



THE WILLOWS
AT HOWELL

A Trilogy Senior Living Community

Monthly

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Bonnie K.	3/12
Don M.	3/17
Hattie C.	3/20
Pat F.	3/20
Richard H.	3/22
Jean H.	3/24
Frank L.	3/25
Myrtle K.	3/27
Alene Z.	3/29

Happy Hour

The last Friday of the month is our Birthday Happy Hour, which is where we play games and enjoy some birthday treats. The residents made chocolate and vanilla cake pops for happy hour.



Executive Director Corner

Greetings from the Willows at Howell! March promises

to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at the Willows at Howell, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

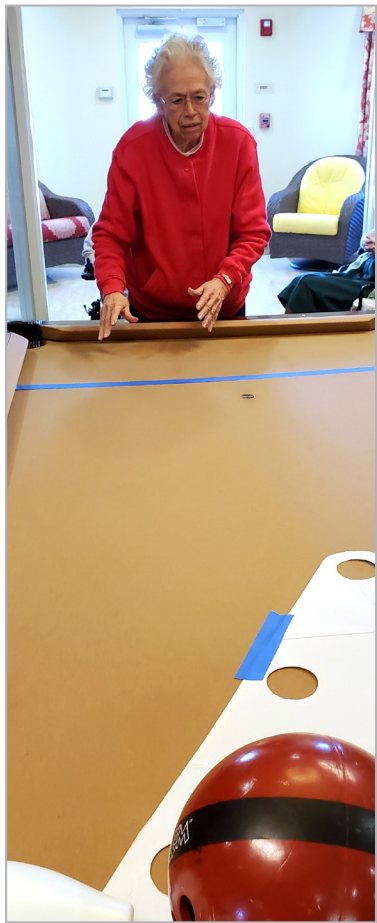
Yours in Service,

Jaime Scott
Executive Director

LIVING ARTS

The ladies brightened up such a snowy day with the flowers they picked out for their bouquets. The bouquets ranged in inspiration from tropical to keeping to two colors. It was so wonderful to see each resident's personalities come out in their work!





VITALITY

We love to play table top bowling on top of the pool table in Cantaloupe Café! It is such a wonderful way to get some exercise and spend time with other residents from the Health Center and Assisted Living!



Taste of Town

For Taste of Town, we decorated the tables with Italian flags, red and white checkerboard tablecloths, trivia, and pictures from around Italy to celebrate getting food from the local Italian restaurant, Tomato Brothers.



Live a Dream

Ruth, the lady in white in the group photo, had a dream where she would go to Hawaii with her husband! We wanted to make her dream come true with a luau dinner and a performance by a ukulele player, and we even had a small piece of her husband at the dinner.



Did You Know...?

The Private Dining Room can be reserved for parties, family gatherings, and other special events. Please see Robb in Guest Relations to sign a room reservation contract and book a room.

Happy Hour is every Friday from 3:00 to 5:00 with music, food, beer, wine, and spirits. Come out and join us during this wonderful time!

Brunch is the second Sunday of the month. Residents are allowed to bring 2 guests for free and can make those reservations with Robb in Guest Relations.

March is Multiple Sclerosis Awareness Month, National Social Work Month, National Brain Injury Awareness Month, and National Women's History Month.



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Krystal Lamb, LLBSW
Director of Social Work

Dawn Roys
Director of Food Service

Diane Long
Director Environmental Services

Neil Palmer
Director of Plant Operations

Bruce Cassidy
Interim Medical Director

Melissa O'Brian
Rehab Program Director

Jackie Zolnier, LPN
Assisted Living Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'St. Paddy's Day'

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These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless.

Dress up as a leprechaun and join your friends for a party.

Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt.

If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen.

When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES