



## Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

### **Get Inspired with Inspirations!**

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### **Celebrate with a Happy Hour!**

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### **Get crafting!**

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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# Happy Birthday!

## Residents

Lila J.	3/01
Norma B.	3/11
Jeanne M.	3/26
Arthur B.	3/27
George G.	3/28
Jean H.	3/28

## Staff

Rachelle M.	3/04
Jerrica S.	3/05
Jessica M.	3/05
Crystal B.	3/06
Latoya M.	3/06
Roxanna C.	3/10
Shawntale J.	3/18
Jennifer M.	3/20
Tarrmekka R.	3/22
Candace B.	3/26

## Out and About

We have multiple outings scheduled for this month (all outing dates are subject to change). If you are interested in going on one of our outings please sign up with a member of our Life Enrichment Team.

## Happy Hour

Happy Hour is every Friday at 3:00pm in the Bistro. Please join us for some music and enjoy refreshments prepared by our Dining Services Team.

## Entertainers for This Month

Joe Clymer	3/01
RJ Sutton	3/15
Don White	3/29



## Executive Director Corner

Greetings from Wellbrooke of Avon! March promises

to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Wellbrooke of Avon, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

*Joe Vo*

Executive Director

## PHOTO HIGHLIGHTS





# MORE... PHOTO HIGHLIGHTS



## Volunteer News

Do you have a passion to help others, or do you just enjoy socializing? If so, then we would love for you to join our team of volunteers. We have a wide variety of activities available that could use your special talents. If you are interested in spending time with our residents please contact our Life Enrichment Director, Brittany Humphress, at (317) 273-2144 or [brittany.humphress@wellbrookeofavon.com](mailto:brittany.humphress@wellbrookeofavon.com).

## Sunday Brunch

Our Sunday Brunch will be held on the third Sunday, March 17th, from 11am to 1 pm. Please come and enjoy food prepared by our Dining Services Team. Your first two guests and children under the age of 5 are free, age 5-12 is \$5.00, and over the age of 12 is \$10.00. Please, sign up at the Guest Relations Desk by March 14th.

## Live a Dream

We are looking to make wishes come true! Does your loved one have something that they have always wanted to do? Our Live a Dream program is designed to grant wishes of our residents. If you know someone interested please call or email our Life Enrichment Director, Brittany Humphress, at [brittany.humphress@wellbrookeofavon.com](mailto:brittany.humphress@wellbrookeofavon.com)

## Senior Exec. Club

The Senior Executive Club will be meeting on Wednesday, March 13th at 10am. We will have a member of our dietary team speaking on National Dietary Month. Come and enjoy a light meal prepared by our dining services team. Please RSVP to (317) 273-2144.





# WELLBROOKE OF AVON

*A Trilogy Senior Living Community*

**10307 E. County Rd. 100 North  
Indianapolis, IN 46234**

**317-273-2144**

**wellbrookeofavon.com |  **

*Joe Vo*  
**Executive Director**

*Rachelle Morgan*  
**Director of Health Services**

*Monte Wood*  
**Assistant Director of Health Services**

*Ashley Pike*  
**Community Service Representative**

*Sonia Turner*  
**Business Office Manager**

*Brittany Humphress*  
**Life Enrichment Director**

*Dick Bilderback*  
**Director of Plant Operations**

*Chris Clair*  
**Director of Food Services**

*Tammy Meadows*  
**Environmental Services Director**

*Charnicka Williams*  
**Assisted Living Director  
Legacy Lane Coordinator**

*Jodi Bell*  
**Therapy Director**

*Gina Dodson*  
**Social Services Director**

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# 'St. Paddy's Day'

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These are just a few ways you can  
get ready for Saint Patrick's Day,  
but the options are limitless.

Dress up as a leprechaun and  
join your friends for a party.

Play a themed version of bingo  
or have your grandkids search  
for gold with a scavenger hunt.

If you have a special way you  
would like to celebrate the

holiday, let us know, and we'll  
do our best to make it happen.

When you chose to live with us,  
you chose a lifestyle of fun and  
fulfillment - and we couldn't  
be luckier to have you!



## Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
E	Z	X	Z	H	O	E	R	A	V	Q	Z	F	Y	A	W	C	D	W
S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
M	Z	P	N	T	F	R	S	T	Z	E	C	D	I	S	P	D	E	W
W	X	X	V	J	C	B	H	S	X	J	S	H	A	M	R	O	C	K
U	M	T	J	E	J	G	C	D	K	N	A	H	A	A	U	R	G	N
G	X	N	W	I	R	E	L	A	N	D	L	C	Q	S	W	L	H	J
N	L	J	W	Y	A	R	T	I	S	A	N	S	E	S	Z	U	U	N
A	G	E	I	N	S	P	I	R	A	T	I	O	N	S	E	C	Z	K
Y	H	A	P	P	Y	H	O	U	R	L	N	E	S	R	C	K	J	G
S	Y	C	Q	R	G	M	F	F	E	N	E	Q	D	M	P	Y	U	O
I	C	B	R	C	E	M	O	L	S	T	R	R	D	U	X	W	G	Z
B	Z	E	F	W	C	C	Z	A	N	P	W	O	W	S	F	D	O	K
M	K	X	M	A	R	C	H	E	X	P	U	E	D	A	J	G	L	T
Y	W	W	R	R	J	F	V	A	U	K	A	C	M	I	Y	G	D	Q
N	X	T	T	P	E	E	K	U	U	C	G	B	S	N	M	O	P	G
G	J	X	H	C	S	G	R	E	E	N	Y	K	U	T	W	S	I	X
I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

**ARTISANS**  
CLOVER  
CRAFTS  
GOLD

**GREEN**  
HAPPY HOUR  
INSPIRATIONS  
IRELAND

**IRISH**  
LEPRECHAUN  
LUCKY  
MARCH

**SAINT**  
SEVENTEEN  
SHAMROCK  
STORIES