



WELLBROOKE
OF CARMEL

A Trilogy Senior Living Community

News

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Charlotte B.	3/03
John M.	3/04
Louis B.	3/11
Marian S.	3/12
Nancy Y.	3/15
Darlene W.	3/16
Vicky M.	3/16
Hiroko L.	3/25

Staff

Stacie F.	3/06
Kellie M.	3/17
Victoria C.	3/21



Executive Director Corner

Greetings from Wellbrooke of Carmel! March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Wellbrooke of Carmel, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Bryce Farnan

Executive Director

Sunday Brunch

Sunday Brunch will be held on March 17. Each Resident gets 2 free guests and each additional is \$10.00. Be sure to make your reservations with Aimee at the front desk.

Did You Know...?

You can email pictures and messages directly to your loved ones television through LifeShare. Ask a member of Life Enrichment how to sign up as a family manager.

That you can read the monthly newsletter on-line in addition to the printed copy. Please follow the campus link: www.wellbrookeofcarmel.com

Wellbrooke of Carmel has a Facebook and Twitter account. Please follow or like us on your favorite social media network.

Twitter: @Carmel_WB

Facebook: Wellbrooke of Carmel

Volunteer News



Volunteer Mauro G. and Nancy Y. work together to make a giant snowflake.



Volunteer Landon helps Mary M. with her artisan project.

ARTISANS

Our Artisan program is a favorite of the residents at Wellbrooke of Carmel.



Marian S. loves the giant snowflake she has created.



Grace H. creates a flower in artisans.



Nancy C. makes a flower in artisans.

Resident Spotlight

Dorothy and Wilbur R. celebrate their 69th wedding anniversary.



Smiles of the Month

Anna T. and new LEA Jenna T. share a birthday...they are 80 years apart, 104 and 24! Happy Birthday to both of you!



Legacy Lane Spotlight



The residents love when Debi F. comes to play the harp.



Lisa K. helps Marilyn G. and Arlene M. during our daily artisans' activity.

A Note from Jenni



As we thaw out from the record breaking cold, it's refreshing to know, warmer weather is

on its way. With spring inspired activities, green stuff and leprechauns, March will be a month full of excitement.

We will be holding our first, Trifecta Family Night. Life Enrichment, Dietary, and Marketing are teaming up for "Taste of Trilogy". So be on the lookout for more information.

CSS surveys will be mailed out this month as well. Please fill yours out and return it by the date due. Remember, if you were grading us 10=A, 9=B, 8=C and so on. We know we aren't perfect, but we try our best and that's an "A".

As always, thank you for the opportunity to bring joy to your loved ones here at Wellbrooke of Carmel as your Life Enrichment Director.

Jenni Carrillo



WELLBROOKE OF CARMEL

A Trilogy Senior Living Community

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Life Enrichment Director

Jess London
Director of Social Services

Jeannette Rider
Therapy Program Director

John Moore
Senior Director of Plant Operations

Sean Gallagher
Director of Food Services

Karen Caldwell
Environmental Services Supervisor

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'St. Paddy's Day'

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These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless.

Dress up as a leprechaun and join your friends for a party.

Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt.

If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen.

When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
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S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
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I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES