Wellbroo	ke of (Carmel
Assisted	Living	

Wellbrooke of Carmo	el		Ma		2016	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC - Community Connections CC - Creative Cooking CF - Gathering of Friends CF - Gathering of Friends CF - Group Games CF - Inspirations CF - Keeping it Sharp/Reminisce	FS- Fireside - Lobby 3- Bistro 6- 2nd floor gym 1- Theater C- 2nd floor classroom PDR- Private dining room BR- 2nd floor game room	***Outings and other activities may be cancelled or rescheduled due to weather conditions, unexpected events, lack of interest or lack of volunteers.	Resident Birthdays: 3/4 John M. 3/12 Marian S.	Staff Birthdays: 3/6 Stacie F. 3/17 Kelli M. 3/21 Victoria C.	1 V 9:45 Morning Stretch- L GF 10:00 Toss and Talk FS M 11:00 Harpstrings with Debi CC 11:15 Carmel Mobile Library - L 1:00 Brain Fit -T V 1:30 Chair Dancing Celebration- G M 3:30 Live Entertainment with	M 10:00 Music in Motion- C I 11:00 Meditation and Relaxation- T GF 1:45 Movie Matinee- T K 4:00 Finishing Lines-AL NS
M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L GG 1:30 March Trivia-L A 2:00 Colors of the Season- C GG	1:30 March Artisans-C	1:30 European Adventures- T	9:45 Morning Stretch FS 10:00 Circle Talk- FS 11:30 AL Resident Council- C 1:30 Shopping at Hobby Lobby 3:45 Road Trip-B	7 CC 9:30 March Bingo- B 11:15 Trilogy Fit- C 5 1:15 Inspired Living-C 2:00 Communion and Rosary - T 1 3:00 Flower Club- B	9:45 Morning Stretch- L 10:00 Toss and Talk FS 11:00 Paws & Think Therapy Dogs: Campus Visits CC 11:15 Carmel Mobile Library - L 1:00 Brain Fit -T V 1:30 Chair Dance Celebration- G	9 M 10:00 Music in Motion- C I 11:00 Meditation and Relaxation- T GF 1:45 Movie Matinee- T K 4:00 Finishing Lines-AL NS
10 Daylight Savings Begins M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L K 1:30 Daylight Savings Fun Facts adn Trivia-L A 2:00 Colors of the Season- C	10:00 Eldersong Sing a long- L 1:30 March Artisans-C 3:00 Bingo - B	1:30 European Adventures- T	9:45 Morning Stretch FS 10:00 Circle Talk- FS 10:30 Creative Cooking-AL DR 3:45 Road Trip-B	CC 9:30 March Bingo- B 11:15 Trilogy Fit- C 2:00 Communion and Rosary - T 3:00 Flower Club- B	V 9:45 Morning Stretch- L GF 10:00 Toss and Talk FS CC 11:15 Carmel Mobile Library - L 1:00 Brain Fit -T V 1:30 Chair Dance Celebration- G M 3:30 Live Entertainment with Dave Laskey-B	M 10:00 Music in Motion- C I 11:00 Meditation and Relaxation- T I:45 Movie Matinee- T K 4:00 Finishing Lines-AL NS
M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L S 11:00 Sunday Brunch- DR GG 1:30 St. Patricks day Trivia-L A 2:00 Colors of the Season- C	10:00 Eldersong Sing a long- L 10:45 Scenic Drive 1:30 March Artisans-C	S 2:30 Chefs Corner- B	9:45 Morning Stretch FS GG 10:00 Circle Talk- FS 10:30 Ladies Lunch Bunch 1:30 Collaborative Art- C GG 3:45 Road Trip-B 5 5:30 Taste of Trilogy Family Night-B	21 CC 9:30 March Bingo- B 11:15 Trilogy Fit- C 2:00 Communion and Rosary - T 1 3:00 Flower Club- B	GF 10:00 Toss and Talk FS GG 11:00 Paw & Think Therapy Dogs - Room Visits	M 10:00 Music in Motion- C 11:00 Meditation and Relaxation- T 1:45 Movie Matinee- T Finishing Lines-AL NS
M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L K 1:30 Spring Trivia-L A 2:00 Colors of the Season- C GG	10:45 Scenic Drive 1:30 March Artisans-C 3:00 Bingo - B	S 2:30 Chefs Corner- B	9:45 Morning Stretch FS GG 10:00 Circle Talk- FS 10:45 ROMEO Lunch Outing A 1:30 Collaborative Art- C GG 3:45 Road Trip-B	CC 9:30 March Bingo- B 11:15 Trilogy Fit- C 2:00 Communion and Rosary - T 3:00 Flower Club- B	GF 10:00 Toss and Talk FS CC 11:15 Carmel Mobile Library - L	M 10:00 Music in Motion- C I 11:00 Meditation and Relaxation- T I:45 Movie Matinee- T K 4:00 Finishing Lines-AL NS
M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L K 1:30 Spring Trivia-L A 2:00 Colors of the Season- C						

Wellbrooke of	Carmel
Health Center	

Wellbrooke of Carmel Health Center Ollarch ZQL						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans D - Clinical Distinction C - Community Connections C - Creative Cooking G - Gathering of Friends G - Gathering of Friends G - Group Games I - Inspirations K - Keeping it Sharp/Reminisce Lifelong Learning	FS- Fireside L- Lobby B- Bistro G- 2nd floor Gym T- Theater C- 2nd floor classroom PDR- Private dining room GR- 2nd floor game room	***Outing and other activities may be cancelled or rescheduled due to weather conditions, unexpected events, lack of interest or lack of volunteers.	Resident Birthdays: 3/3 Charlotte B. 3/11 Louis B. 3/15 Nancy Y. 3/16 Darlene W. 3/16 Lynn M.	Staff Birthdays: 3/6 Stacie F. 3/17 Kelli M. 3/21 Victoria C.	1 MM 9:00 Daily Chronicle Room Visit 9:45 Morning Stretch- L 10:00 Toss and Talk FS M 11:00 Harpstrings with Debi CC 11:15 Carmel Mobile Library - L 1:30 Chair Dancing Celebration- G M 3:30 Live Entertainment with	9:00 Activities on Wheels 9:00 Daily Chronicle Room Visit 10:00 Music in Motion- C 11:00 Meditation and Relaxation- T MV 1:45 Movie Matinee- T 2:30 Seasonal Sensory Break - NS
Seasonal Sensory GG 1:30 March Trivia-L	9:00 Daily Chronicle Room Visit 9:45 Morning Stretch- FS 10:00 Eldersong Sing a long- L 10:45 Scenic Drive 11:00 Activies on Wheels 1:30 March Artisans-C 3:00 Bingo - B	1:30 European Adventures- T 2:30 Sensory-N.S. 2:30 Chefs Corner- B 3:00 This or That-B	9:45 Morning Stretch FS 10:00 Circle Talk- FS 10:45 HC Resident Council- 1st floor CR 11:00 Daily Chronicles and Activities on Wheels 1:30 Shopping at Hobby Lobby GG 3:45 Road Trip-B		Paws & Think Therapy Dogs: Campus Visits	9:00 Daily Chronicle Room Visit 9:00 Activities on Wheels 10:00 Music in Motion- C 11:00 Meditation and Relaxation- T MM Movie Matinee- T 2:30 Activities on Wheels 2:30 Seasonal Sensory Break -
10 Daylight Savings Begins M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L MM 11:15 Daily Cronicle and Seasonal Sensory K 1:30 Daylight Savings Fun Facts adn Trivia-L A 2:00 Colors of the Season- C	9:00 Daily Chronicle Room Visit 9:45 Morning Stretch- FS 10:00 Eldersong Sing a long- L 11:00 Activies on Wheels 1:30 March Artisans-C 3:00 Bingo - B	1:30 European Adventures- T 2:30 Sensory-N.S. 2:30 Chefs Corner- B	9:45 Morning Stretch FS GG 10:00 Circle Talk- FS CC 10:30 Creative Cooking-AL DR Daily Chronicles and Activities on Wheels 3:45 Road Trip-B 5:45 Balloon Volleyball- FS	9:00 Daily Chronicle Room Visit 9:30 March Bingo- B 11:15 March Sensory- NS 1 2:00 Communion and Rosary - T 3:00 Flower Club- B	11:15 Carmel Mobile Library - L 1:30 Chair Dance Celebration-	9:00 Daily Chronicle Room Visit 9:00 Activities on Wheels 10:00 Music in Motion- C 11:00 Meditation and Relaxation- T MM 1:45 Movie Matinee- T 2:30 Seasonal Sensory Break - NS
MM 11:15 Daily Cronicle and Seasonal Sensory	9:00 Daily Chronicle Room Visit 9:45 Morning Stretch- FS 10:00 Eldersong Sing a long- L 10:45 Scenic Drive 11:00 Activies on Wheels A 1:30 March Artisans-C GG 3:00 Bingo - B	1:30 European Adventures- T 2:30 Sensory-N.S. 2:30 Chefs Corner- B 3:00 This or That-B	 Spring Begins 9:45 Morning Stretch FS 10:00 Circle Talk- FS 10:30 Ladies Lunch Bunch 11:00 Daily Chronicles and Activities on Wheels 1:30 Collaborative Art- C 3:45 Road Trip-B 5:30 Taste of Trilogy Family 	9:00 Daily Chronicle Room Visit 9:30 March Bingo- B 11:15 March Sensory- NS 1 2:00 Communion and Rosary - T 1 3:00 Flower Club- B	GG 11:00 Paw & Think Therapy Dogs - Room Visits	9:00 Daily Chronicle Room Visit 9:00 Activities on Wheels 10:00 Music in Motion- C 11:00 Meditation and Relaxation- T 1:45 Movie Matinee- T 2:30 Seasonal Sensory Break - NS
M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L I 11:15 Daily Cronicle and Seasonal Sensory K 1:30 Spring Trivia-L A 2:00 Colors of the Season- C	9:00 Daily Chronicle Room Visit 9:45 Morning Stretch- FS 10:00 Eldersong Sing a long- L 10:45 Scenic Drive 11:00 Activies on Wheels 1:30 March Artisans-C 3:00 Bingo - B	9:00 Daily Chronicle Room Visit 9:45 Bells Alive-B 1:30 European Adventures- T 2:30 Sensory-N.S. 2:30 Chefs Corner- B 3:00 This or That-B	9:00 Daily Chronicles and Activities on Wheels 9:45 Morning Stretch FS 10:00 Circle Talk- FS 10:45 ROMEO Lunch Outing A 1:30 Collaborative Art- C GG 3:45 Road Trip-B V 5:45 Balloon Volleyball- FS	9:00 Daily Chronicle Room Visit 9:30 March Bingo- B 11:15 March Sensory- NS 1 2:00 Communion and Rosary - T 1 3:00 Flower Club- B	CC 11:15 Carmel Mobile Library - L 1:30 Chair Dance Celebration-	9:00 Daily Chronicle Room Visit 9:00 Activities on Wheels 10:00 Music in Motion- C 11:00 Meditation and Relaxation- T 1:45 Movie Matinee- T 2:30 Seasonal Sensory Break - NS
M 10:00 Sunday Hymns- FS 1 10:15 Bible Study & Devotionals - L MM 11:15 Daily Cronicle and Seasonal Sensory Spring Trivia-L A 2:00 Colors of the Season- C						

Wellbro	oke of	Carmel
Legacy	Lane	

Wellbrooke of Carmel Legacy Lane Wellbrooke of Carmel August 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	If you are interested in helping out with an activity or volunteering please contact a member of life enrichment.	Consider joining your loved one during meal times for family style dining.	Make your loved ones memory box extra special and bring in personal photos or items they cherished.		9:00 Noodle Hockey 9:30 Card Suit Showdown 10:45 Oatmeal Bread 12:45 Relax & Recharge A 2:00 Clay Exploration 3:30 Mardi Gras Happy Hour 4:00 Animal Bingo 4:30 Healthy Hands	2 V 9:00 Snowball Fight K 9:30 Superlatives! CC 10:45 Bean Dip 12:45 Relax & Recharge A 2:00 Tissue Art M 3:30 Saturday Night Fever GC 4:00 Price is Right 4:30 Healthy Hands
9:00 Breathing In Life 9:30 Spell It! 10:45 Peanut Butter Cookies 12:45 Relax & Recharge 2:00 Spring Coloring 3:30 Songs of Faith GG 4:00 Clover All Over 4:30 Healthy Hands	 9:00 Whole Body Fitness 9:30 Story Words 10:45 Apple Pie Dessert 12:45 Relax & Recharge 2:00 Mardi Gras Beads 3:30 Marching Monday 4:00 All About "Birds" 4:30 Healthy Hands 	 Mardi Gras 9:00 Pancake Day Race 9:30 Categories 10:45 Banana Wheat Bread 12:45 Relax & Recharge A 2:00 Abstract Tape Paint M 3:30 On the Road Again GG 4:00 Basketball 4:30 Healthy Hands 	9:00 Wednesday Wellness Walk 9:30 Unpack a Winter Bag 10:45 Butterscotch Apple Crisp 12:45 Relax & Recharge 2:00 Vegetable Flowers 3:30 Goin' to the Chapel GG 4:00 Color Wheel	7 V 9:00 Ping Pong K 9:30 Double the Fun 10:45 Chicken Bean Soup 12:45 Relax & Recharge A 2:00 Fly Swatter Painting M 3:30 A Bicycle Built for Two GG 4:00 Fly Swatter Volleyball 4:30 Healthy Hands	9:00 Noodle Hockey 9:30 Card Suit Showdown 10:45 Chocolate Chip Bars 12:45 Relax & Recharge 2:00 Rainy Day Painting 3:30 Beatlemania! Happy Hour 4:00 Animal Bingo 4:30 Healthy Hands	9:00 Snowball Fight 9:30 Superlatives! 10:45 Pepperoni Dip 12:45 Relax & Recharge A 2:00 Alphabet Collage 3:30 Saturday Night Fever 4:00 Price is Right 4:30 Healthy Hands
10 Daylight Savings Begins V 9:00 Breathing In Life 9:30 Spell It! 10:45 Oatmeal Kiss Cookies 12:45 Relax & Recharge A 2:00 Oil Pastel Collage M 3:30 Songs of Faith GG 4:00 Clover All Over 4:30 Healthy Hands	9:00 Whole Body Fitness 9:30 Story Words 10:45 Sunrise Coffee Cake 12:45 Relax & Recharge A 2:00 Thematic Door Wreath 3:30 Marching Monday 4:00 All About "Birds" 4:30 Healthy Hands	9:00 80s Flashback 9:30 Categories 10:45 Lemon Bread 12:45 Relax & Recharge 2:00 Watercolor Weaving 3:30 On the Road Again 4:00 Basketball 4:30 Healthy Hands	 9:00 Wednesday Wellness Walk 9:30 Unpack a Winter Bag 10:45 Blueberry Muffins 12:45 Relax & Recharge 2:00 Watercolor Weaving 3:30 Goin' to the Chapel 4:00 Color Wheel 	V 9:00 Ping Pong K 9:30 Double the Fun C 10:45 Slow Cooked Chili 12:45 Relax & Recharge A 2:00 Rockin' Dominoes M 3:30 Sugar Pie, Honey Bunch GG 4:00 Fly Swatter Volleyball 4:30 Healthy Hands	9:00 Noodle Hockey 9:30 Card Suit Showdown 10:45 Golden Wheat Bread 12:45 Relax & Recharge 2:00 Flying Spring Birds 3:30 Sham-Rockin' Happy Hour 4:00 Animal Bingo 4:30 Healthy Hands	9:00 Snowball Fight 9:30 Superlatives! 10:45 Reuben Spread 12:45 Relax & Recharge A 2:00 Celtic Eternity Knot Charm 3:30 Saturday Night Fever 4:00 Price is Right 4:30 Healthy Hands
9:00 Breathing In Life 9:30 The Gold Game 10:45 Irish Brown Bread 12:45 Relax & Recharge 2:00 Ribbon Shamrock Pin 3:30 Name that Irish Tune 4:00 Clover All Over 4:30 Healthy Hands	9:00 Whole Body Fitness 9:30 Story Words 10:45 Peanut Butter Brownies 12:45 Relax & Recharge 2:00 Crafty St. Paddy's Day Puzzle 3:30 Marching Monday 4:00 All About "Birds"	 9:00 80s Flashback 9:30 Categories 10:45 Cherry Pear Buckle 12:45 Relax & Recharge 2:00 Scalloped Coffee Filter Bowl 3:30 On the Road Again 4:00 Basketball 	 Spring Begins 9:00 Wednesday Wellness Walk 9:30 Unpack a Winter Bag 10:45 Chocolate Chip Muffins 12:45 Relax & Recharge 2:00 Purim Paper Jewelry 3:30 Goin' to the Chapel 4:00 Color Wheel 	 9:00 Ping Pong 9:30 Double the Fun 10:45 Choc. Chip Oatmeal Bars 12:45 Relax & Recharge 2:00 Soft and Bright Edelweiss Ornament 3:30 A Bicycle Built for Two 4:00 Fly Swatter Volleyball 	9:00 Noodle Hockey 9:30 Card Suit Showdown 10:45 Frosted Peanut Cookies 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Beatlemania! Happy Hour 4:00 Animal Bingo 4:30 Healthy Hands	 9:00 Snowball Fight 9:30 Superlatives! 10:45 Peanut Butter Dip 12:45 Relax & Recharge 2:00 Foil Relief Art 3:30 Saturday Night Fever 4:00 Price is Right 4:30 Healthy Hands
9:00 Breathing In Life 9:30 Spell It! 10:45 Cinnamon Oatmeal Cookies 12:45 Relax & Recharge 2:00 Foil Relief Art 3:30 Songs of Faith 4:00 Clover All Over	9:00 Whole Body Fitness 9:30 Story Words 10:45 Doughnut Muffins 12:45 Relax & Recharge 2:00 Essential Oils Diffuser Necklace M 3:30 Marching Monday GG 4:00 All About "Birds"	9:00 80s Flashback 9:30 Categories 10:45 Peanut Butter Cup Cupcakes 12:45 Relax & Recharge A 2:00 Abstract Expressionism M 3:30 On the Road Again GG 4:00 Basketball	9:00 Wednesday Wellness Walk 9:30 Unpack a Winter Bag 10:45 Apple Pudding Cake 12:45 Relax & Recharge A 2:00 Ink Blot Art M 3:30 Goin' to the Chapel GG 4:00 Color Wheel	 9:00 Ping Pong 9:30 Double the Fun 10:45 Ham and Bean Soup 12:45 Relax & Recharge 2:00 Painting with Scissors 3:30 A Bicycle Built for Two 4:00 Fly Swatter Volleyball 4:30 Healthy Hands 	9:00 Noodle Hockey 9:30 Card Suit Showdown 10:45 Amish Sugar Cookies 12:45 Relax & Recharge A 2:00 Sensory Spice Painting 3:30 Beatlemania! Happy Hour 4:00 Animal Bingo 4:30 Healthy Hands	9:00 Snowball Fight 9:30 Superlatives! 10:45 Cherry Cheesecake Dip 12:45 Relax & Recharge 2:00 Salt and Watercolor Spring Scenes M 3:30 Saturday Night Fever GG 4:00 Price is Right
9:00 Breathing In Life 9:30 Spell It! CC 10:45 Hot Cross Buns 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Songs of Faith GG 4:00 Clover All Over 4:30 Healthy Hands						