

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents		
March 06	Blanche J.	
March 09	Margaret B.	
March 13	Judy G.	
March 14	Pat M.	
March 19	Ethel B.	
March 23	Phyllis T.	

Volunteer News

Westport Place recognizes that volunteers are a vital component to enriching the lives of our residents. In this spirit, we would like to invite family members, friends and members of the community to volunteer their time and talents to lead activities, visit with residents or assist with special events. The options are truly endless, and the benefits far reaching! Please contact our Life Enrichment Director, Jamie Barnes for ideas and additional information.



Executive Director Corner

Greetings from Westport Place! March promises to be

another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Westport Place we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us! Yours in Service.

Dana Boblitt

Executive Director

Staff Highlight: Kelli O'Toole

We are excited to introduce you to the newest member of our Life Enrichment Team, Kelli O'Toole. Kelli hails from Michigan but moved to Louisville, KY in her high school years. Back in the day when Westport Place first opened, Kelli volunteered here and hung out with residents as a young lady while her own grandmother was a resident here. It was then she began to realize how much she loved the facility and interacting with seniors. Kelli attended college at Murray State studying organizational communication and non-profit leadership. Now she is back in Louisville to be closer to her family and to return as an employee of Westport.



In her free time, Kelli loves watching New England Patriots and Boston Bruins play sports (her dad is from the Boston area). She also loves attending special local events and concerts. One day she hopes to marry her long time love, Seth, and start a family here in Louisville

"I love working with and for people" Kelli confesses, "I love being able to make people's day brighter and am ready to plant roots for a career and Trilogy is a fantastic place to do that. I'm looking forward to knowing all our residents much better and be a friend to everyone". We are thrilled to have Kelli on board with us here and are looking forward to her bright smile illuminating our hallways in the coming days.

PHOTO HIGHLIGHTS



Go Red For Womens Health 2019



Making our own beer



Making Snowmen



Playing pool



Нарру Ноиг



Making our own beer



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Kim Larimore Community Service Rep. Dana Higdon

Business Office Manager Jamie Barnes Life Enrichment Director

Amber Bowles
Director of Social Services

Whitney Meriwether Director of Therapy

Kellye Hendrix Director of Food Services

> Christina Bruner Medical Records

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'St. Paddy's Day'

These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



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ARTISANS	GREEN	IRISH	SAINT
CLOVER	HAPPY HOUR	LEPRECHAUN	SEVENTEEN
CRAFTS	INSPIRATIONS	LUCKY	SHAMROCK
GOLD	IRELAND	MARCH	STORIES