Playing Saturday 3/30 & Sunday 3/31

When lively lounge singer Deloris Van Cartier sees her mobster beau, Vince LaRocca, commit murder, she is relocated for her protection. Set up in the guise of a nun in a California convent, Deloris proceeds to upend the quiet lives of the resident sisters. In an effort to keep her out of trouble, they assign Deloris to the convent's choir, an ensemble that she soon turns into a vibrant and soulful act that gains widespread attention. **Genre:** Crime/Musical **Cast:** Whoopi Goldberg, Harvey Keitel,

Let us know how you liked the movie by rating it on your way out of the theater.

March Music

Most of our Music will take place in the Captain's Crossing, but keep an eye on the schedule for special circumstances.

Our very own: Chris the Driver
March 4th - 2:30 pm in the CC

Danny Ward
March 11th - 2:30 pm in the CC

The Esquires
March 18th - 2:30 pm in the Dining Room

Nick & Judy
March 25th - 2:30 pm in the CC