



WELLBROOKE
OF SOUTH BEND

A Trilogy Senior Living Community

News

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Health Center

Marna R.	03/07
Sue S.	03/08
Ronald Z.	03/09
John B.	03/25

Assisted Living

Joan I.	03/23
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Volunteer News

Have you ever thought about becoming a volunteer? Do you have a passion and enjoy:

Gardening	Crafts
Manicures	Games
Music	Cooking
Outings	

We would like to have you join our Volunteer Team, It takes many helping hands to help our residents to enjoy every day to the fullest potential they can. Contact a member of The Enrichment Team at 574-247-7044 if you are interested in sharing your time and expertise with our residents. Thank you in advance for considering this great opportunity.



Executive Director Corner

Greetings from Wellbrooke of South Bend! March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Wellbrooke of South Bend, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Caley Nixon

Executive Director

Photo Highlights



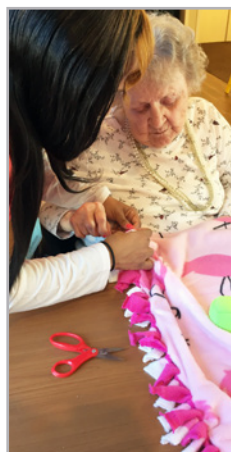
Happy Hour



Out and About



Legacy Lane



Transportation Reminder

Wellbrooke of South Bend Health Campus bus is available to transport residents to doctor appointments on Monday, Thursday, and Friday. We reserve the bus for Life Enrichment transport on Tuesday and Wednesday.

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link www.wellbrookeofsouthbend.com, scroll down the page and click on Newsletter sign-up.

The Movie Theatre Room can be reserved for small Birthday parties and other special events for your loved ones. Please contact Wellbrooke of South Bend, 574-247-7044.

Happy Hour is every Friday from 3:00 p.m.-4:00 p.m.

Like us on Facebook at Wellbrooke of South Bend

Like us on Twitter @wellbrookeofSB

Sunday Brunch

You are invited to join us for Sunday Brunch March 31, 2019. Each resident may enjoy up to 2 family complementary tickets. For additional guests cost will be \$10.00 a ticket, *PLEASE RSVP to Guest Relations, Monday-Friday 10:30 a.m.-5 p.m., to ensure we can have your space ready for your loved one!*



WELLBROOKE OF SOUTH BEND

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South Bend, IN 46637

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wellbrookeofsouthbend.com |  

Caley Nixon
Executive Director

Asbely Hearld
Director of Health Services

Jessica Doms
Business Office Manager

Derek Ressler
Director of Social Service

Michael Quinn
Director of Food Services

Terrence Harris
Director of Plant Operations

Diana Grady
Director of Life Enrichment

Raquel Jimenez
Guest Relations

Jennifer VanKirk
Environmental Service Director

Emily Nieboer
AP/Payroll Coordinator

Marci Griesinger
MDS Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogybs.com*

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'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and
join your friends for a party.

Play a themed version of bingo

or have your grandkids search

for gold with a scavenger hunt.

If you have a special way you

would like to celebrate the

holiday, let us know, and we'll

do our best to make it happen.

When you chose to live with us,

you chose a lifestyle of fun and

fulfillment - and we couldn't

be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
E	Z	X	Z	H	O	E	R	A	V	Q	Z	F	Y	A	W	C	D	W
S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
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U	M	T	J	E	J	G	C	D	K	N	A	H	A	A	U	R	G	N
G	X	N	W	I	R	E	L	A	N	D	L	C	Q	S	W	L	H	J
N	L	J	W	Y	A	R	T	I	S	A	N	S	E	S	Z	U	U	N
A	G	E	I	N	S	P	I	R	A	T	I	O	N	S	E	C	Z	K
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Y	W	W	R	R	J	F	V	A	U	K	A	C	M	I	Y	G	D	Q
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I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES