

Life Enrichment - Assisted Living
White Oak Health Campus

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans</div> <div><div>CC</div> - Community Connections</div> <div><div>CC</div> - Creative Cooking</div> <div><div>GG</div> - Group Games</div> <div><div>I</div> - Inspirations</div> <div><div>K</div> - Keeping it Sharp/Reminisce</div> <div><div>L</div> - Lifelong Learning</div> <div><div>M</div> - Music to My Ears</div> <div><div>O</div> - Out & About</div> <div><div>S</div> - Signature Events</div> <div><div>V</div> - Vitality</div>	Please let us know if you have an idea for our new Men's Group .	We appreciate our Volunteers! Please feel free to let Life Enrichment know if you know of anyone who may be interested in being a volunteer here at White Oak.	KEY: AR - Activity Room ADR - Assisted Living Dining Room ALL - Assisted Living Lounge T - Town Square O - Outing HCD - Health Center Dining Room	Happy Birthday To You : 3 Patsy W 5 Max H 9 Mary B 13 Marjorie B 13 Joan Y 15 Tim B 25 Peggy L 26 Nola S	<div>1</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>K</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>CC</div> 1:30 Cream Cheese Oreos - AR</div> <div><div>S</div> 3:30 Happy Hour with Nanas and the Papas- TS</div> <div><div>K</div> 6:15 Bunco-AR</div>	<div>2</div> <div><div>V</div> 9:30 Exercise Ball-AR</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>K</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>K</div> 1:30 Bingo-ALD</div>
<div>3</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>K</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>M</div> 2:30 Church Service with Pastor Blakey - ALL</div> <div><div>GG</div> 3:15 Sunday Sundae's -AR</div>	<div>4</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>K</div> 2:00 Cards with friends from Delphi-AR</div> <div><div>K</div> 6:00 Euchre - AR</div> <div><div>M</div> 6:45 The Cutler Band-TS</div>	<div>5</div> <div>Mardi Gras</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>K</div> 11:00 Hangman - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>O</div> 1:30 Walmart-O</div> <div><div>S</div> 4:00 Trilogy Triathlon Opening Ceremony - ALL</div> <div><div>S</div> 5:00 Family Night - HC/AL</div> <div>6:00 Family Night</div>	<div>6</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>L</div> 10:15 Times Past with Kean-ALL</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>S</div> 1:30 Chef Circle - AR</div> <div><div>I</div> 3:00 Reading the Bible with Jerry-ALL</div> <div><div>M</div> 4:00 LifeShare Games-Bistro</div>	<div>7</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>O</div> 10:30 Morning Drive-O</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>I</div> 2:00 Book Club with Karen-ALL</div>	<div>8</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>S</div> 10:30 Resident Council-AR</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>A</div> 1:30 Flower Arranging- AR</div> <div><div>M</div> 3:30 Happy Hour-Sam Piercy TS</div> <div><div>K</div> 6:15 Bunco-AR</div>	<div>9</div> <div><div>V</div> 9:30 Exercise Ball-AR</div> <div><div>K</div> 10:15 Triathlon Euchre / 1st Round -AR</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>K</div> 1:30 Bingo-ALD</div>
<div>10</div> <div>Daylight Savings Begins</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>S</div> 11:30 Sunday Brunch</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>L</div> 2:30 Gospel Hour with Christine Thayer-AR</div>	<div>11</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>K</div> 10:30 Triathlon Spelling Finals - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>K</div> 2:30 Our Lady of the Lakes Bingo-HC</div> <div><div>K</div> 6:00 Euchre - AR</div>	<div>12</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>K</div> 11:00 Hangman - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>O</div> 1:30 Dollar General-O</div> <div><div>M</div> 6:00 Music with Kent Lane-T</div>	<div>13</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>S</div> 10:30 Chef's Circle - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>I</div> 1:30 Triathlon Trivia - AR</div> <div><div>I</div> 3:00 Reading the Bible with Jerry-ALL</div> <div><div>M</div> 4:00 LifeShare Games-Bistro</div>	<div>14</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>O</div> 10:30 Morning Drive-O</div> <div><div>V</div> 11:00 Triathlon Bowling Competition -TS</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>I</div> 2:00 Book Club with Karen-ALL</div> <div><div>GG</div> 3:15 Penny Auction-AR</div> <div><div>I</div> 6:00 Pastor Roberts-ALL</div>	<div>15</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>CC</div> 1:30 Leprechaun Fluff- AR</div> <div><div>M</div> 3:30 Happy Hour- Donna Shaw-T</div> <div><div>K</div> 6:15 Bunco-AR</div>	<div>16</div> <div><div>V</div> 9:30 Exercise Ball-AR</div> <div><div>K</div> 10:15 Triathlon Euchre Championship -AR</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>K</div> 1:30 Bingo-ALD</div>
<div>17</div> <div>St. Patrick's Day</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>CC</div> 1:30 St. Patricks Day Pistachio Cake-TS</div> <div><div>M</div> 2:30 St.Paddy's Day</div>	<div>18</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>L</div> 10:30 Triathlon Trivia Competition -AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>L</div> 2:30 Columbian Park Zoo Visit - TS</div> <div><div>CC</div> 3:30 Olympic Rings Cupcakes - AR</div>	<div>19</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>K</div> 11:00 Hangman - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>O</div> 1:30 Cards with Friends at Delphi-O</div> <div><div>CC</div> 3:00 Nails with Ruth-AR</div> <div><div>K</div> 6:00 Brain Benders - AR</div>	<div>20</div> <div>Spring Begins</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>S</div> 10:30 Chef's Circle - AR for AL/HC</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>S</div> 1:30 Triathlon Bobsled Competition - TS</div> <div><div>I</div> 3:00 Reading the Bible with Jerry-ALL</div>	<div>21</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>O</div> 10:30 Morning Drive-O</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>S</div> 1:30 Triathlon Basketball Finals -TS</div> <div><div>I</div> 2:00 Book Club with Karen-ALL</div>	<div>22</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>S</div> 1:30 Krafters Korner-AR</div> <div><div>S</div> 3:00 Triathlon Closing Ceremony and Awards - TS</div> <div><div>M</div> 3:30 Happy Hour with Tracy</div>	<div>23</div> <div><div>V</div> 9:30 Exercise Ball-AR</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>K</div> 1:30 Bingo-ALD</div>
<div>24</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>M</div> 2:00 Larry and Ruth Ministry-T</div> <div><div>GG</div> 2:30 Hot Cocoa/Coffe Social-T</div> <div><div>I</div> 4:00 Pastor Brandon Eddy-ALL</div>	<div>25</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>K</div> 10:30 Random Trivia with Judy - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>K</div> 1:30 Christian Church Bingo - ADR</div> <div><div>CC</div> 3:00 Mamie's Kitchen / Spring Chex Mix - AR</div>	<div>26</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>O</div> 11:15 Ladies' Lunch Out - O</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>M</div> 3:00 Mike Alman - TS</div> <div><div>L</div> 6:00 Arm Chair Travels - AR</div>	<div>27</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>S</div> 10:30 Chef's Circle - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>L</div> 2:00 Learning Your Lifeshare - AR</div> <div><div>I</div> 3:00 Reading the Bible with Jerry-ALL</div> <div><div>M</div> 4:00 LifeShare Games-Bistro</div>	<div>28</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>O</div> 10:30 Morning Drive-O</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>I</div> 1:30 Mass w/ Father Rasner - 400 Lobby</div> <div><div>I</div> 2:00 Book Club with Karen-ALL</div> <div><div>O</div> 4:45 Romeo's Club - O</div> <div><div>I</div> 6:00 Pastor Roberts</div>	<div>29</div> <div><div>V</div> 9:30 Morning Stretch-AR</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>CC</div> 1:30 Cinnamon Crinkles-TS</div> <div><div>M</div> 3:30 Happy Hour with The Lone Wolf- TS</div> <div><div>K</div> 6:15 Bunco-AR</div>	<div>30</div> <div><div>V</div> 9:30 Exercise Ball-AR</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>K</div> 1:30 Bingo-ALD</div>
<div>31</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>I</div> 12:00 Pledge of Allegiance-ALD</div> <div><div>CC</div> 2:30 Ice Cream Social-T</div> <div>6:15 Sunday Night Movie-AR</div>	Let The Games Begin: Trilogy Triathlon Opening Ceremony will be Tuesday, March 5 at 4:00 PM	Medicare 1-800-722-1213 Medicaid 1-800-403-0864	Ombudsman : Andrea Smothers 1-800-382-7581	Join Us for Family Night Fun : Tuesday, March 5, from 3:30-5:00	Veteran Services 1-765-742-1796	Welcome First Day of Spring - Wed. March 20 !!!!

Life Enrichment - The Health Center
White Oak Health Campus

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans</div> <div><div>CC</div> - Community Connections</div> <div><div>CC</div> - Creative Cooking</div> <div><div>GG</div> - Group Games</div> <div><div>I</div> - Inspirations</div> <div><div>K</div> - Keeping it Sharp/Reminisce</div> <div><div>L</div> - Lifelong Learning</div> <div><div>MM</div> - Mindful Moments</div> <div><div>M</div> - Music to My Ears</div> <div><div>O</div> - Out & About</div> <div><div>S</div> - Signature Events</div>	Please let us know if you have an idea for our new Men's Group .	We appreciate our Volunteers! Please feel free to let Life Enrichment know if you know of anyone who may be interested in being a volunteer here at White Oak.	KEY: AR - Activity Room ADR - Assisted Living Dining Room ALL - Assisted Living Lounge T - Town Square O - Outing HCD - Health Center Dining Room	Happy Birthday to You : 3 Patsy W 5 Max H 9 Mary B 13 Marjorie B 13 Joan Y 15 Tim B 25 Peggy L 26 Nela S	<div>1</div> <div><div>MM</div> 10:30 Healthy Hands - HC</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>K</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>CC</div> 1:30 Cream Cheese Oreos - AR</div> <div><div>S</div> 3:30 Happy Hour with Nanas and the Papas- TS</div>	<div>2</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>V</div> 11:15 Triathlon Basketball - TS</div> <div><div>K</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 1:30 Bingo-ALD</div> <div><div>MM</div> 3:30 Active Minds-HC</div>
<div>3</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>K</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>M</div> 2:30 Church Service with Pastor Blakey - ALL</div> <div><div>GG</div> 3:15 Sunday Sundae's -AR</div>	<div>4</div> <div><div>A</div> 11:15 Aqua Paints-TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 2:00 Cards with friends from Delphi-AR</div> <div><div>MM</div> 4:15 Healthy Hands-HC</div> <div><div>K</div> 6:00 Euchre - AR</div> <div><div>M</div> 6:45 The Cutler Band-TS</div>	<div>5</div> <div>Mardi Gras</div> <div><div>K</div> 10:00 Hospitality Cart-HC</div> <div><div>V</div> 10:30 Bowling-TS</div> <div><div>K</div> 11:00 Hangman - AR</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>O</div> 1:30 Walmart-O</div> <div><div>CC</div> 3:00 Nails with Ruth-TS</div> <div><div>S</div> 4:00 Trilogy Triathlon Opening Ceremony - ALL</div>	<div>6</div> <div><div>L</div> 10:15 Times Past with Kean-ALL</div> <div><div>M</div> 11:15 Sing Fit - TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>S</div> 2:00 Chef Circle-SR</div> <div><div>I</div> 3:00 Reading the Bible with Jerry-ALL</div> <div><div>MM</div> 4:15 Healthy Hands - HC</div>	<div>7</div> <div><div>K</div> 10:00 Hospitality Cart-HC</div> <div><div>O</div> 10:30 Morning Drive-O</div> <div><div>MM</div> 11:15 Stimulation Sensations-HC</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 1:30 Bingo with Ed-TS</div> <div><div>MM</div> 4:15 Healthy Hands-HC</div> <div><div>I</div> 6:00 Marvelous Massages-HC</div>	<div>8</div> <div><div>S</div> 10:30 Resident Council-AR</div> <div><div>MM</div> 10:30 Healthy Hands - HC</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>A</div> 1:30 Flower Arranging- AR</div> <div><div>M</div> 3:30 Happy Hour-Sam Piercy TS</div>	<div>9</div> <div><div>K</div> 10:15 Triathlon Euchre / 1st Round -AR</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>V</div> 11:15 Triathlon Basketball Practice - TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 1:30 Bingo-ALD</div> <div><div>MM</div> 3:30 Active Minds-HC</div>
<div>10</div> <div>Daylight Savings Begins</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>S</div> 11:30 Sunday Brunch</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>L</div> 2:30 Gospel Hour with Christine Thayer-AR</div>	<div>11</div> <div><div>K</div> 10:30 Triathlon Spelling Finals - AR</div> <div><div>A</div> 11:15 Aqua Painting-TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 2:30 Our Lady of the Lakes Bingo-HC</div> <div><div>K</div> 6:00 Euchre - AR</div>	<div>12</div> <div><div>K</div> 10:00 Hospitality Cart-HC</div> <div><div>V</div> 10:30 Bowling-TS</div> <div><div>K</div> 11:00 Hangman - AR</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>O</div> 1:30 Dollar General-O</div> <div><div>MM</div> 4:15 Healthy Hands-HC</div> <div><div>M</div> 6:00 Music with Kent Lane-T</div>	<div>13</div> <div><div>M</div> 11:15 Sing Fit - TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>S</div> 1:30 Triathlon Trivia - AR</div> <div><div>I</div> 3:00 Chef's Circle - Sunroom</div> <div><div>MM</div> 4:15 Healthy Hands - HC</div>	<div>14</div> <div><div>K</div> 10:00 Hospitality Cart-HC</div> <div><div>O</div> 10:30 Morning Drive-O</div> <div><div>V</div> 11:00 Triathlon Bowling Competition -TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 1:30 Bingo with Ed-TS</div> <div><div>GG</div> 3:15 Penny Auction-AR</div> <div><div>MM</div> 4:15 Healthy Hands-HC</div>	<div>15</div> <div><div>MM</div> 10:30 Healthy Hands - HC</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>CC</div> 1:30 Leprechaun Fluff- AR</div> <div><div>S</div> 2:30 Resident Council - Sunroom</div> <div><div>M</div> 3:30 Happy Hour- Donna Shaw-T</div>	<div>16</div> <div><div>K</div> 10:15 Triathlon Euchre Championship -AR</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>V</div> 11:15 Balloon Volleyball - TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 1:30 Bingo-ALD</div> <div><div>MM</div> 3:30 Active Minds-HC</div>
<div>17</div> <div>St. Patrick's Day</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>CC</div> 1:30 St. Patricks Day Pistachio Cake-TS</div> <div><div>M</div> 2:30 St.Paddy's Day</div>	<div>18</div> <div><div>L</div> 10:30 Triathlon Trivia Competition -AR</div> <div><div>A</div> 11:15 Aqua Painting-TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>L</div> 2:30 Columbian Park Zoo Visit - TS</div> <div><div>CC</div> 3:30 Olympic Rings Cupcakes - AR</div>	<div>19</div> <div><div>K</div> 10:00 Hospitality Cart-HC</div> <div><div>V</div> 10:30 Bowling-TS</div> <div><div>K</div> 11:00 Hangman - AR</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>O</div> 1:30 Cards with Friends at Delphi-O</div> <div><div>CC</div> 3:00 Nails with Ruth-AR</div> <div><div>MM</div> 4:15 Healthy Hands-HC</div>	<div>20</div> <div>Spring Begins</div> <div><div>M</div> 11:15 Sing Fit - TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>S</div> 1:30 Triathlon Bobsled Competition - TS</div> <div><div>I</div> 3:00 Reading the Bible with Jerry-ALL</div> <div><div>MM</div> 4:15 Healthy Hands - HC</div> <div><div>M</div> 6:00 Music with Ed Halsema-</div>	<div>21</div> <div><div>K</div> 10:00 Hospitality Cart-HC</div> <div><div>O</div> 10:30 Morning Drive-O</div> <div><div>MM</div> 11:15 Stimulation Sensations-HC</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>S</div> 1:30 Triathlon Basketball Finals -TS</div> <div><div>MM</div> 4:15 Healthy Hands-HC</div> <div><div>CC</div> 6:00 Marvelous Massages-HC</div>	<div>22</div> <div><div>MM</div> 10:30 Healthy Hands - HC</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>S</div> 1:30 Krafters Korner-AR</div> <div><div>S</div> 3:00 Triathlon Closing Ceremony and Awards - TS</div> <div><div>M</div> 3:30 Happy Hour with Tracy</div>	<div>23</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>V</div> 11:15 Balloon Volleyball - TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 1:30 Bingo-ALD</div> <div><div>MM</div> 3:30 Active Minds-HC</div>
<div>24</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>M</div> 2:00 Larry and Ruth Ministry-T</div> <div><div>GG</div> 2:30 Hot Cocoa/Coffe Social-T</div> <div><div>I</div> 4:00 Pastor Brandon Eddy-ALL</div>	<div>25</div> <div><div>K</div> 10:30 Random Trivia with Judy - AR</div> <div><div>A</div> 11:15 Aqua Painting-TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 1:30 Christian Church Bingo - ADR</div> <div><div>CC</div> 3:00 Mamie's Kitchen / Spring Chex Mix - AR</div>	<div>26</div> <div><div>K</div> 10:00 Hospitality Cart-HC</div> <div><div>V</div> 10:30 Bowling-TS</div> <div><div>O</div> 11:15 Ladies' Lunch Out - O</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>M</div> 3:00 Mike Alman - TS</div> <div><div>MM</div> 4:15 Healthy Hands-HC</div> <div><div>L</div> 6:00 Arm Chair Travels - AR</div>	<div>27</div> <div><div>M</div> 11:15 Sing Fit - TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>S</div> 1:30 Chef's Circle - Sunroom</div> <div><div>I</div> 3:00 Reading the Bible with Jerry-ALL</div> <div><div>MM</div> 4:15 Healthy Hands - HC</div>	<div>28</div> <div><div>K</div> 10:00 Hospitality Cart-HC</div> <div><div>O</div> 10:30 Morning Drive-O</div> <div><div>MM</div> 11:15 Stimulation Sensations-HC</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>I</div> 1:30 Mass w/ Father Rasner - 400 Lobby</div> <div><div>K</div> 2:00 Bingo with Ed-TS</div> <div><div>MM</div> 4:15 Healthy Hands-HC</div>	<div>29</div> <div><div>MM</div> 10:30 Healthy Hands - HC</div> <div><div>L</div> 11:00 Jeopardy - 400 Lobby</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>CC</div> 1:30 Cinnamon Crinkles-TS</div> <div><div>M</div> 3:30 Happy Hour with The Lone Wolf- TS</div>	<div>30</div> <div><div>CC</div> 10:30 Card Club-AR</div> <div><div>V</div> 11:15 Balloon Volleyball - TS</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>K</div> 1:30 Bingo-ALD</div> <div><div>MM</div> 3:30 Active Minds-HC</div>
<div>31</div> <div><div>I</div> 9:30 Sunday Morning Church-AR</div> <div><div>L</div> 10:30 Sunday Crossword Puzzle - AR</div> <div><div>I</div> 12:10 Pledge of Allegiance-HCD</div> <div><div>CC</div> 2:30 Ice Cream Social-T</div> <div>6:15 Sunday Night Movie-AR</div>	Let the Games Begin : Trilogy Triathlon Opening Ceremony will be Tuesday, March 5 at 4:00 PM	Medicare 1-800-722-1213 Medicaid 1-800-403-0864	Ombudsman : Andrea Smothers 1-800-382-7581	Join Us For Family Night Fun: Tuesday, March 5, From 5-7 PM	Veteran Services 1-765-742-1796	Welcome First Day of Spring : Wednesday , March 20

White Oak Health Campus Legacy
Life Enrichment - Daily Rhythms

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans <div>CC</div> - Creative Cooking <div>GF</div> - Gathering of Friends <div>GF</div> - Gathering of Friends <div>GG</div> - Group Games <div>I</div> - Inspirations <div>K</div> - Keeping it Sharp/Reminisce <div>M</div> - Music to My Ears <div>O</div> - Out & About <div>S</div> - Signature Events <div>V</div> - Vitality</div>	We appreciate our Volunteers! Please feel free to let Life Enrichment know if you know of anyone who may be interested in being a volunteer here at White Oak.	Happy Birthday To You : 3 Patsy W 5 Max H 9 Mary B 13 Marjorie B 13 Joan Y 15 Tim B 25 Peggy L 26 Nola C	Happy St. Patricks Day!	March 20 is the first day of Spring!	<div>1</div> <div>V</div> Noodle Hockey <div>K</div> Card Suit Showdown <div>CC</div> Oatmeal Bread Healthy Hands Relax & Recharge <div>A</div> Clay Exploration <div>M</div> Mardi Gras Happy Hour <div>M</div> Happy Hour with The New Man in	<div>2</div> <div>V</div> Snowball Fight <div>K</div> Superlatives! <div>CC</div> Bean Dip Healthy Hands Relax & Recharge <div>A</div> Tissue Art Nails by Ruth <div>M</div> Saturday Night Fever
<div>3</div> <div>V</div> Breathing In Life <div>K</div> Spell It! <div>CC</div> Peanut Butter Cookies Healthy Hands Relax & Recharge <div>A</div> Spring Coloring <div>M</div> Songs of Faith <div>GG</div> Clover All Over	<div>4</div> <div>V</div> Whole Body Fitness <div>K</div> Story Words <div>CC</div> Apple Pie Dessert Healthy Hands Relax & Recharge <div>A</div> Mardi Gras Beads <div>M</div> Marching Monday <div>GG</div> All About "Birds"	<div>5</div> Mardi Gras <div>V</div> Pancake Day Race <div>K</div> Categories <div>CC</div> Banana Wheat Bread Healthy Hands Relax & Recharge <div>O</div> Walmart-O <div>A</div> Abstract Tape Paint <div>M</div> On the Road Again	<div>6</div> <div>V</div> Wednesday Wellness Walk <div>K</div> Unpack a Winter Bag <div>CC</div> Butterscotch Apple Crisp Healthy Hands Relax & Recharge <div>A</div> Vegetable Flowers <div>M</div> Goin' to the Chapel <div>GG</div> Color Wheel	<div>7</div> <div>V</div> Ping Pong <div>K</div> Double the Fun <div>CC</div> Chicken Bean Soup Healthy Hands Relax & Recharge <div>A</div> Fly Swatter Painting <div>M</div> A Bicycle Built for Two <div>GG</div> Fly Swatter Volleyball	<div>8</div> <div>V</div> Noodle Hockey <div>K</div> Card Suit Showdown <div>CC</div> Chocolate Chip Bars Healthy Hands Relax & Recharge <div>A</div> Rainy Day Painting <div>M</div> Happy Hour with Sam the Piano Man <div>M</div> Beatlemania! Happy Hour	<div>9</div> <div>V</div> Snowball Fight <div>K</div> Superlatives! <div>CC</div> Pepperoni Dip Healthy Hands Relax & Recharge <div>A</div> Alphabet Collage <div>M</div> Saturday Night Fever <div>GG</div> Price is Right
<div>10</div> Daylight Savings Begins <div>V</div> Breathing In Life <div>K</div> Spell It! <div>CC</div> Oatmeal Kiss Cookies <div>S</div> Sunday Brunch Healthy Hands Relax & Recharge <div>A</div> Oil Pastel Collage <div>M</div> Songs of Faith	<div>11</div> <div>V</div> Whole Body Fitness <div>K</div> Story Words <div>CC</div> Sunrise Coffee Cake Healthy Hands Relax & Recharge <div>A</div> Thematic Door Wreath <div>M</div> Marching Monday <div>GG</div> All About "Birds"	<div>12</div> <div>V</div> 80s Flashback <div>K</div> Categories <div>CC</div> Lemon Bread Healthy Hands Relax & Recharge <div>A</div> Watercolor Weaving <div>M</div> On the Road Again <div>M</div> Music by Kent Lane	<div>13</div> <div>V</div> Wednesday Wellness Walk <div>K</div> Unpack a Winter Bag <div>CC</div> Blueberry Muffins Healthy Hands Relax & Recharge <div>A</div> Watercolor Weaving <div>M</div> Goin' to the Chapel <div>GG</div> Color Wheel	<div>14</div> <div>V</div> Ping Pong <div>K</div> Double the Fun <div>CC</div> Slow Cooked Chili Healthy Hands Relax & Recharge <div>A</div> Rockin' Dominoes <div>M</div> Sugar Pie, Honey Bunch <div>GG</div> Fly Swatter Volleyball	<div>15</div> <div>V</div> Noodle Hockey <div>K</div> Card Suit Showdown <div>CC</div> Golden Wheat Bread Healthy Hands Relax & Recharge <div>A</div> Flying Spring Birds <div>M</div> Sham-Rockin' Happy Hour <div>M</div> Happy Hour: with Ruth	<div>16</div> <div>V</div> Snowball Fight <div>K</div> Superlatives! <div>CC</div> Reuben Spread Healthy Hands Relax & Recharge <div>A</div> Celtic Eternity Knot Charm Nails by Ruth <div>M</div> Saturday Night Fever
<div>17</div> St. Patrick's Day <div>V</div> Breathing In Life <div>K</div> The Gold Game <div>CC</div> Irish Brown Bread Healthy Hands Relax & Recharge <div>A</div> Ribbon Shamrock Pin <div>M</div> Name that Irish Tune <div>GG</div> Clover All Over	<div>18</div> <div>V</div> Whole Body Fitness <div>K</div> Story Words <div>CC</div> Peanut Butter Brownies Healthy Hands Relax & Recharge Creature Comfort Zoo <div>A</div> Crafty St. Paddy's Day Puzzle <div>M</div> Marching Monday	<div>19</div> <div>V</div> 80s Flashback <div>K</div> Categories <div>CC</div> Cherry Pear Buckle Healthy Hands Relax & Recharge <div>A</div> Scalloped Coffee Filter Bowl <div>M</div> On the Road Again <div>GG</div> Basketball	<div>20</div> Spring Begins <div>V</div> Wednesday Wellness Walk <div>K</div> Unpack a Winter Bag <div>CC</div> Chocolate Chip Muffins Healthy Hands Relax & Recharge <div>A</div> Purim Paper Jewelry <div>M</div> Goin' to the Chapel <div>GG</div> Color Wheel	<div>21</div> <div>V</div> Ping Pong <div>K</div> Double the Fun <div>CC</div> Choc. Chip Oatmeal Bars Healthy Hands Relax & Recharge <div>A</div> Soft and Bright Edelweiss Ornament <div>M</div> A Bicycle Built for Two <div>GG</div> Fly Swatter Volleyball	<div>22</div> <div>V</div> Noodle Hockey <div>K</div> Card Suit Showdown <div>CC</div> Frosted Peanut Cookies Healthy Hands Relax & Recharge <div>A</div> Creative Storytelling <div>M</div> Beatlemania! Happy Hour <div>M</div> Happy Hour with Kent lane	<div>23</div> <div>V</div> Snowball Fight <div>K</div> Superlatives! <div>CC</div> Peanut Butter Dip Healthy Hands Relax & Recharge <div>A</div> Foil Relief Art <div>M</div> Saturday Night Fever <div>GG</div> Price is Right
<div>24</div> <div>V</div> Breathing In Life <div>K</div> Spell It! <div>CC</div> Cinnamon Oatmeal Cookies Healthy Hands Relax & Recharge <div>A</div> Foil Relief Art <div>M</div> Songs of Faith <div>GG</div> Clover All Over	<div>25</div> <div>V</div> Whole Body Fitness <div>K</div> Story Words <div>CC</div> Doughnut Muffins Healthy Hands Relax & Recharge <div>A</div> Essential Oils Diffuser Necklace <div>M</div> Marching Monday <div>GG</div> All About "Birds"	<div>26</div> <div>V</div> 80s Flashback <div>K</div> Categories <div>CC</div> Peanut Butter Cup Cupcakes Healthy Hands Relax & Recharge <div>M</div> Music with Mike! <div>A</div> Abstract Expressionism <div>M</div> On the Road Again	<div>27</div> <div>V</div> Wednesday Wellness Walk <div>K</div> Unpack a Winter Bag <div>CC</div> Apple Pudding Cake Healthy Hands Relax & Recharge <div>A</div> Ink Blot Art <div>M</div> Goin' to the Chapel <div>GG</div> Color Wheel	<div>28</div> <div>V</div> Ping Pong <div>K</div> Double the Fun <div>CC</div> Ham and Bean Soup Healthy Hands Relax & Recharge <div>A</div> Painting with Scissors <div>M</div> A Bicycle Built for Two <div>GG</div> Fly Swatter Volleyball	<div>29</div> <div>V</div> Noodle Hockey <div>K</div> Card Suit Showdown <div>CC</div> Amish Sugar Cookies Healthy Hands Relax & Recharge <div>A</div> Sensory Spice Painting <div>M</div> Beatlemania! Happy Hour <div>GG</div> Animal Bingo	<div>30</div> <div>V</div> Snowball Fight <div>K</div> Superlatives! <div>CC</div> Cherry Cheesecake Dip Healthy Hands Relax & Recharge <div>A</div> Salt and Watercolor Spring Scenes <div>M</div> Saturday Night Fever <div>GG</div> Price is Right
<div>31</div> <div>V</div> Breathing In Life <div>K</div> Spell It! <div>CC</div> Hot Cross Buns Healthy Hands Relax & Recharge <div>A</div> Creative Storytelling <div>M</div> Songs of Faith <div>GG</div> Clover All Over						