Wellbrooke of Westfield
Assisted Living

dining room

Wellbrooke of Westfield Assisted Living									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	Happy Birthday! 3/11 Charles M. 3/13 Phyllis G. 3/24 Norma K. 3/28 Frankie W. 3/29 Charles S.	Please rsvp for our very special St. Patrick's Day family brunch on Sunday, March 17th from 11am to 1pm.	Join us for our Taste of Trilogy event on March 20th from 5 to 7pm and get to sample some of the amazing food our chef's prepare. All are welcome so bring a friend!	CUSTOMER SATISFACTION SURVEY TIME!!! Please tell us how we are doing! A=10, B=9, C=8, D=7, etc. If you do not feel like you can give us a 10 please tell us why! We greatly appreciate your feedback!	1 9:30 Catholic service w/ St. Maria Goretti- theatre A 11:00 Therapeutic Coloring- AL pub V 1:30 Fitness Friday- lobby M 3:30 Happy Hour w/ music by Jim- lobby	2 K 10:00 Bingo- downstairs dining 5 1:30 Popcorn & a Movie: Chappaquiddick- theatre I 2:00 A Life Story ofupstairs pub GG 3:30 Rummikub- dining room			
9:45 Catholic Mass Online-theater 10:30 Church Service with Pastor Grose-lobby Sunday Movie: Pleasantville- Theatre 3:30 Penny's In-downstairs dining room	9:30 TrilogyFit- upstairs gym 1:30 Pokeno- downstairs dining 3:00 Cooking/tasting class: King Cake Knots- upstairs dining room	9:30 AM Stretch- upstair gym 10:00 Shopping: Walmart- rsvp 2:30 Flower Arranging- upstairs pub 3:30 Music w/ Denny- lobby 6:15 Understanding End Times w/ Irvin Baxter- theatre	A 10:30 Therapeutic Coloring- upstairs pub S 1:30 Chef's Circle- AL pub GC 1:30 Bingo- downstairs dining I 3:00 Catholic Rosary- theatre room L 4:00 BrainFit: Stress- theatre S 6:15 Netflix Night- theatre	9:30 TrilogyFit- upstairs gym 10:30 Shamrock Shake Cruise- rsvp GG 1:30 Card Club- upstairs pub 3:30 Garden Club- dining room	9:30 TrilogyFit- upstairs gym 11:00 Therapeutic Coloring- AL pub GG 1:30 Activity Preference Commitee- lobby M 3:30 Happy Hour w/ Brian Koning- lobby	9 K 10:00 Bingo- downstairs dining 1:30 Popcorn & a Movie: The Greatest Showman- theatre 1 2:00 A Life Story ofupstairs pub GG 3:30 Rummikub- dining room			
 Daylight Savings Begins 9:45 Catholic Mass Online-theater 10:30 Daily Chronicle-100/200 halls 2:00 Church Service with Brandon-lobby 3:30 Left, Right, Centerdownstairs dining room 	9:30 TrilogyFit- upstairs gym 10:30 Therapeutic Coloring- upstairs pub 1:30 Pokeno- downstairs dining Cooking/tasting class: Watergate Salad- upstairs dining room	9:30 AM Stretch- upstair gym O 2:30 Outing to Urban Vines- rsvp 3:30 Game Time- dining room 6:15 Understanding End Times w/ Irvin Baxter- theatre	A 10:30 Therapeutic Coloring- upstairs pub GG 1:30 Bingo- downstairs dining 1:30 Chef's Circle- AL pub 3:00 Catholic Rosary- theatre room 4:00 Armchair Travelers: Ireland- upstairs theatre	9:30 TrilogyFit- upstairs gym 10:30 Ride for Pie- rsvp 1:30 Card Club- upstairs pub 3:30 Garden Club- dining room	 7:00 Taste of Town: Wild Eggs 9:30 TrilogyFit Exercise Groupupstairs gym A 11:00 Therapeutic Coloring- AL pub 1:30 Resident Council- theatre M 3:30 Happy Hour w/ Mary Kaylobby 	16 K 10:00 Bingo- downstairs dining S 1:30 Popcorn & a Movie:- theatre I 2:00 A Life Story ofupstairs pub GG 3:30 Rummikub- dining room			
17 St. Patrick's Day 1 9:45 Catholic Mass Online- theater GG 11:00 Sunday Brunch- rsvp 1:30 Sunday Movie: Leap Year- Theatre 1 2:00 Church Service w/ Brandon- lobby GG 3:30 Truth or Blarney-	9:30 TrilogyFit- upstairs gym 1:30 Pokeno- downstairs dining 3:00 Cooking/tasting class: Leprechaun Fluff- upstairs dining room	9:30 AM Stretch- upstair gym 10:00 Shopping: Walmart- rsvp 2:30 Flower Arranging- upstairs pub Piano with John David-lobby L 6:15 Understanding End Times w/ Irvin Baxter- theatre	20 Spring Begins A 10:30 Therapeutic Coloring-upstairs pub GG 1:30 Bingo- downstairs dining 1:30 Chef's Circle- AL pub 3:00 Catholic Rosary- theatre room S 5:00 Taste of Trilogy Event-rsvp	9:30 TrilogyFit- upstairs gym 1:30 Card Club- upstairs pub 3:30 Garden Club- dining room	9:30 TrilogyFit- upstairs gym 11:00 Therapeutic Coloring- AL pub JG 1:30 Men's Club: Grand Junction Taproom- Fireplace M 3:30 Happy Hour w/ John Cereno- lobby	23 K 10:00 Bingo- downstairs dining 5 1:30 Popcorn & a Movie:- theatre I 2:00 A Life Story ofupstairs pub GG 3:30 Rummikub- dining room			
I 9:45 Catholic Mass Online- theater I 10:30 Church Service w/ Pastor Grose- lobby S 1:30 Sunday Movie: Hoosiers- theatre GG 3:30 Blackjack- downstairs dining room	9:30 TrilogyFit- upstairs gym 10:30 Therapeutic Coloring- upstairs pub 1:30 Pokeno- downstairs dining Cooking/tasting class: Oreo Bars- upstairs dining room	9:30 AM Stretch- upstair gym 11:00 Lunch at Muldoons- rsvp 6:15 Understanding End Times w/ Irvin Baxter- theatre	A 10:30 Therapeutic Coloring- upstairs pub GG 1:30 Bingo- downstairs dining S 1:30 Chef's Circle- AL pub I 3:00 Catholic Rosary- theatre room S 6:00 Bring on the Madness: CSS Family Night- rsvp	9:30 TrilogyFit- upstairs gym 1:30 Card Club- upstairs pub 3:30 Music with Dave Lowe- lobby 3:30 Garden Club- dining room	9:30 TrilogyFit- upstairs gym 11:00 Therapeutic Coloring- AL pub 1:30 Price is Right- lobby 3:30 Happy Hour w/ John Cereno- lobby	X 10:00 Bingo- downstairs dining S 1:30 Popcorn & a Movie:- theatre I 2:00 A Life Story ofupstairs pub GG 3:30 Rummikub- dining room			
I 9:45 Catholic Mass Online- theater I 10:30 Church Service with Pastor Grose- lobby S 1:30 Sunday Movie: Glory Road- Theatre GG 3:30 Name Five- downstairs	Bring your customer satisfaction survey in ready to be mailed at our next family night, "Bring on the Madness" on Wednesday, March 27th at 6pm to be entered into our raffle.	If you or your loved one are interested in attending an outing, please rsvp with our life enrichment department to reserve a seat.	Give the gift of time! If you are interested in giving just one hour of your time a month to lead a program please see our Life Enrichment Department, we are looking to grow our volunteer programming!!!! Thank you!	Make sure to follow us on social media to see photos and events!	Did you know you can look at the calendar on an app? Ask us today about the lifeshare family app!	Additional information: Business Office now has a pay drop located just outside the Business Office for payments after hours.			

Wellbrooke of Westfield Health Center	March	2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About	Happy Birthday! 3/11 Charles M. 3/13 Phyllis G. 3/24 Norma K. 3/28 Frankie W. 3/29 Charles S.	Please rsvp for our very special St. Patrick's Day family brunch on Sunday, March 17th from 11am to 1pm.	Join us for our Taste of Trilogy event on March 20th from 5 to 7pm and get to sample some of the amazing food our chef's prepare. All are welcome so bring a friend!	CUSTOMER SATISFACTION SURVEY TIME!!! Please tell us how we are doing! A=10, B=9, C=8, D=7, etc. If you do not feel like you can give us a 10 please tell us why! We greatly appreciate your feedback!	9:30 Balloon Volleyball- monon hall 9:30 Catholic service w/ St. Maria Goretti- theatre 9:45 Daily Chronicles- 100/200 halls 1:30 Fitness Friday- lobby 2:00 Chef's Circle- billiards	 10:00 Bingo- downstairs dining 11:30 Today in History- 100/200 halls 1:30 Popcorn & a Movie: Chappaquiddick- theatre 3:00 Friendly visits- room visits 3:30 Rummikub- dining room
 9:45 Catholic Mass Online-theater 10:30 Church Service with Pastor Grose-lobby 1:30 Sunday Movie: Pleasantville-Theatre 3:30 Penny's In-downstairs dining room 	9:30 TrilogyFit- upstairs gym 10:15 Daily Chronicles- monon/boardwalk 10:30 Flower Arranging- monon 1:30 Pokeno- downstairs dining Cake Knots- upstairs dining room	9:30 AM Stretch- upstair gym 10:00 Shopping: Walmart- rsvp Ladies Needle Group: Knit pickers- fireplace 3:30 Music w/ Denny- lobby 6:15 Understanding End Times w/ Irvin Baxter- theatre	9:30 Move to the music- 100/200 halls 10:30 Friendly Visits 1:30 Bingo- downstairs dining 3:00 Catholic Rosary- theatre room S 6:15 Netflix Night- theatre	GG 1:30 Game Time- downstairs	9:30 TrilogyFit- upstairs gym 10:15 Daily Chronicles- monon/boardwalk V 10:30 Ball Trivia Toss- monon 1:30 Activity Preference Commitee- lobby M 3:30 Happy Hour w/ Brian Koning- lobby	 10:00 Bingo- downstairs dining 11:30 Today in History- 100/200 halls 1:30 Popcorn & a Movie: The Greatest Showman-theatre 3:00 Friendly visits- room visits 3:30 Rummikub- dining room
 Daylight Savings Begins 9:45 Catholic Mass Online-theater 10:30 Daily Chronicle- 100/200 halls 2:00 Church Service with Brandon-lobby 3:30 Left, Right, Centerdownstairs dining room 	9:30 TrilogyFit- upstairs gym 10:15 Daily Chronicles- monon/boardwalk M 10:30 Guitar with Robin- room visits GG 1:30 Pokeno- downstairs dining CC 3:00 Cooking/tasting class: Watergate Salad- upstairs	9:30 Daily Chronicles- monon/boardwalk 9:30 AM Stretch- upstair gym 1:30 Ladies Needle Group: Knit pickers- fireplace Outing to Urban Vines- rsvp GG 3:30 Game Time- dining room	9:30 Move to the music- 100/200 halls Friendly Visits 1:30 Bingo- downstairs dining Catholic Rosary- theatre room 1 4:00 Armchair Travelers: Ireland- upstairs theatre	9:30 TrilogyFit- upstairs gym 10:15 Today in History- 100/200 halls 10:30 Ride for Pie- rsvp GG 1:30 Game Time- downstairs dining 2:30 Resource Cart- room visits 3:30 Garden Club- dining room	7:00 Taste of Town: Wild Eggs 9:30 TrilogyFit Exercise Group- upstairs gym 10:15 Daily Chronicles- 100/200 halls 9 10:30 Basketball- monon hall S 1:30 Resident Council- billiards room	16 K 10:00 Bingo- downstairs dining MN 11:30 Today in History- 100/200 halls S 1:30 Popcorn & a Movie:- theatre 5 3:00 Friendly visits- room visits GG 3:30 Rummikub- dining room
 St. Patrick's Day 9:45 Catholic Mass Online-theater 10:30 Daily Chronicle- 100/200 halls 11:00 Sunday Brunch-rsvp 1:30 Sunday Movie: Leap Year-Theatre 2:00 Church Service w/ 	9:30 TrilogyFit- upstairs gym 10:15 Daily Chronicles- monon/boardwalk 10:30 Flower Arranging- monon 1:30 Pokeno- downstairs dining Cooking/tasting class: Leprechaun Fluff- upstairs dining room	9:30 AM Stretch- upstair gym 9:30 Daily Chronicles- monon/boardwalk 0 10:00 Shopping: Walmart- rsvp Ladies Needle Group: Knit pickers- fireplace M 4:00 Piano with John David- lobby	20 Spring Begins V 9:30 Move to the music- 100/200 halls I 10:30 Friendly Visits GG 1:30 Bingo- downstairs dining Catholic Rosary- theatre room S 5:00 Taste of Trilogy Event- rsvp	S 2:30 Resource Cart- room visits	9:30 TrilogyFit- upstairs gym 10:15 Daily Chronicles- 100/200 halls 10:30 Table Tennis- monon hall 1:30 Men's Club: Grand Junction Taproom- Fireplace M 3:30 Happy Hour w/ John Cereno- lobby	X 10:00 Bingo- downstairs dining X 11:30 Today in History- 100/200 halls S 1:30 Popcorn & a Movie:- theatre S 3:00 Friendly visits- room visits GG 3:30 Rummikub- dining room
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