

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

#### Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

#### Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

#### Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

...continued on back page

### Happy Birthday!

Residents	
Virginia D.	3/03
Jerry L.	3/04
Tabitha N.	3/04
Loretta S.	3/08
Robert S.	3/11
Rebecca B.	3/14
Doris W.	3/17
Diane Q.	3/18
Betty S.	3/23
Staff	
Christina B.	3/01
Brandy R.	3/02
Jill M.	3/03
Norma S.	3/07
Joseph C.	3/13
Sarah T.	3/13
Danny C.	3/21

# Executive Director Corner

**Greetings from WoodBridge** Health Campus! March promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at WoodBridge, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last. Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give

and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us! Yours in Service,

Tammy Shirels
Executive Director

### Volunteer News

We love our volunteers! We are always looking for ways to enrich the lives of our residents. If you would like to become a volunteer, please visit our Life Enrichment team to discuss the possibilities. Also, when you see our volunteers please thank them for spending their time helping to enrich the lives of our residents.

# **Photo Highlights**

deserve. Kicking off this month

is Employee Appreciation Day,

them the recognition they



These ladies were playing a friendly game of ping pong on a cold day.

# More Photo Highlights



Ernestine, Doris, Nina and Betty were just warming up for Zumba Gold



Loretta is enjoying getting her nails painted by one of our wonderful volunteers.



Pat showing off her Valentines craft

## Sunday Brunch

Please join us for Sunday Brunch on March 3 at 11:30am. Each resident may enjoy 2 complimentary guests. Any additional guests may purchase a meal for an additional \$7.00. Reservations are required. Please stop by or call to reserve your spot today!

### Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link: www.woodbridgehc.com

The Private Dining Room can be reserved by calling Allison in Guest Relations.

Happy Hour is weekly at 3:00pm on Friday.



**HEALTH CAMPUS** 

A Trilogy Senior Living Community

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Director of Health Services

Jada Johnson
Assistant Director of Health Services

Brandy Rodabaugh Community Service Representative Cindy Clark

Business Office Manager
Jill McMinn

Life Enrichment Director

Jason Iliff Director of Plant Services Mike Huffer

Mike Huffer
Director of Dining Services

Donna Foster Director of Environmental Services Jodi Shively

Director of Social Services

Holly Leffert
Therapy Club Director

### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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# 'St. Paddy's Day'

These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



# Word Gearch

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ARTISANS	GREEN	IRISH	SAINT
CLOVER	HAPPY HOUR	LEPRECHAUN	SEVENTEEN
CRAFTS	INSPIRATIONS	LUCKY	SHAMROCK
GOLD	IRELAND	MARCH	STORIES