



WELLBROOKE  
OF WESTFIELD  
*A Trilogy Senior Living Community*

# News

March 2019



## Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

### **Get Inspired with Inspirations!**

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### **Celebrate with a Happy Hour!**

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### **Get crafting!**

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

*...continued on back page*

# Happy Birthday!

## Residents

March 11	Charles M.
March 13	Phyllis G.
March 24	Norma K.
March 28	Frankie W.
March 29	Charles S.

## Staff

March 05	Jordan H.
March 09	Kristin K.
March 13	Jenifer K.
March 16	Amanda G.



## Executive Director Corner

Greetings  
from  
Wellbrooke  
of Westfield!  
March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Wellbrooke of Westfield, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

*Rachel Bishir*, HFA

Executive Director

## Live a Dream

Have you heard of the Indy Honor Flight? The Honor Flight is a one-day trip of a lifetime for our Veterans and a loved one free of charge. Veterans will fly to Washington, D.C. to visit the war memorials. If you or your loved one does not have someone who is able to go or care for the Veteran the Indy Honor Flight will provide someone. Please see our Life Enrichment Department for more information. The next flights will be on September 07 and October 26!

## Sunday Brunch

Please rsvp by signing our family book on the front desk no later than March 12th for our brunch on March 17th from 11am to 1pm. Bring in your Customer Satisfaction survey ready to be mailed for a chance to be entered into a raffle!

## WE WANT A 10!

We take our surveys very seriously around here & we want to hear from you!! Did you know that a 10=A, 9=B, 8=C, and so forth. A 10 means we are currently meeting your expectations. If you do not feel like you can give us a 10 in a certain area PLEASE tell us why. Our department leaders want to know how we can better serve you or your loved one. Thank you for taking the time to fill these out.





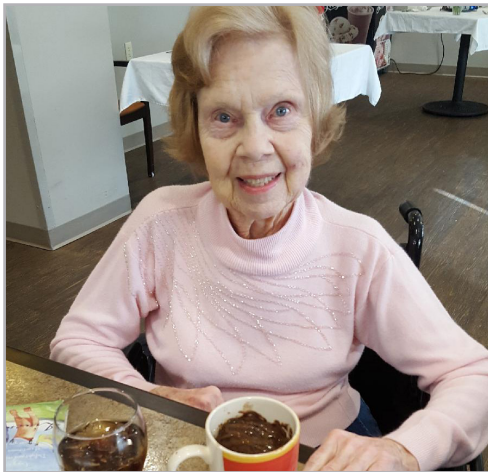
# Activity Highlights



*Groundhog Day*



*Balloon Volleyball*



*Cooking*

## Outings

If you or your loved one wishes to attend one of our outings please sign up with the life enrichment department to ensure you have a seat reserved on the bus. Outings are subject to change due to inclement weather. If you wish to attend a lunch or shopping trip, please make sure you have money in your resident trust account prior to the outing. Please see our Business Office Manager for more details. Families or friends are more than welcome to attend outings with us, but will have to meet us at the destination due to limited bus seating. We will take the following trips this month:

- 3/05 Shopping at Walmart
- 3/07 Drive by McDonalds for Shamrock Shakes
- 3/12 Urban Vines Igloo
- 3/14 Happy Pie Day! Burger King Pie Drive
- 3/19 Shopping at Walmart
- 3/21 Drive by DQ for a treat
- 3/26 Lunch at Muldoons
- 3/28 Drive by Starbucks for a treat

## Out and About



*Residents at Logan's Roadhouse*



*Men's Club at Stacked Pickle*





# WELLBROOKE OF WESTFIELD

*A Trilogy Senior Living Community*

**937 E. 186th Street  
Westfield, IN 46074  
317-804-8044**

**wellbrookeofwestfield.com |**

*Rachel Bishir  
Executive Director*

*Lori Huntzinger  
Director of Health Services*

*Michelle Bassel  
Assistant Director of  
Health Services*

*Robyn Hughes  
Customer Service Representative*

*Robin Jacquette  
Business Office Manager*

*Jessica Strausbaugh  
Life Enrichment Director*

*Julie Krodel  
Director of Rehabilitation Services*

*Armando Hernandez  
Director of Plant Operations*

*April Durbin  
Director of Food Services*

*Shavonda Taylor  
Medical Records*

*Michelle Hicks  
AP/Payroll Coordinator*

*Kristin Knauer  
Monon Unit Manager*

*Erika Ealy  
Staff Development*

*Anita Bryant  
Social Services Director*

*Tonya Hunt  
Assisted Living Unit Manager*

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'St. Paddy's Day'

*...continued from cover*

These are just a few ways you can  
get ready for Saint Patrick's Day,  
but the options are limitless.

Dress up as a leprechaun and  
join your friends for a party.

Play a themed version of bingo  
or have your grandkids search  
for gold with a scavenger hunt.

If you have a special way you  
would like to celebrate the  
holiday, let us know, and we'll  
do our best to make it happen.

When you chose to live with us,  
you chose a lifestyle of fun and  
fulfillment - and we couldn't  
be luckier to have you!



## Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
E	Z	X	Z	H	O	E	R	A	V	Q	Z	F	Y	A	W	C	D	W
S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
M	Z	P	N	T	F	R	S	T	Z	E	C	D	I	S	P	D	E	W
W	X	X	V	J	C	B	H	S	X	J	S	H	A	M	R	O	C	K
U	M	T	J	E	J	G	C	D	K	N	A	H	A	A	U	R	G	N
G	X	N	W	I	R	E	L	A	N	D	L	C	Q	S	W	L	H	J
N	L	J	W	Y	A	R	T	I	S	A	N	S	E	S	Z	U	U	N
A	G	E	I	N	S	P	I	R	A	T	I	O	N	S	E	C	Z	K
Y	H	A	P	P	Y	H	O	U	R	L	N	E	S	R	C	K	J	G
S	Y	C	Q	R	G	M	F	F	E	N	E	Q	D	M	P	Y	U	O
I	C	B	R	C	E	M	O	L	S	T	R	R	D	U	X	W	G	Z
B	Z	E	F	W	C	C	Z	A	N	P	W	O	W	S	F	D	O	K
M	K	X	M	A	R	C	H	E	X	P	U	E	D	A	J	G	L	T
Y	W	W	R	R	J	F	V	A	U	K	A	C	M	I	Y	G	D	Q
N	X	T	T	P	E	E	K	U	U	C	G	B	S	N	M	O	P	G
G	J	X	H	C	S	G	R	E	E	N	Y	K	U	T	W	S	I	X
I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

ARTISANS  
CLOVER  
CRAFTS  
GOLD

GREEN  
HAPPY HOUR  
INSPIRATIONS  
IRELAND

IRISH  
LEPRECHAUN  
LUCKY  
MARCH

SAINT  
SEVENTEEN  
SHAMROCK  
STORIES