



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Patsy W.	March 03
Max H.	March 05
Mary B	March 09
Joan y.	March 13
Marjorie B	March 13
Tim B.	March 15
Barbara C.	March 17
Dorothy S.	March 23
Peggy L.	March 25
Stan Y.	March 25
Nola S.	March 26



Executive Director Corner

Greetings
from White
Oak health
Campus!

March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at White Oak, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Marnie Davisson, HFA
Executive Director

Volunteer News

Jeff, one of our newest volunteers, likes to visit with our residents and share the Party Kart with them.



LEGACY SPOTLIGHT



Irene has some little helpers with her artwork



Peggy sharing the love by sharing her master piece with us. Thank you Peggy, Love makes the world go round!

PHOTO HIGHLIGHTS



BrainFit class is learning new ways to keep our mind, body, and spirit healthy. It is FREE and it is open to the community!



Irene and her family are first to be in the Gourmet Club.



Emarene making something delicious!



Bill baking up some good food



Staying warm in art class!

Family Night

Family Night is March 5 from 5:00-7:00pm. Free Food and Live Entertainment. Please RSVP.

Sunday Brunch

Brunch is March 10 from 11:30am – 1:00pm. Please RSVP.



Chef is demonstrating his talents and knowledge by cooking for the Gourmet Club.



Thank you Activities!



STRIKE!!!!!!



WHITE OAK

HEALTH CAMPUS

A Trilogy Senior Living Community

814 S. 6th Street

Monticello, IN 47960

574-583-0324

whiteoakhc.com | [Twitter](#) [Facebook](#)

Marnie Davison

Executive Director

Samantha VanDerLinde

Director of Health Services

Jana Parsons

Assistant Director of Health Services

Robin Harrington

Customer Service Rep.

Alicia Berning

Director of Resident Services

Pam Helltsel

Business Office Manager

Darla Houser

Life Enrichment Director

Larry Cates

Director of Food Services

Rodger Clendenen

Director of Plant Operations

Connie Vermillion

Director of Environmental Services

Amy Howard

MDS Coordinator

Zach Johnson

Therapy Program Director

Brittney Vaal

Legacy Neighborhood Coordinator

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Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and
join your friends for a party.

Play a themed version of bingo

or have your grandkids search

for gold with a scavenger hunt.

If you have a special way you

would like to celebrate the

holiday, let us know, and we'll

do our best to make it happen.

When you chose to live with us,

you chose a lifestyle of fun and

fulfillment - and we couldn't

be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES